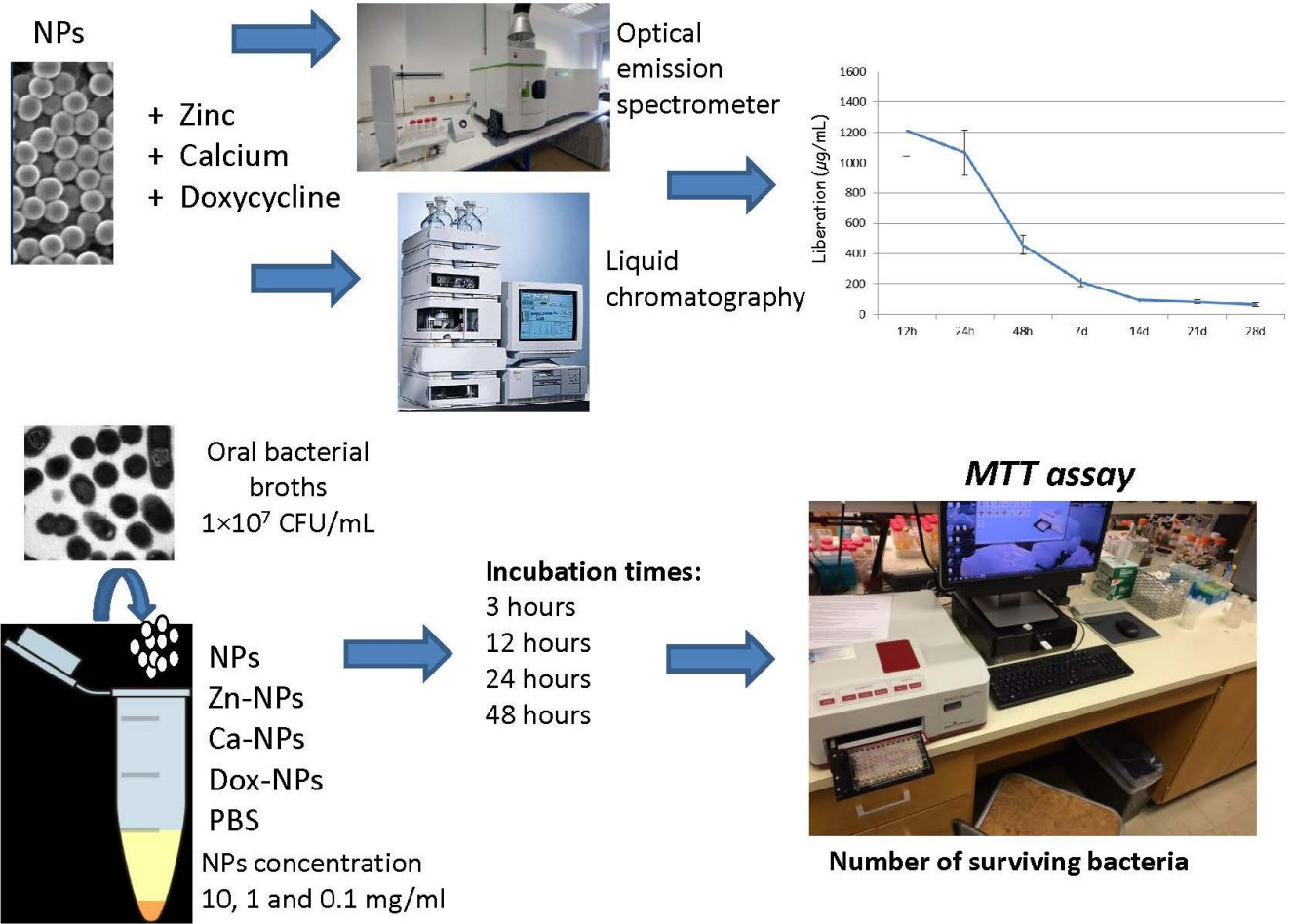


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GRAPHICAL ABSTRACT



TITLE

Modified polymeric nanoparticles exert *in vitro* antimicrobial activity against oral bacteria.

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ABSTRACT

Polymeric nanoparticles were modified to exert antimicrobial activity against oral bacteria. Nanoparticles were loaded with calcium, zinc and doxycycline. Ions and doxycycline release were measured by inductively coupled plasma optical emission spectrometer and high performance liquid chromatography. *Porphyromonas gingivalis*, *Lactobacillus lactis*, *Streptococcus mutans*, *gordonii* and *sobrinus* were grown and the number of bacteria was determined by optical density. Nanoparticles were suspended in PBS at 10, 1 and 0.1 mg/mL and incubated with 1.0 ml of each bacterial suspension for 3, 12, and 24 hours. The bacterial viability was assessed by determining their ability to cleave the tetrazolium salt to a formazan dye. Data were analyzed by ANOVA and Scheffe's F ($p < 0.05$). Doxycycline doping efficacy was 70%. A burst liberation effect was produced during the first 7 days. After 14 days, a sustained release above 6 $\mu\text{g/mL}$, was observed. Calcium and zinc liberation were about 1 and 0.02 $\mu\text{g/mL}$ respectively. The most effective antibacterial were the Dox-Nanoparticles (60 to 99% reduction) followed by Ca-Nanoparticles or Zn-Nanoparticles (30 to 70% reduction) and finally the non-doped nanoparticles (7 to 35% reduction). *P.gingivalis*, *S.mutans* and *L.lactis* were the most susceptible bacteria, being *S.gordonii* and *S.sobrinus* the most resistant.

Key words: Antibacterial, calcium, doxycycline, nanoparticles, zinc

INTRODUCTION

Bacteria are the main cause of prevalent oral diseases as caries and periodontitis. Oral administration of antibacterial agents presents an important limitation, as it is accessing the dentin interface, the radicular canal or the subgingival pockets where these bacteria grow. In these cases, benefits of local *versus* systemic delivery routes are clear [1]. This work explores the design of NPs that locally administered will exert therapeutic antibacterial properties against oral bacteria.

Resin-based restorative materials are commonly employed in clinical treatments to seal the interfaces and as a result, bonding to dentin is challenging [2]. Gaps at these bonded interfaces lead to microleakage, which also facilitate the invasion of cariogenic pathogens to cause secondary caries infections [2,3]. Therefore, in order to minimize the incidence of secondary caries, it would be desirable the existence of an antibacterial agent able to inhibit cariogenic pathogens at the dentin interface [4]. For this purpose, studying antibacterial effects against *Streptococcus mutans* (*Sm*), *Streptococcus gordonii* (*Sg*), *Streptococcus sobrinus* (*Ss*), and *Lactobacillus lactis* (*Ll*) have been recommended [3].

In endodontic treatment, elimination of bacteria in the root canal system, is a major challenge. Microorganisms remained after canal treatment will impair periapical healing and will facilitate developing apical lesions [5]. *Porphyromonas gingivalis* (*Pg*) is a major etiologic agent not only in the recurrent infections after endodontic treatment [6] but also in the development and progression of periapical lesions and periodontitis [7]. Biomaterials design leading to minimize the incidence of persistent or recurrent infections of the root canal system and apical periodontitis would also be desirable [8], specially because the biosafety of sodium hypochlorite during root canal treatment has been recently questioned [9].

Endogenous matrix metalloproteinases (MMPs) are interstitial collagenases present in radicular dentin, periodontal tissue and periapical bone [10-14]. MMPs have been related to chronic inflammation processes and abscesses at apical level [10,12]. Then MMPs

inhibition will improve the prognosis of endodontic treatments [11]. Moreover, if resin-based materials are used for dentin bonding and tooth restoring, collagen degradation by MMPs will occur at the dentin interface jeopardizing restorations longevity [15]. If dentin is infiltrated by MMP inhibitors, crystallite-sparse collagen fibrils of the scaffold could be protected from degradation facilitating further remineralization [2,16,17].

Novel polymeric nanoparticles (NPs), about 100 nm in diameter, have been synthesized and previously tested at the resin-dentin bonded interface [17,18]. NPs have been shown to inhibit dentin MMPs collagen degradation [19], and to facilitate mineral growth at the interface without impairing bond strength [18,19]. Sequences of anionic carboxylate (*i.e.* COO⁻) are along the backbone of the polymeric NPs. These functional groups permit the possibility of calcium and zinc quelation (1 µg Ca/mg NPs and 2.2 µg Zn/mg NPs) [20]. Cationic metals, loaded onto particles surfaces, if released, may provide for antimicrobial activity. Both metal cations have been demonstrated to have significant antibacterial effects [21,22]. Moreover, when NPs are larger than 10 nm, they do not penetrate bacteria membranes and are thought to exert further antimicrobial effects through accumulation on cell membranes [23]. At this stage, the bacterial membrane permeability may become compromised rendering the cell unable to regulate transport through it, and eventually causing cell death [24]. Doxycycline hyclate is also an antibacterial [25] and potent MMPs inhibitor [26] that is proposed to be immobilized on presented NPs.

Thus, the purpose of this *in-vitro* study was to design and synthesize NPs doped with calcium/zinc ions or with immobilized doxycycline able to exert antibacterial activity against *Sm*, *Sg*, *Ss*, *Ll* and *Pg*. The null hypotheses to be tested are that: 1) Calcium, zinc and doxycycline are not liberated from NPs, and 2) NPs, calcium, zinc and doxycycline doped NPs do not affect bacteria viability.

RESULTS

1. Loading efficacy and release of doxycycline hyclate from NPs: The amount of doxycycline in the aqueous solution before NPs immersion was 1,333 $\mu\text{g/mL}$ (per mg of NPs). In the supernatant, after NPs immersion, doxycycline concentration was 399.5 $\mu\text{g/mL}$ (per mg of NPs). Loading efficacy was around 70%. Mean and standard deviation of doxycycline liberation ($\mu\text{g/mL}$) per 10 mg of NPs at each time point are presented in Table 1. Doxycycline liberation was 106 $\mu\text{g/mL}$ (per mg of NPs) at 12 h. A burst effect with rapid doxycycline liberation was observed from 12 h until the first week of storage. After 7 days, the antibiotic release was above 20 $\mu\text{g/mL}$ (per mg of NPs). After 14 days, doxycycline liberation was stably sustained, being 9, 8 and 6 $\mu\text{g/mL}$ (per mg of NPs) at 14, 21 and 28 d, respectively. After 24h, a 57% of the immobilized doxycycline was liberated, and after 7 d and 28 d, 72% and 80% of loaded antibiotic was respectively released (Table 1).

TABLE 1: Mean and standard deviation (SD) of Ca^{2+} , Zn^{2+} and doxycycline liberation (μg) per 10 mg of NPs, at each time point.

Time	Ca^{2+}	Zn^{2+}	Doxycycline
12 h	1.006 (0.002)	0.025 (0.001)	1,211.29 (166.32)
24 h	1.007 (0.001)	0.025 (0.001)	1,065.98 (146.15)
48 h	0.909 (0.003)	0.023 (0.002)	458.08 (63.5)
7 d	0.856 (0.001)	0.021 (0.001)	210.81 (28.33)
21 d	2.082 (0.05)	0.024 (0.002)	81.85 (10.97)
28 d	2.031 (0.02)	0.044 (0.005)	63.23 (9.01)

2. *Calcium and zinc liberation from NPs:* Mean and standard deviation of Ca^{2+} and Zn^{2+} liberation (μg) per 10 mg of NPs at each time point are presented in Table 1. Calcium liberation ranged from 0.856 to 1.007 μg (per 10 mg of NPs) during the first week. This calcium release was doubled after 21 d, being around 2 μg (per 10 mg of NPs). Zn-NPs maintained a sustained zinc liberation that ranged from 0.021 to 0.025 μg (per 10 mg of NPs) between 12 h to 21d. A double fold increase was observed at day 28, when 0.044 μg were released per each 10 mg of NPs.

3. *MTT assay:* Mean and standard deviations of the different bacteria survival values expressed as number of viable cells after 3, 12 and 24 h of exposure to the distinct NPs and control PBS are shown in figures 1 to 5.

FIGURE 1: *P.gingivalis* survival (number of viable cells) after 3h, 12h and 24h of different concentration NPs exposure. Same letter or symbol indicates no significant difference of viable bacteria between different NPs concentrations ($p < 0.05$).

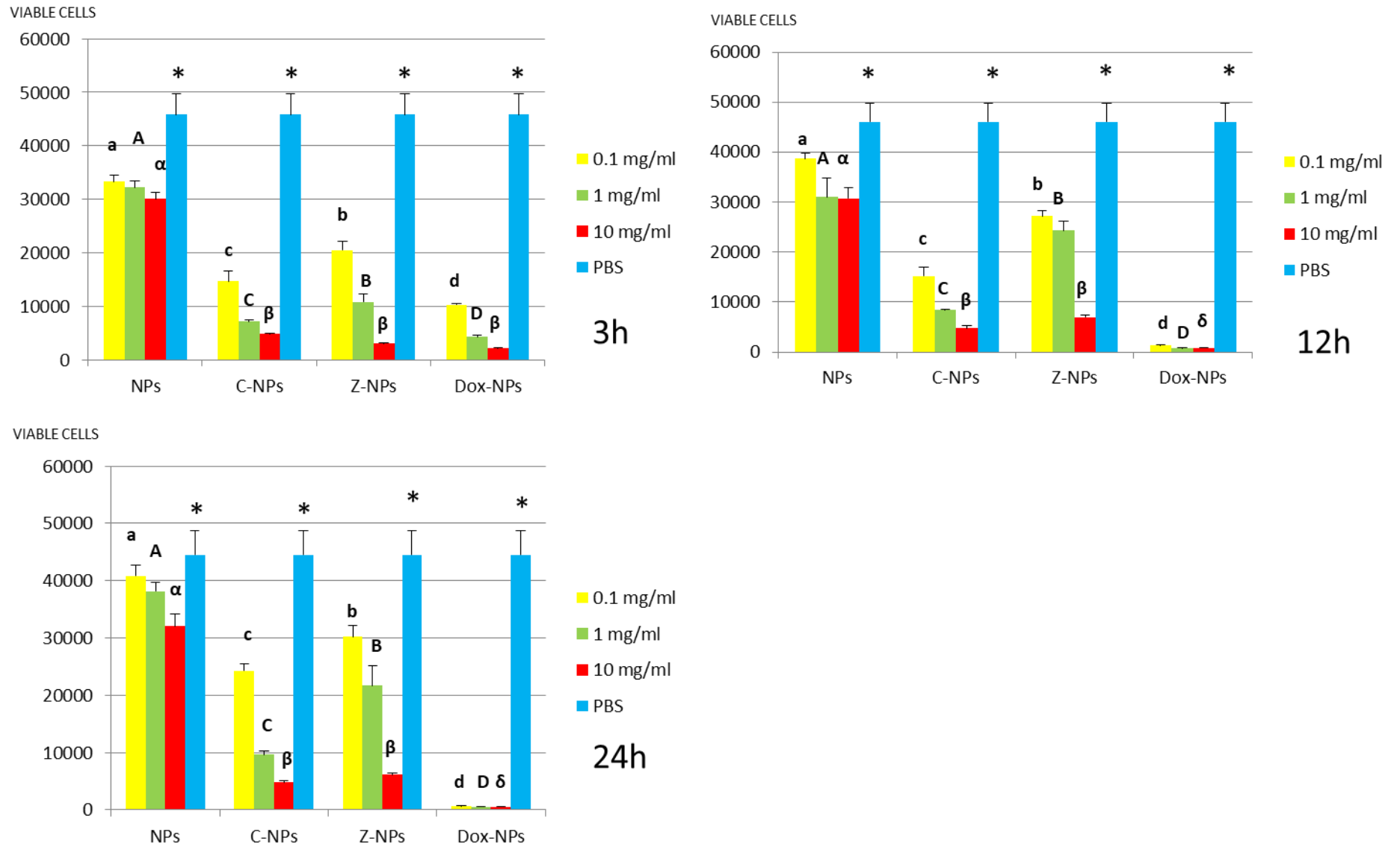


FIGURE 2: *S.mutans* survival (number of viable cells) after 3h, 12h, and 24h of different concentration NPs exposure. Same letter or symbol indicates no significant difference of viable bacteria between different NPs concentrations ($p < 0.05$).

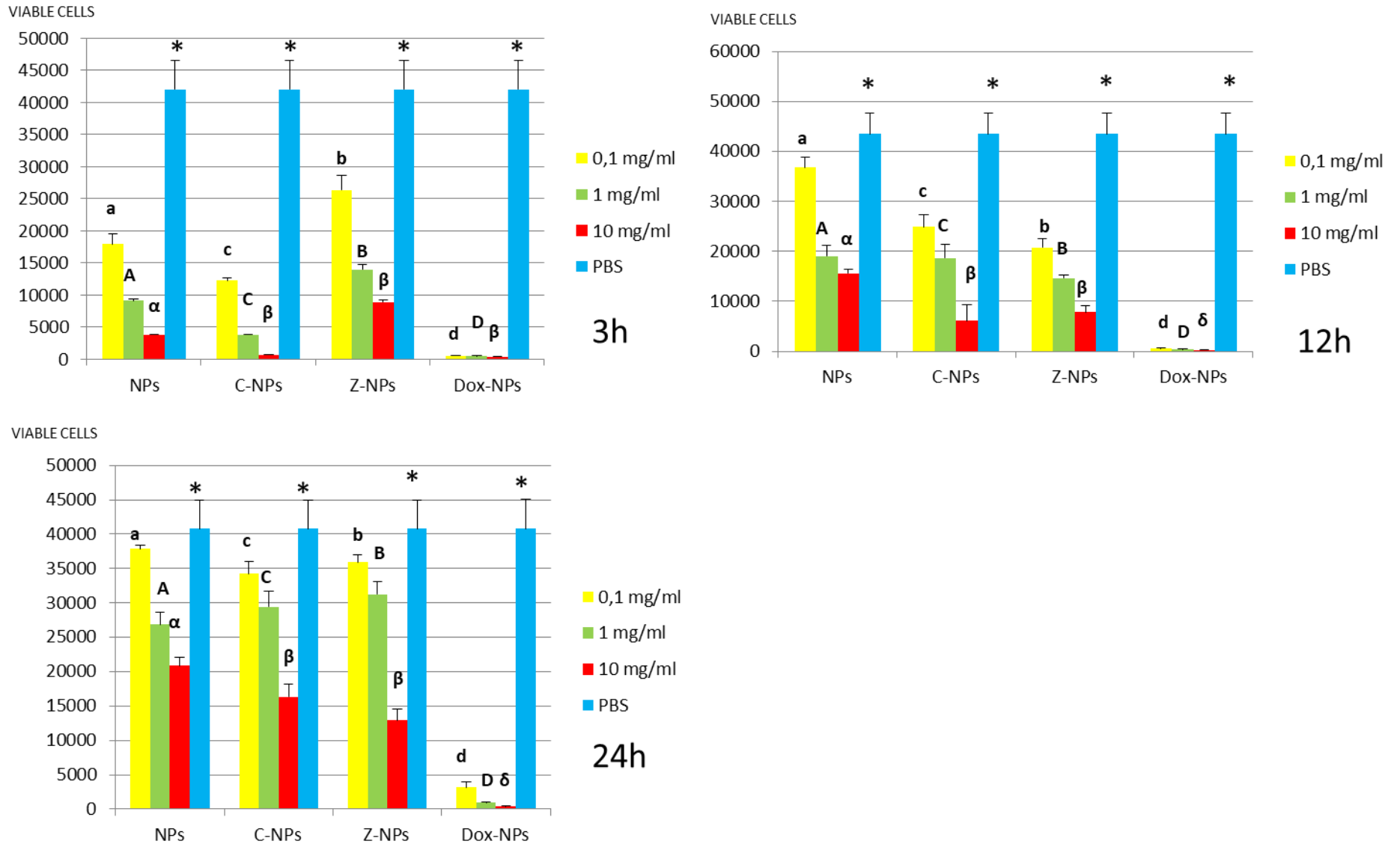


FIGURE 3: *L.lactis* survival (number of viable cells) after 3h, 12h, and 24h of different concentration NPs exposure. Same letter or symbol indicates no significant difference of viable bacteria between different NPs concentrations ($p < 0.05$).

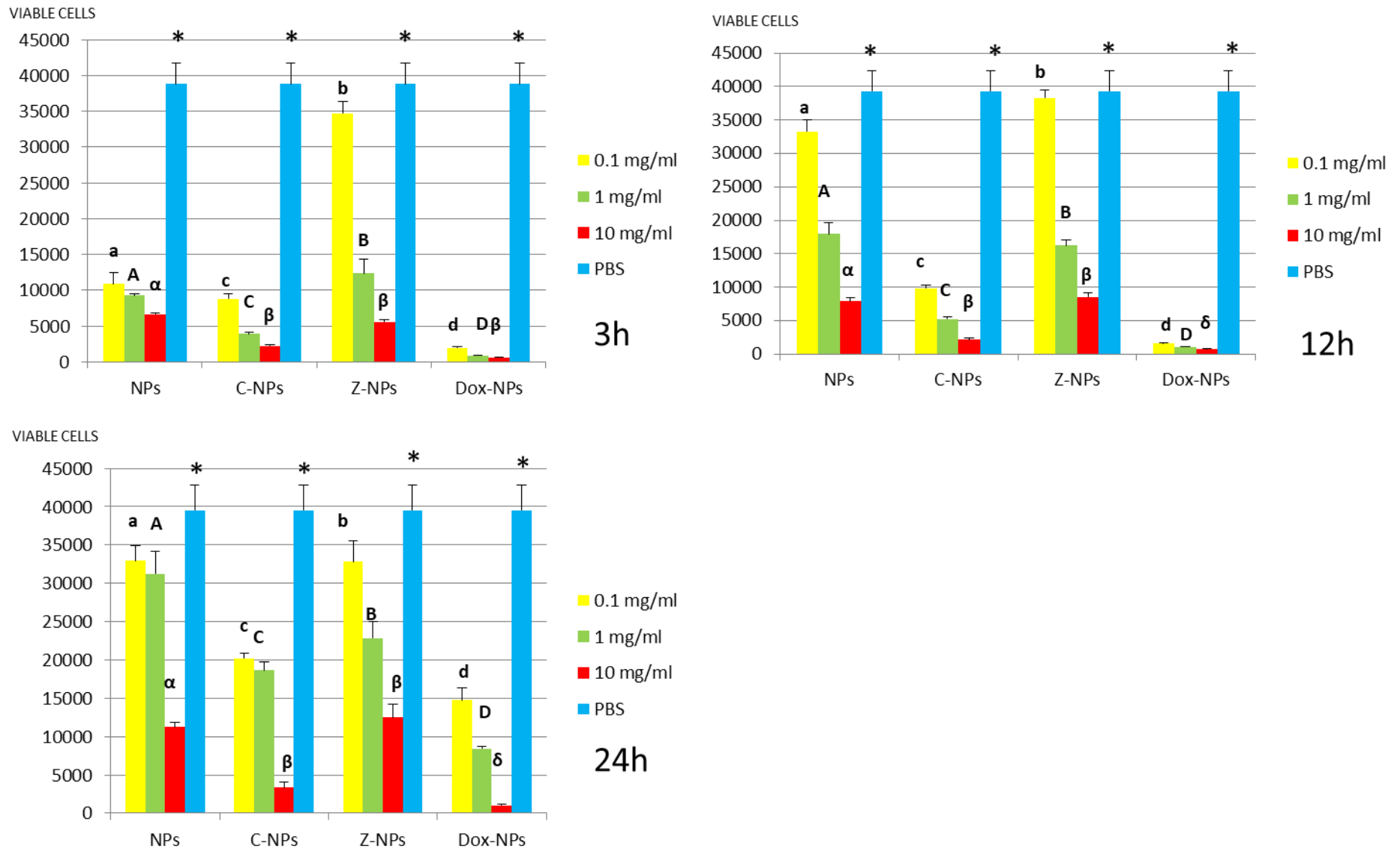


FIGURE 4: *S.gordonii* survival (number of viable cells) after 3h, 12h, and 24h of different concentration NPs exposure. Same letter or symbol indicates no significant difference of viable bacteria between different NPs concentrations ($p < 0.05$).

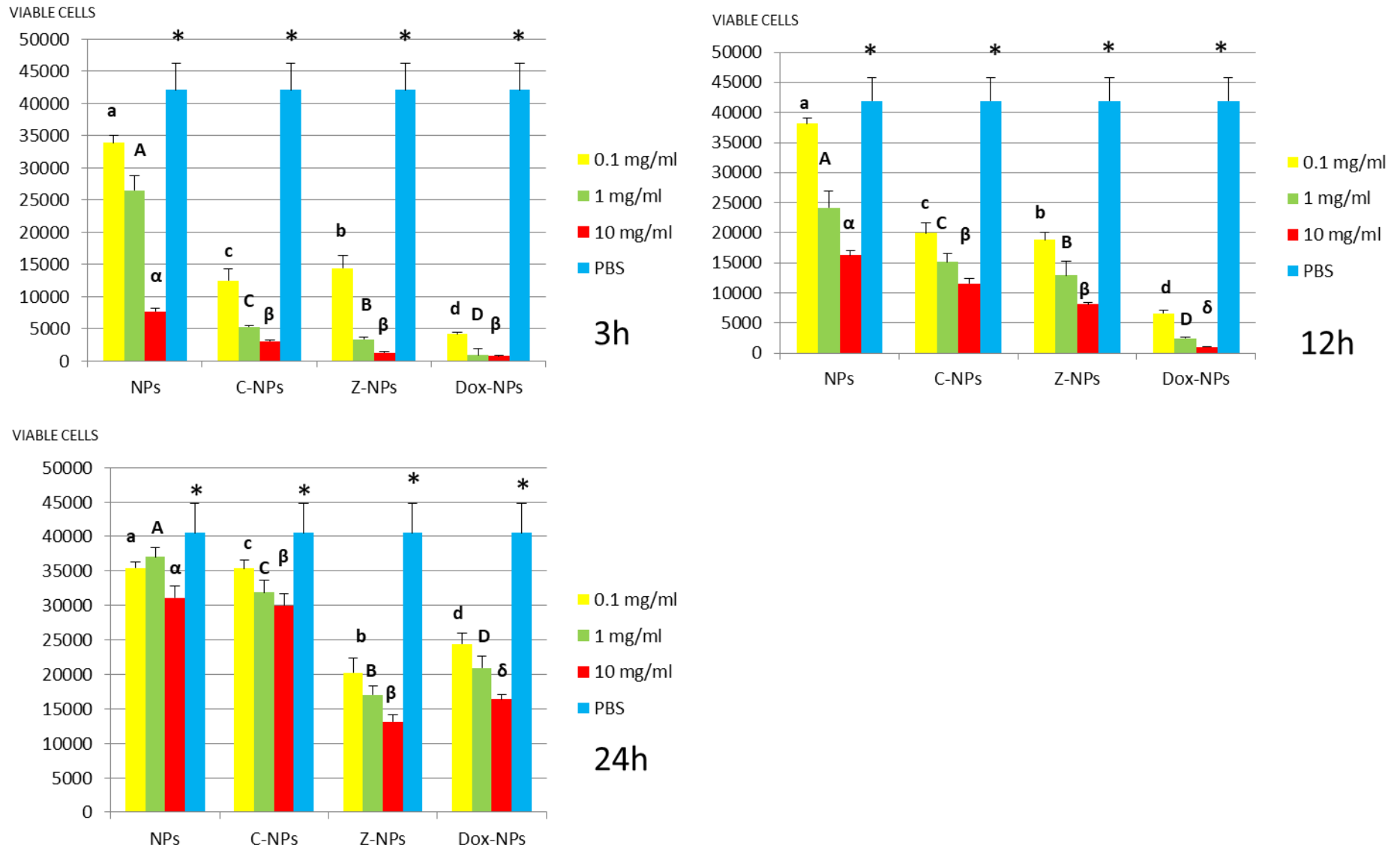
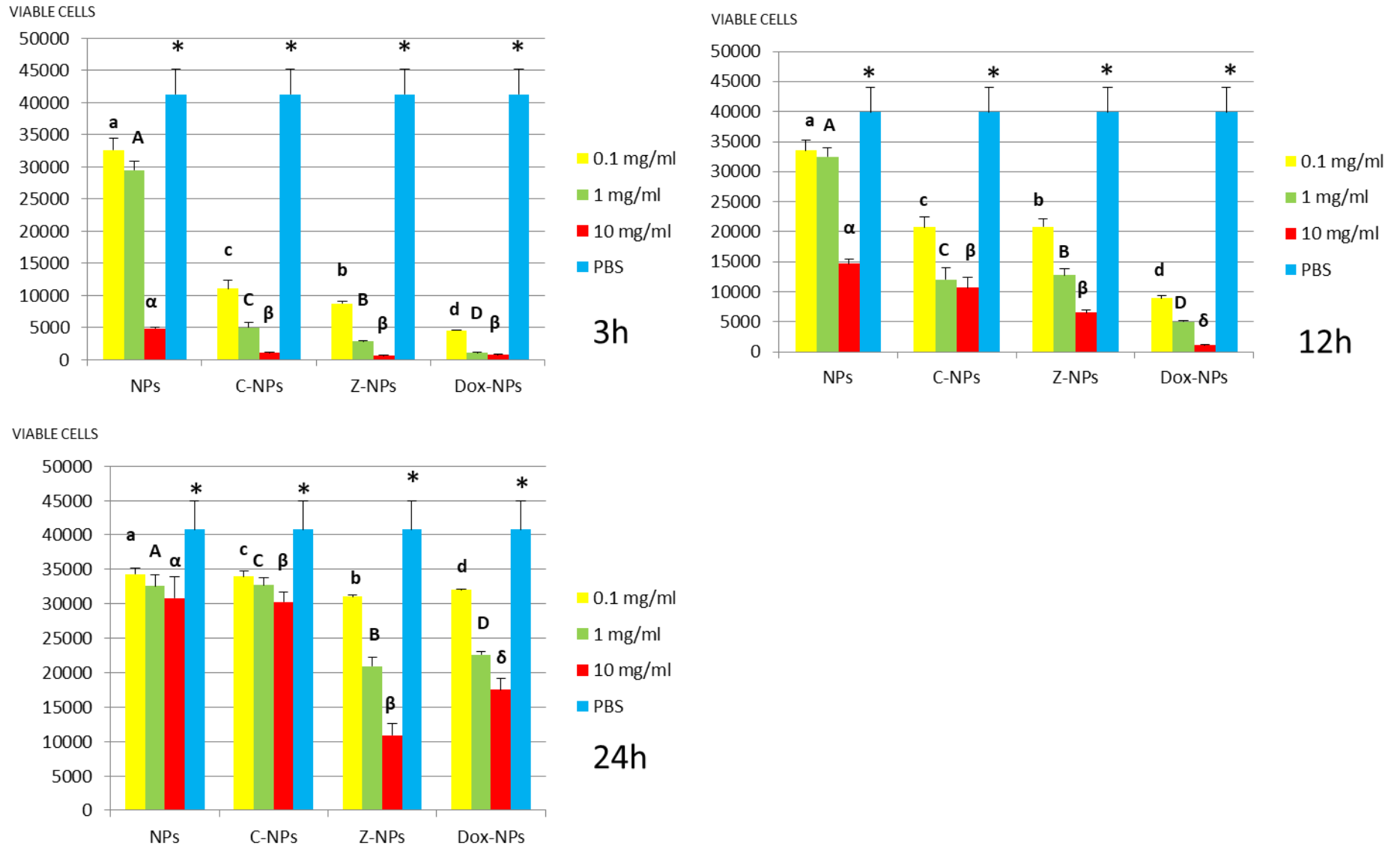


FIGURE 5: *S.sobrinus* survival (number of viable cells) after 3h, 12h, and 24h of different concentration NPs exposure. Same letter or symbol indicates no significant difference of viable bacteria between different NPs concentrations ($p < 0.05$).



In general, all tested NPs affected the viability of bacteria in suspension. The most effective were the Dox-NPs followed by Ca-NPs or Zn-NPs and finally non-doped NPs that attained the most variable and least reduction in bacterial survival (8 to 70% after 24 h).

The viability of tested bacteria following the incubation with NPs appeared to vary depending upon the type of NPs incubated with. The most resistant bacteria were *S.gordonii* and *S.sobrinus*. After 24 h, they were only affected by Zn-NPs (70% reduction in bacterial viability) and by Dox-NPs (60% reduction). For *P.gingivalis*, *S.mutans* and *L.lactis*, Dox-NPs reduced the bacterial viability by 60 to 99%, after 24 h depending on the concentration of doxycycline. Meanwhile the reduction in bacterial viability were from 20 to 60% for *S.gordonii* and *S.sobrinus*. The *P.gingivalis*, *L.lactis* and *S.mutans* Dox-NPs effect was not variable during the time of the study. Only in the cases of *S.gordonii* and *S.sobrinus* cultures a drop in Dox-NPs efficacy was observed after 24 h. At 24 h, for *P.gingivalis* all tested concentrations of Dox-NPs attained above 98% bacterial death. In general, most effective dosage of Dox-NPs was found to be 10 mg/ml.

When testing Ca, Zn-doped or even undoped-NPs for *S.mutans* and *L.lactis*, bacterial viability was significantly affected in doses and time dependent manners. After 24 h, only those NPs contained 10 mg/ml were effective. Both bacteria were equally susceptible to Zn-NPs (68% cells reduction). When considering Ca-NPs or undoped-NPs, *L.lactis* was more susceptible (reduction values for Ca-NPs: 90%, for unloaded NPs: 70%) than *S.mutans* (reduction values for Ca-NPs: 60%, for unloaded NPs: 50%).

Testing of NPS doped with Ca and Zn-doped NPs at 0.1 mg/mL against *P.gingivalis*, bacterial viability was significantly affected and bacterial death ranges between 55 to 27%. However, at the most effective concentration -10 mg/mL-, bacterial reduction ranges were from 80 to 93%, without significant differences between both ion-doped NPs. *P.gingivalis* incubated with unloaded NPs attained low but dose and time-dependent percentages of bacterial survival reduced, from 34.3 to 7.2%.

DISCUSSION

There are several *in vitro* testing models for the efficacy of antibacterial agents, which may involve single or multispecies bacteria. This microcosm model is the most clinically relevant, but attained results are often difficult to interpret as there is no way to control for the behavior of individual bacterial species. It is also difficult to decide which species are appropriate in each experiment and their relative amounts [3]. Using biofilms models is also challenging as the results may also be different on various materials surfaces with different chemistry and/or topography [27]. Therefore, when analyzing novel antibacterial agents planktonic mono-culture tests are necessary to facilitate interpretation of results. Further studies need to be conducted on clinical isolates and multi-species biofilms on different material surfaces or interfaces, which may express resistance trait against tested antibacterial effect.

P.gingivalis was selected for the present study as it is one of the most frequently detected anaerobic microorganisms in subgingival plaque samples from periodontal-endodontic combined lesions and necrotic pulp [6]. *S.mutans*, *S.gordonii*, *S.sobrinus* and *L.lactis* were used as are the most frequently detected microorganisms in cariogenic plaque [3]. *P.gingivalis* is a gram negative bacteria, *S.mutans*, *S.gordonii*, *S.sobrinus* and *L.lactis* are gram positive. *P.gingivalis* has an asymmetric distribution of lipids at their cell walls, the outer face contains lipopolysaccharide (LPS), and the inner face has phospholipids [8]. *S.gordonii*, *S.sobrinus*, *S.mutans* and *L.lactis* also have LPS at their membranes, which exhibits anionic charge, as a result it may facilitate cationic groups to bond and exert antimicrobial activity [8]. This may be a reason for observing low antibacterial activity of tested non-loaded NPs, as they are also anionic (potential zeta is -41 ± 5 mV measured in water at pH=7) [20], and will not be attracted to tested bacteria which possess a zeta potential of approximately -25 mV at pH=7 [28].

Ca-NPs and Zn-NPs exerted antibacterial activity, at 10 mg/mL 80 to 93% bacterial reduction after 48 h, was encountered (Figure 1) as a possible result of liberated calcium and zinc from NPs. After 48 h, 0.9 and 0.02 μg per 10 mg of NPs of calcium and zinc are

respectively released (Table 1). Cationic metals as calcium or zinc have been shown to be potent antimicrobials [21,22,24]. Calcium release from NPs was estimated to be 0.08 and 0.1 $\mu\text{g/mL}$ (per mg of NPs) from 12 h up to 7 d, while zinc release was around 0.02 $\mu\text{g/mL}$ (per mg of NPs) at the same time-points. Cumulative liberation of both ions is 30% for calcium and 0.3% for zinc after 48 h. It has been shown that lipopolysaccharides at the outer membrane of gram-negative bacteria possess magnesium and calcium ions that bridge to negatively-charged phosphor-sugars [8]. Therefore, cationic elements may also displace these metal ions damaging the outer membrane, leading to cell death [8,23]. It has also been previously shown that zinc ions markedly enhanced the adhesion and accumulation of salivary and serum proteins on cells of *P.gingivalis* and inhibited their coaggregation when growing on biofilms [24].

Zinc has a known inhibitory effect on glycolysis and proteinase activity in many oral bacteria [24]. Zinc may affect *S.mutans* viability by inhibiting glycolysis [29]. Kinetic studies of the glucosyltransferases of *S.sobrinus* by Devulapalle and Mooser [30] showed that the Zn ion acts as a reversible, competitive inhibitor at the fructose subsite within the active site of the glucosyltransferase. This observation may well explain the reported dose-dependent effects of zinc on the tested bacteria. Even when the exact antibacterial mechanism of zinc has not been clearly identified yet, covalently or oxidatively induced damage has been claimed [29]. Zinc ions are considered useful for limiting the settlement/colonization of *P.gingivalis* in the gingival sulcus with the goal of preventing periodontal disease [24] and in the case of *S.mutans* preventing carious disease [29]. Zinc has long been known as a plaque-inhibiting compound and also can influence acid production by different microbes [29]. In addition, zinc is able to depolarize the membrane potential, it does not always cause the bacterial cell membrane to rupture and leak, but alters permeability that is closely related to the sensitivity of bacteria to ionic environment [27]. Ion homeostasis affects the proliferation, communication and metabolism of bacteria; then, zinc may sometimes produce an inhibitive instead of destructive effect against bacteria [27].

Dox-NPs exerted the highest antibacterial activity at any tested concentration (80 to 97% bacterial reduction after 24 h). Following our results, doxycycline was found to be released at sustained levels for over 28 d, with a significant burst effect at 24 h. It is liberated at concentrations high above to those considered effective against bacteria at any time point of the present study. For each mg of NPs 121, 106 and 46 $\mu\text{g/ml}$ of doxycycline will be liberated at 12, 24 and 48 h, respectively. A burst effect with rapid doxycycline liberation was observed from 12 h until the first week of storage. After 7 d time-point, antibiotic release was maintained above 20 $\mu\text{g/mL}$ (per mg of NPs). As bacterial susceptibility to doxycycline is obtained around 0.1 to 0.2 $\mu\text{g/ml}$ [25], doxycycline is then liberated from NPs at concentrations high above to those considered effective against most of the tested bacteria. It was shown that doxycycline at a concentration between 0.5 and 1 $\mu\text{g/mL}$ is bactericidal against different *Pg* strains [31], and between 0.1 and 6.0 $\mu\text{g/mL}$ is effective against *Pg* and other putative periodontal pathogens [32,33]. It should be stressed that tested Dox-NPs after 28 d are able to liberate doxycycline concentrations above 6 $\mu\text{g/mL}$.

Doxycycline is a polar and amphoteric compound. Doxycycline as a salt (hyclate) is water soluble. Doxycycline is known to act against most bacteria by inhibiting the microbial protein synthesis that requires access into the cell wall and lipid solubility [34]. Doxycycline binds the ribosome to prevent ribonucleic acid synthesis by avoiding addition of more amino acid to the polypeptide [34]. Doxycycline is also known to provoke a potent and long-lasting inhibition of dentin matrix metalloproteinases [26] that are related to chronic inflammation processes and abscesses at apical level [10]. It may explain how long-term administration of a sub-antimicrobial dose of doxycycline, to dogs with periodontitis, is regarded as an effective treatment for periodontal inflammation, even when it does not induce antimicrobial effects [35]. It is also important to note that MMPs inhibition may also prevent collagen degradation at the resin bonded dentin interface [15]. It will also probably reduce secondary caries formation, as MMPs activity is augmented at caries affected dentin [36].

The reported doxycycline liberation data are high and sustained, if compared to the release profile of other previously proposed compounds as a cellulose-acetate-loaded doxycycline

formulation studied by Tonetti *et al.* [37]. Kim *et al.* [25] introduced a biodegradable doxycycline gel and reported a mean local concentration of 20 mg/mL, after 15 minutes; values that were lowered to 577 μ g/mL after 3 days and to 16 μ g/mL after 12 days. Deasy *et al.* [38] used tetracycline hydrochloride in poly(hydroxybutyric acid) as a biodegradable polymer matrix and showed sustained release just over 4 to 5 days, with a significant burst effect at 24h. Previously introduced materials are then able to liberate doxycycline at higher concentrations, but in shorter periods of time, denoting accentuated burst effects.

In general, tested NPs had little effect on the growth of (*S.sobrinus* and *S.gordonii*) and specially Dox-NPs after 24 h, which greatly affected *P.gingivalis*, *S.mutans* and *L.lactis* survival rates (at least at the evaluated time points and concentrations). Recent results on advanced caries lesions in young human teeth, using bacterial sequence analysis methods are consistent and indicate that *S.gordonii* diminishes greatly in caries-associated plaque biofilm, while *S.mutans* persists [39]. It means that NPs may selectively inhibit cariogenic and periodontal bacteria, while leaving commensal microbes. However, it should be assayed in properly designed multibacteria biofilms models in future studies. It is to be noted that the tested NPs are biocompatible against human fibroblasts [20], and the application of antibacterials is crucial if regenerative/revascularization processes are performed for the endodontic treatment [40], these NPs may be an interesting tool.

Two important limitations are recognized for the present Dox-NPs: 1) antibiotics may produce bacterial strain resistance, which is a current global concern; therefore, further research is needed. 2) The bacteria grow in biofilms, and are known to be more resistant to antimicrobial treatment than the planktonic cultures used for the present antimicrobial susceptibility testing [41]. Then, it is imperative to include the biofilm mode of growth of bacteria when testing treatments for bonded dentin interfaces, endodontic and periapical diseases. But these tests are most difficult to control, in terms of knowing specifically how bacteria are involved in the process [3]. It will not be possible to ascertain if a specific toxicity of NPs against individual bacteria, or just a biofilm disruption, interfering with first colonizers bacteria attachment to dentin, is being produced [41]. After this first approach,

made with the present investigation, further research into antibacterial effects through biofilm models is being implemented.

Material and Methods

1. Preparation of Nanoparticles: PolymP-*n* Active nanoparticles were acquired from NanoMyP (Granada, Spain). Particles are fabricated through polymerization precipitation. NPs are composed of 2-hydroxyethyl methacrylate (backbone monomer), ethylene glycol dimethacrylate (cross-linker) and methacrylic acid (functional monomer).

Calcium-doped NPs (Ca-NPs) and Zinc-doped NPs (Zn-NPs) were synthesized. For zinc and calcium complexation 30 mg of NPs were immersed at room temperature, during 3 days under continuous shaking in 15 ml aqueous solutions of ZnCl₂ or CaCl₂ (containing zinc or calcium at 40 ppm at pH 6.5). This process facilitates to reach the adsorption equilibrium of metal ions [20]. Then, the suspensions were centrifuged and the particles were separated from the supernatant. Attained ion complexation values were 0.96 ± 0.04 μg Ca/mg NPs and 2.15 ± 0.05 μg Zn/mg NPs [20]. A third group of NPs doped with doxycycline hyclate was introduced in the study. 30 mg of NPs were immersed in 18 ml of 40 mg/ml aqueous solution of doxycycline hyclate (Sigma-Aldrich, Darmstadt, Germany), during 4 hours, under continuous shaking. Then, the suspensions were centrifuged and the particles were separated from the supernatant. Four different groups were tested: 1) NPs (NPs), 2) NPs doped with Ca (Ca-NPs), 3) NPs doped with Zn (Zn-NPs), and 4) NPs doped with doxycycline hyclate (Dox-NPs).

2. Loading efficacy and release of doxycycline from NPs: For loading efficacy 18 mL of 40 mg/mL aqueous solution of doxycycline hyclate was prepared and the amount of doxycycline in the initial aqueous solution was assessed in triplicate samples of 100 μL and recorded as initial doxycycline concentration (1,333 μg Dox/mL). Three different samples containing 1 mg of NPs and 0.6 mL of the doxycycline solution were incubated for 4 hours, under continuous shaking. Then, the suspensions were centrifuged and the particles were separated from the supernatant, 100 μL of each supernatant was analyzed for final doxycycline concentration. Final doxycycline concentration was subtracted from initial values to calculate loading efficacy [42]. To ascertain for doxycycline liberation, 30 mg of

doxycycline loaded-NPs were suspended in 3 mL of phosphate buffer saline (PBS, pH 7.4, Fisher Scientific SL, Madrid, Spain), three different eppendorf tubes containing 1 mL of the Dox-NPs suspension were stored at 37°C. After 12h, suspensions were centrifuged and the particles were separated from the supernatant. An aliquot (0.1 ml) of each supernatant was analyzed for doxycycline concentration. NPs were washed and 1 mL of fresh PBS was used to resuspend the NPs at 10 mg/mL until the next supernatant collection. Seven different time-points were tested: 12, 24, 48 hours, 7, 14, 21 and 28 days. Supernatans were stored at -20°C until doxycycline concentration measuring [42]. The amount of doxycycline was assayed by high performance liquid chromatography (HPLC) (Waters Alliance 2690, Waters Corporation, Milford, MA, USA) equipped with a UV-Vis detector. A binary mobile phase consisting of solvent systems A and B was used in an isocratic elution with 80:20 A:B. Mobile phase A was 50 mM KHPO₄ in distilled H₂O and mobile phase B was 100% acetonitrile. The HPLC flow rate was 1.0 mL/min and the total run time was 10 min. The retention time was 4.85 min. The concentration of doxycycline was calculated based on a standard curve of known levels of doxycycline at 273 nm [42].

3. *Calcium and zinc liberation from NPs:* 150 mg of zinc and 150 mg of calcium loaded-NPs were suspended in 15 mL of deionized water. Three different eppendorf tubes containing 5 mL of the Ca-NPs suspensions and other 3 with Zn-NPs were stored at 37°C. After 12h, suspensions were centrifuged and the particles separated from the supernatant; 5 mL of each supernatant was analyzed for calcium and zinc concentration. NPs were washed and 5 mL of fresh deionized water was used to resuspend the NPs at 10 mg/mL until the next supernatant collection. Seven different time-points were tested: 12h, 24h, 48h, 7d, 14d, 21d and 28d. Supernatans were stored at -20°C until testing. Calcium and zinc concentrations were analyzed through an inductively coupled plasma (ICP) optical emission spectrometer (ICP-OES Optima 8300, Perkin-Elmer, MA, USA) [20].

4. *Bacteria:* *P.gingivalis* 33277, *S.mutans* 700610, *S.sobrinus* 33478, *S.gordonii* 10558 and *L.lactis* 12315 were obtained from ATCC (Bethesda, MD). The anaerobic organism, *Pg* was grown in Tryptic Soy broth (TSB) supplemented with yeast extract (5g/L), Hemin (5mg/L), Menadione (1mg/L), for 72 hours. Strict anaerobic conditions were employed,

Thermo Scientific Oxoid AnaeroGen (Thermo Fisher Scientific, Waltham, MA, USA) was used in an anaerobic jar, which provides 7-15% CO₂ and <0.1% O₂. The remaining test bacteria were grown in TSB for 24 hours at 37°C. The bacterial cells were harvested by centrifugation and re-suspended in the same growth media. The number of bacteria per mL was determined by measuring the optical density at 600 nm and adjusting it to a standard bacterial suspension of 1×10^7 CFU/mL [43].

5. *MTT assay*: The NPs were suspended in PBS at three concentrations (10 mg/mL, 1 mg/mL and 0.1 mg/mL). Different NPs were placed into Eppendorf tubes with bacterial broths (1×10^7 CFU/mL for each 0.45 ml of NPs suspensions) and incubated for 3, 12 and 24 hours at 37 °C. Sterile pipetting was used throughout the study. Susceptibility testing of *Pg* was conducted in an anaerobic jar as described above. At the end of each incubation period, the effect of the NPs on bacteria was evaluated by the ability of viable bacteria to cleave the tetrazolium salt (3-[4,5-dimethylthiazol- 2-yl]-2,5-diphenyl tetrazolium bromide) (MTT) to a formazan dye (Sigma-Aldrich, Darmstadt, Germany). Suspensions were placed in 96-well flat-bottom microtiter plate. MTT labeling agent was added to each culture well, and the plates were incubated for 4h at 37 °C. After incubation, solubilizing agent provided by the manufacturer was added and then incubated again overnight at room temperature. Purple formazan color produced from the MTT by viable cells was read at 560 nm using an ELISA reader (Spectrostar Nano, BMG Labtech, Cary, NC, USA) [43]. All assays were performed using triplicate determinants, and each experiment was performed three times. Data was expressed as mean \pm standard deviation and analyzed using a One-way analysis of variance (ANOVA) and the Scheffe's F procedure for post hoc comparisons at $p < 0.05$, using SPSS Statistic 20.

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AUTHOR CONTRIBUTIONS

Conceptualization, M.T-O., J.B., F.G., M.T. and R.O.; Methodology, M.T-O., J.B., F.G., A.M., M.T. and R.O.; Software, M.T-O., J.B.; Formal Analysis, M.T-O., J.B., F.G., A.M., M.T. and R.O.; Investigation, M.T-O., J.B., F.G., A.M., M.T. and R.O.; Resources, M.T-

O., J.B., A.M.; Data Curation, M.T-O., J.B., F.G., A.M., M.T. and R.O.; Writing – Original Draft Preparation, M.T-O., J.B., F.G., A.M., M.T. and R.O.; Writing – Review & Editing, M.T-O., J.B., F.G., M.T. and R.O.; Supervision, J.B., F.G., M.T. and R.O.; Project Administration, R.O. and M.T.; Funding Acquisition, M.T. and R.O.

CONFLICT OF INTEREST

The authors declare no conflict of interest. The founding sponsors had no role in the design of the study; in the collection, analyses, or interpretation of data; in the writing of the manuscript, and in the decision to publish the results

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