

Food Analytical Methods

HPLC method and Antioxidant activity for bioactive component determination of *Lycopersicon esculentum* Mill. varieties from a coastal area of southern Spain --Manuscript Draft--

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Corresponding Author:	CRISTINA SAMANIEGO-SÁNCHEZ, Ph.D. Faculty of Pharmacy, University of Granada, Granada, Spain Granada, Granada SPAIN
Corresponding Author Secondary Information:	
Corresponding Author's Institution:	Faculty of Pharmacy, University of Granada, Granada, Spain
Corresponding Author's Secondary Institution:	
First Author:	CRISTINA SAMANIEGO-SÁNCHEZ, Ph.D.
First Author Secondary Information:	
Order of Authors:	CRISTINA SAMANIEGO-SÁNCHEZ, Ph.D. CATERINA STAGNO JOSE JAVIER QUESADA-GRANADOS, Ph.D ROSA MARIA BLANCA-HERRERA, Ph.D VINCENZO BRANDOLINI
Order of Authors Secondary Information:	
Abstract:	<p>The tomato (<i>Lycopersicon esculentum</i> Mill.) is one of the most widely consumed vegetables, and is a component of the so-called "Mediterranean diet." It represents a significant source of antioxidants in the human diet, with an important biological function (lycopene and β-carotene), as well as other components with antioxidant properties. Antioxidant contents differ according to the variety of tomato, and environmental and agronomic conditions of growth. The aim is to optimize an HPLC method for the determination of bioactive compounds, and to use different antioxidant tests to determine free-radical scavenging activity. The analytical parameters, recovery assays higher than 97%, satisfactory precision with R.S.D values below 8%, good linearity ($r > 0.999$), good sensitivity and appropriate limits of detection and quantification show that the technique used is satisfactory for measuring these compounds. The tomato samples examined contain highly bioactive components, and have high antioxidant capacity with high correlation between phenolic compound contents and antioxidant activity.</p>

15 **Abstract**

16 The tomato (*Lycopersicon esculentum* Mill.) is one of the most widely consumed
17 vegetables, and is a component of the so-called “Mediterranean diet.”It represents a
18 significant source of antioxidants in the human diet, with an important biological
19 function (lycopene and β -carotene), as well as other components with antioxidant
20 properties. Antioxidant contents differ according to the variety of tomato, and
21 environmental and agronomic conditions of growth. The aim is to optimize an HPLC
22 method for the determination of bioactive compounds, and to use different antioxidant
23 tests to determine free-radical scavenging activity. The analytical parameters, recovery
24 assays higher than 97%, satisfactory precision with R.S.D values below 8%, good
25 linearity ($r > 0.999$), good sensitivity and appropriate limits of detection and
26 quantification show that the technique used is satisfactory for measuring these
27 compounds. The tomato samples examined contain highly bioactive components, and
28 have high antioxidant capacity with high correlation between phenolic compound
29 contents and antioxidant activity.

31 *Keywords:* Tomato; Lycopene; β -carotene; Antioxidant capacity; HPLC

40 Introduction

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2 41 The Mediterranean Diet is perhaps the healthiest food model in the world, and is
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4 42 strongly associated with a reduced risk of chronic degenerative diseases, a fact
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6 43 corroborated by numerous studies¹. It is characterized by a complete, balanced
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8 44 combination of fresh, local and seasonal food. The diet's high contents of vegetables,
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10 45 fresh fruit and olive oil guarantee an adequate intake of antioxidant compounds and
11
12 46 explain its beneficial effects on health^{2,3}. An exogenous supply of antioxidants in the
13
14 47 diet is needed to strengthen endogenous human antioxidant defenses and to confront
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16 48 situations in which excessive free radicals are produced. It is important to know the
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18 49 antioxidant capacity (AC) of foods in order to determine their resistance to oxidation
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20 50 with the subsequent loss of quality and nutritional value, and also to predict their
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22 51 antioxidant potential for human intake.
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28 52 The tomato (*Lycopersicon esculentum* Mill.) is one of the most widely consumed
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30 53 vegetables, and is a component of the so-called "Mediterranean diet"⁴. As such it is a
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32 54 major component of daily meals in many countries. Due to its high consumption and
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34 55 versatility in culinary preparations, the tomato represents a significant source of
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36 56 antioxidants in the human diet, with an important biological function, especially
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38 57 lycopene, responsible for the red colour⁵ and β -carotene, a precursor of vitamin A⁶, as
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40 58 well as other components with antioxidant properties. Antioxidant contents differ
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42 59 according to the variety of tomato, and environmental and agronomic conditions of
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44 60 growth⁷, and also with variations in microclimatic environments⁸.
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50 61 Spectrophotometry, HPLC and colorimetry are techniques used to determine
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52 62 bioactive compounds in food products⁹. HPLC is a good technique for β -carotene and
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54 63 lycopene quantification and identification, with determinations of both components
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56 64 usually carried out simultaneously following the same procedure¹⁰. Different
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65 methodologies have been used to evaluate the in-vitro antioxidant capacity of foods,
66 with the results obtained depending on the method used¹¹⁻¹³, as each method measures
67 different aspects of the antioxidant activity of food extracts. The chemical nature of
68 phenolic compounds, the extraction method used and the assay method can all affect the
69 quantification of antioxidant contents and capacity¹⁴. Most methods are based on the use
70 of a large range of radical generating systems. The sample for which the antioxidant
71 capacity is to be analyzed can inhibit the generation of the radicals. Each component of
72 a sample should be measured, but it is hard to determine the number and concentration
73 of antioxidants.

74 We have developed a modified HPLC method to simultaneously identify and
75 quantify the antioxidant compounds present in tomatoes (lycopene and β -carotene). The
76 aim of the present research is to study the bioactive contents using the modified HPLC
77 method, and the antioxidant activity using different suitable methods of several varieties
78 of tomato from a coastal area in Southern Spain. The characterization of this vegetable
79 should contribute to knowledge of its antioxidant capacity and bioactive components.

80 81 **Material and Methods**

82 Sampling and sample preparation

83 We chose several different commercial varieties of tomato, *Lycopersicon*
84 *esculentum* Mill., (Cherry, Sugary, Applause and Bond varieties) commonly cultivated
85 on the coast of Granada (Spain) and obtained from a local farming cooperative. The
86 varieties differed in fruit shape/typology (round, oval, and cherry fruit) and maturity
87 (green and red). The samples are described in Table 1, with more details below.
88 Tomatoes were prepared as appropriate by removal of the outer leaves, peeling, etc. The

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89 fresh fruit were processed in order to separate endocarp (seeds), mesocarp (pulp) and
90 exocarp (peel, husk, skin, etc.), only the pulp was considered for analysis and the peel
91 and seeds were discarded. All extracted samples were stored in an inert nitrogen
92 atmosphere away from light in amber-coloured glass bottles at 4°C until analysis to
93 avoid possible alterations. All the samples were analyzed by reversed-phase high-
94 performance liquid chromatography techniques (RP-HPLC) and different
95 spectrophotometric methods for measuring antioxidant capacity, to respectively
96 determine the bioactive components (lycopene and β -carotene) and total antioxidant
97 compounds.

98 *Determination of lycopene and β -carotene*

99 A precise amount (5g) of sample was weighed and placed in a test-tube with a screw
100 top, we then added 25 mL n-hexane/methanol/acetone (2:1:1) mixture with 0.5 % of
101 BHT to prevent degradation of the analytes¹⁵, and the test-tube was homogenized by
102 continuous agitation for 30 minutes. The test-tubes were then centrifuged at 5000g for
103 15 min and the organic layer recovered. Duplicate extractions were prepared from each
104 sample and all extracts were measured three times in each assay. The chromatographic
105 injection must take place as early as possible to avoid oxidation and decomposition of
106 the β -carotene and lycopene. Otherwise, the sample can be stored at -20°C for a
107 maximum of one week.

108 *Determination of antioxidant capacity*

109 The edible portions (pulp) of the fruit were stored at -4°C in polyethylene pouches until
110 required for analysis. For the analysis of antioxidant activity and the total phenol
111 contents, the edible portions were evaluated on the pulp methanolic extract: 5 g of fresh
112 pulp fruits and 20 mL methanol were homogenized in an Osterizer blender for 30 min.

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113 The tubes were centrifuged at 5000g for 15 min and the supernatant was recovered and
114 used for bioactive components analysis. Duplicate extractions were prepared from each
115 sample and all extracts were measured three times in each assay.

116 Reagents and standards

117 All chemicals were analytical reagent grade unless otherwise stated and water was
118 obtained from a Milli-Q purification system (Millipore, Bedford, MA). Anhydrous
119 sodium carbonate (Na_2CO_3), acetone and hexane were all purchased from Carlo-Erba
120 (Rodano, Milan, Italy). Methanol, FolinCiocalteu, 6-hydroxy-2,5,7,8-tetramethyl-
121 chroman-2-carboxylic acid (Trolox), 2,2-azinobis-(3-ethylbenzothiazoline)-6-sulfonic
122 acid (ABTS), 2,2-diphenyl-1-picrylhydrazyl (DPPH), N,N- Dimethyl-p-
123 phenylenediaminedihydrochloride (DMPD), Butyl-hydroxyl-toluene (BHT), β -
124 Carotene type II synthetic, Lycopene and gallic acid were provided by Sigma-Aldrich
125 (Milan, Italy) and potassium peroxodisulphate ($\text{K}_2\text{S}_2\text{O}_8$), sodium acetate 3-hydrate,
126 Acetic acid glacial, sodium acetate anhydrous, Ferric chloride 6-hydrate and
127 hydrochloric acid (37%) and Iron (III) Chloride anhydrous 97 % by Panreac
128 (Barcelona).2,4,6-tri(2-pyridyl)-s-triazine (TPTZ) for FRAP method was from Fluka
129 Chemicals (Madrid, Spain). All reagents were of analytical-reagent grade unless
130 otherwise specified.

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132 Instrumentation

133 Reserved-phase HPLC was used in the determination of β -carotene and lycopene.
134 HPLC separation was performed with a Perkin-Elmer liquid chromatographic system
135 equipped with a Perkin-Elmer Serie 200 quaternary pump, diode-array detector S-200

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136 P-E, autosampler Serie-200 and peltier Serie-200 oven (PE, Madrid, Spain). The
137 software TotalChrom v6.2 with LCI was used. The column was a C 18 (250 x 4.6 mm,
138 5 μ m particle size) (Teknokroma, Barcelona, Spain). A Büchi 144 rotavapor and a P-
139 Selecta (Barcelona, Spain) bath were also used for sample preparation.

140 A Lambda 25 UV/VIS spectrophotometer (Perkin-Elmer[®], Madrid, Spain) was
141 used for ABTS^{•+} (at 734 nm for 30 min), DPPH (515 nm was recorded for 60 min),
142 FRAP(at 593 nm for 10 min) and DMPD (505 nm was recorded for 10 min),
143 antioxidant measurement methods and total phenol content determination. An Orion[®]
144 pH-metre was used to prepare the buffered aqueous phosphate solution.

145 Chromatographic conditions

146 The lycopene and the β -carotene were evaluated following the modified method
147 described by Olives Barba (2006)¹⁶. An extract solution of tomato in hexane was
148 analyzed by reserved-phase HPLC. The mobile phase consisted of methanol/acetonitrile
149 (70:30 v/v) at a flow of 1.5 mL/min, maintained for 25 min. A DAD was used, the
150 measurements taken at 472 nm and quantified by the external standard method. The
151 mobile phases and samples were previously filtered through a 0.45 μ m membrane, and
152 degassed ultrasonically prior to use. After this, 10 μ L was injected.

153 *Standard solutions*

154 Peaks were identified by comparing the retention times with those obtained with a
155 standard solution of β -carotene and lycopene (Fig. 1A, 1B) and with spectroscopic
156 analysis. As external standard, we used individual stock standard solutions prepared
157 every day of around 2.5-50 (μ g/mL) for β -carotene and 0.25-100 (μ g/mL) for lycopene.

158 The stock standard was added to several problem samples to verify the increase in area
159 of the chromatographic peak. Standard solutions were stored in the dark at – 20°C.

160 *Linearity, Precision and Detection Limit*

161 The linearity of standard curves was expressed in terms of the determination of
162 coefficient plots of the integrated peak area versus concentration of the same standard.

163 The linearity of the method was confirmed by regression statistics.

164 The method's precision was satisfactory. We carried out six replicate determinations
165 on the same day, with the same sample, same reagents and instruments (intra-day
166 reproducibility). Inter-day reproducibility could not be evaluated for tomato samples
167 because the carotenoid content cannot be kept at its initial levels for several days.
168 Relative standard deviations (RSD) were obtained. The LOD, LOQ¹⁷ and Recovery were
169 studied for lycopene and β -carotene in order to check the sensitivity of the methods
170 used (Table 2).

171 Spectrophotometric conditions

172 We used different spectrophotometric methods for measuring antioxidant capacity.
173 Total antioxidant capacity was determined following the ABTS and DPPH method
174 described by Samaniego *et al.* (2007)¹¹, and DMPD¹⁸ and FRAP¹⁹ adapted to samples of
175 tomatoes. ABTS, DPPH and DMPD methods are based on formation of a coloured
176 radical. Post-addition tests were used, with formation of the radical in the absence of the
177 sample until a stable signal was reached. In the FRAP assay, excess Fe^{III} was used, and
178 the rate limiting factor of FeII-TPTZ, and hence colour formation is the reducing ability
179 of the sample¹⁸.

180 We then added the sample and measured the resulting change in absorbance
181 (discoloration of the radical), which was proportional to the concentration and

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182 antioxidant activity of the substance analyzed. In all the methods applied, we
183 determined the dilution of tomato methanolic extract that gave a linear response. The
184 absorbance signal was translated into antioxidant activity using Trolox as standard
185 antioxidant. Different calibration curve ranges were used depending on the method
186 (Table 3).

187 Total Phenolic Content

188 Total phenolic content was determined using a Folin Ciocalteu colorimetric method
189 described by Singleton and Rossi (1965)²⁰ and modified in our laboratory. We added
190 2.5 mL of deionized water and 500 μ L of Folin-Ciocalteu reagent to 500 μ L of
191 methanolic pulp extract. The mixture was allowed to stand for 5 min, and then 2 mL of
192 a 10 % aqueous Na₂CO₃ solution was added. The final volume was adjusted to 10 mL.
193 Samples were allowed to stand for 90 min at room temperature before measurement at
194 700 nm versus the blank using a Beckman spectrophotometer. The amount of total
195 phenolics is expressed as gallic acid equivalents (μ g gallic acid/g of pulp fruit) through
196 the calibration curve of gallic acid. The calibration curve range was 0.5- 7.5 ppm (r =
197 0.999) (Table 3).

198 Statistical analysis

199 The SPSS[®] 20.0 program was used to interpret the data obtained. Duplicate
200 extractions were prepared from each sample and all extracts were measured three times
201 in each assay. Values were expressed as means \pm standard deviation (SD). Pearson's
202 correlation coefficients were calculated. Differences of $p < 0.01$ were considered
203 significant.

204 Results and Discussion

205 Determination of lycopene and β -carotene: HPLC method evaluation

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3 207 The HPLC method developed was evaluated by linearity, precision, sensitivity,
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5 208 recovery and limits of detection (LOD) and quantification (LOQ) for lycopene and β -
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8 209 carotene. The analytical parameters (Table 2), recovery assays higher than 97%,
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10 210 satisfactory precision with R.S.D values below 8%, good linearity ($r > 0.999$), good
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12 211 sensitivity and appropriate limits of detection (LOD) and quantification (LOQ) show
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14 212 that the technique used is satisfactory for measuring these bioactive compounds
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16 213 (lycopene and β -carotene) in samples of *Lycopersicon esculentum Mill.* The linearity
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18 214 of standard curves was expressed in terms of the determination of coefficient plots of
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20 215 the integrated peak area versus concentration of the same standard. Standard
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22 216 calibration curves were established by plotting peak areas against concentrations of
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24 217 lycopene and β -carotene, excellent linearity of the calibration curve was observed in
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26 218 the range tested (Table 2). The systems were linear in all cases ($R^2 > 0.999$). The
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28 219 linearity of the method was confirmed by regression statistics. The methods' precision
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30 220 was satisfactory. Six replicate determinations on the same day, with the same sample,
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32 221 same reagents and instruments were carried out (intra-day reproducibility). Inter-day
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34 222 reproducibility could not be evaluated for tomato samples because the carotenoids
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36 223 content cannot maintained in its initial levels for several days. Relative standard
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38 224 deviations (RSD) with results less than 2.5% for lycopene and 3.5 % for β -carotene
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40 225 were obtained (Table 2). All the RSD values obtained were below the maximum 11%
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42 226 limit for substances around 1 $\mu\text{g/ml}$ recommended by AOAC (1993)²¹. Mean recovery
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44 227 percentages for the HPLC method ranged between 96.36% (lycopene) and 100.62 %
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46 228 (β -carotene) (Table 2). Values accepted by AOAC (1993)²¹. Recovery was better for
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48 229 β -carotene, probably due to the lower stability of lycopene²². The LOD and the LOQ
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50 230 were studied¹⁷ for lycopene and β -carotene in order to check the sensitivity of the
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231 methods used (Table 2). The technique had excellent sensitivity to analyze this
232 sample.

233 Table 4 summarizes the bioactive compounds of the tomatoes measured by
234 HPLC methods. Mean and standard deviation were calculated from data of triplicate
235 analysis. Bioactive compounds were identified by comparing retention time (t_R) with
236 standard records and with spectroscopic analysis. For lycopene and β -carotene we
237 added the standard to several problem samples to verify the increase of the
238 chromatographic peak area. Fig. 1C shows an HPLC chromatogram for an analyzed
239 tomato sample. The lycopene contents of tomato were found to be high, ranging from
240 16.97 ± 1.25 to 210.46 ± 25.12 mg/100g ($p < 0.01$). The differences may be due to
241 varieties, climate, ripeness, method, etc²³. The β -carotene concentrations expressed in
242 mg/ 100g ranged from 97.84 ± 15.23 to 521.12 ± 21.21 mg/100g ($p < 0.01$). Similar or
243 lower values have been reported in the literature with lycopene content ranging from
244 5.22 - 9.49 mg/100g⁴, 4.7 - 8.8 mg/100g¹⁰, 2.8 - 4.5 mg/100g¹⁶ and 1.69 - 15.78
245 mg/100g²⁴ and for β -carotene content ranging from 0.30 - 0.51 mg/100g⁴ , 0.7 - 3.9
246 mg/kg¹⁰ and 0.6 - 1.2 mg/100g¹⁶.

247

248 Antioxidant capacity methods

249

250 Table 4 summarizes the antioxidant capacities of the tomatoes measured by the
251 different methods. The ABTS^{•+} method was applied to all samples for 30 min, the
252 DPPH method for 15 min, and the FRAP and DMPD methods for 10 min. The
253 antioxidant activity values expressed in $\mu\text{molTrolox/g}$ ranged from 9.19 ± 0.34 to 42.02
254 ± 1.96 TEAC when measured by ABTS, 0.43 ± 0.05 to 2.59 ± 0.14 TEAC when

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255 measured by DPPH, and 0.58 ± 0.04 to 2.12 ± 0.31 TEAC when the FRAP method was
256 used. For the DMPD method the contents ranged from 18.16 ± 4.16 to 60.52 ± 8.12
257 mmolTrolox/g.

258 For tomato samples these results were similar to those of other authors^{4,24}, although
259 very few studies have been reported on antioxidants for the fruits considered in this
260 study.

261 The antioxidant activities evaluated by different methods showed similar trends with
262 high correlations for ABTS-DPPH ($r = 0.982$), FRAP-DMPD($r= 0.904$)and DPPH-
263 FRAP ($r= 0.802$) (Table 5). There is a statistically significant relationship between
264 DPPH and ABTS at the 99% confidence level. The correlation coefficient indicates a
265 relatively strong relationship between the variables. Both methods used for measuring
266 antioxidant capacity have the same behaviour based on the ability of antioxidants to
267 scavenge the long-life radical cations ABTS^{•+} and DPPH. The sample for which the
268 antioxidant capacity is to be analysed can inhibit generation of the radicals. A weak
269 correlation ($r = 0.769$) between the FRAP value and TEAC value suggested that the
270 compounds capable of reducing oxidants could be different from those scavenging free
271 radicals in these tomatoes. Since the P-value in the ANOVA table is greater or equal to
272 0.10, there is not a statistically significant relationship between ABTS-DMPD, and
273 DPPH-DMPD at the 90% or higher confidence level. The correlation coefficient equals
274 0,545 and 0.534 respectively, indicating a moderately strong relationship between the
275 variables.

276 Interpretation of the several methods is different and comparisons very difficult,
277 depending on the initial concentration of the radical and a recalculation of data with

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278 Trolox as standard²³. Therefore the use of different methods helps to identify variations
279 in the response of the compounds extracted from the fruit samples.

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281 Total Phenol Content

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283 The total phenol content of the tomatoes measured by the Folin-Ciocalteu
284 method is summarized in Table 4. The values expressed in $\mu\text{g} / \text{g}$ gallic acid ranged from
285 523.11 ± 30.86 to 153.34 ± 10.87 . Similar or higher values have been reported in the
286 literature, although the information available on their phenolic contents is rather
287 scarce²⁵. For tomatoes the data were $73.51 \text{ mg}/100\text{g}^{25}$ and ranging from $34.04\text{-}60.67$
288 $\text{mg}/100\text{g}^{24}$ and from $2.11\text{-}8.60 \text{ mg}/ 100\text{g}^8$. The TP contents in the cherry tomato fruits
289 were considerably higher compared to all others tested, and this increase can be ascribed
290 to an increase in received solar radiation²⁶.The differences may be due to varieties,
291 genotypes, climate, ripeness and maturity^{8,23}.

292 Sugary, Cherry 1 and cherry 2 samples showed high total phenol contents ranging
293 from $444,44 \mu\text{g}/\text{g}$ and $523,11\mu\text{g}/\text{g}$ gallic acid. The high antioxidant capacity of these
294 three extracts seems to correspond to high phenol contents (Table 4). The lowest total
295 phenol contents ($153,34 \mu\text{g} / \text{g}$ gallic acid) were found in the Cherry 3 sample, which
296 also has the lowest values for antioxidant capacity as measured by the direct methods
297 ABTS and DPPH (Table 4). In addition, we can link the differences in phenol contents
298 of the extracts from Sugary, Cherry 1 and Cherry 2 from those of the extracts from
299 Bond (green and red), Cherry 3 and Applause to the difference in variety, the size of the
300 fruits and their degree of maturation ($p < 0.01$). Total phenol contents decrease as fruit
301 size increases, probably because of the decrease in solar radiation received. Our results

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302 agree with those obtained by Raffo et al. (2006)²⁶ and Kacjan et al. (2011)⁸, who
303 explained that higher levels of total phenol contents in cherry tomatoes, compared to
304 larger fruits, are largely due to the higher skin to volume ratio of these varieties, which
305 could enhance their phenolic content.

306 The correspondence found between total phenol contents and the capacities of
307 antioxidants in the different samples analyzed is supported by the literature, which
308 confirms the existence of a correlation between the total phenol contents using the
309 Folin-Ciocalteu method, and antioxidant activity measured by FRAP, ABTS and
310 DPPH²⁷.

311

312 Correlation between total polyphenol contents and the different measurement methods

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314 Table 5 summarizes the correlation between total polyphenol contents and the
315 different measurement methods, and suggests that the phenolic compounds may
316 contribute significantly to the overall antioxidant properties of tomato samples. The
317 relation between the main antioxidant compounds of tomatoes (total polyphenol) and
318 the antioxidant capacity measured by the different methods is interesting. The
319 correlation between total phenol contents and antioxidant capacity has been widely
320 studied in different foodstuffs: fruit and vegetables²⁸ wine ²⁹, tropical fruits²³, seeds¹³,
321 green tea infusions¹² and olive oil¹¹ showing that where there is a high concentration of
322 total polyphenol content, the antioxidant capacity of that food increases significantly.
323 Our study of the tomato samples found the best correlation with different methods
324 between total polyphenol contents and antioxidant capacity. The positive correlations
325 obtained between phenolic content and antioxidant capacity measured as ABTS, DPPH,

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326 FRAP, and DMPD were respectively 0.990, 0.980, 0.892 and 0.796 (Table 5). A highly
327 positive correlation between the ABTS, DPPH, FRAP and DMPD values and total
328 phenolic content suggested that phenolic compounds could be the main components
329 responsible for these samples' capacity to scavenge free radicals.

330 Other studies report other correlations between total phenolic components and
331 antioxidant capacity, depending on the extraction solvent, the hydrophilicity of
332 compounds, the sample and the type of phenolic compound²³. Raffo (2002)³⁰ found that
333 the correlation between the antioxidant activity of cherry tomatoes and phenols depends
334 on the simple phenol composition. In all foodstuffs the total polyphenol contents are
335 related to the antioxidant capacity by contributing to their stability and by the capacity
336 to block free radicals.

337

338 As conclusión, the high contents of vegetables, fresh fruit and olive oil guarantee an
339 adequate intake of antioxidant compounds and explain the beneficial effects of the
340 Mediterranean diet on human health. This study supplied new information about the
341 antioxidant and bioactive components of the tomato. Tomato varieties from Southern
342 Spain are a rich source of antioxidant compounds such as β -carotene, lycopene and
343 phenolic compounds. The new HPLC method proposed for the determination of
344 bioactive compounds showed adequate reproducibility, accuracy, precision, sensitive
345 detection and quantification limits, with a simple preparation of the samples and short
346 run times for the quantification of lycopene and β -carotene. The technique requires only
347 a small volume of sample, no complicated or time-consuming sample preparation, and it
348 is carried out easily and quickly. Given the complexity of oxidation processes, there is
349 no single test method that fully reflects the antioxidant profile of a sample. In our
350 opinion, it is important to combine several methods for determining antioxidant

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351 capacity, given the diverse behavior of single antioxidants. In general, all the methods
352 can be used to measure antioxidant capacity. The tomato samples examined contain
353 high bioactive components, and have high antioxidant capacity with high correlation
354 between phenolic compound contents and antioxidant activity, indicating phenolic
355 compounds are the major contributor to the antioxidant capacities of these plants. The
356 knowledge that this vegetable is a very good source of antioxidants should encourage
357 and recommend their intake by the public.

358

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366 **Compliance with Ethics Requirements**

367

368 **Conflict of Interest:**

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370 - C. Samaniego-Sanchez declares that he has no conflict of interest

371 - C. Stagno declares that he has no conflict of interest

372 - J.J.Quesada-Granados declares that he has no conflict of interest

373 - R. Blanca-Herrera declares that he has no conflict of interest

374 - V. Brandolinideclares that he has no conflict of interest

375

376 This article does not contain any studies with human or animal subjects

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442 **Figure Captions**

443 **Fig. 1.** RP-HPL Cchromatogram of β -carotene (A); lycopene (B) standard
444 solution and chromatogram of β -carotene and lycopene in a tomato extract sample (C).

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446 **Figure Captions**

447 **Fig. 1.** RP-HPLC chromatogram of β -carotene (A); lycopene (B) standard
448 solution and chromatogram of β -carotene and lycopene in a tomato extract sample (C).

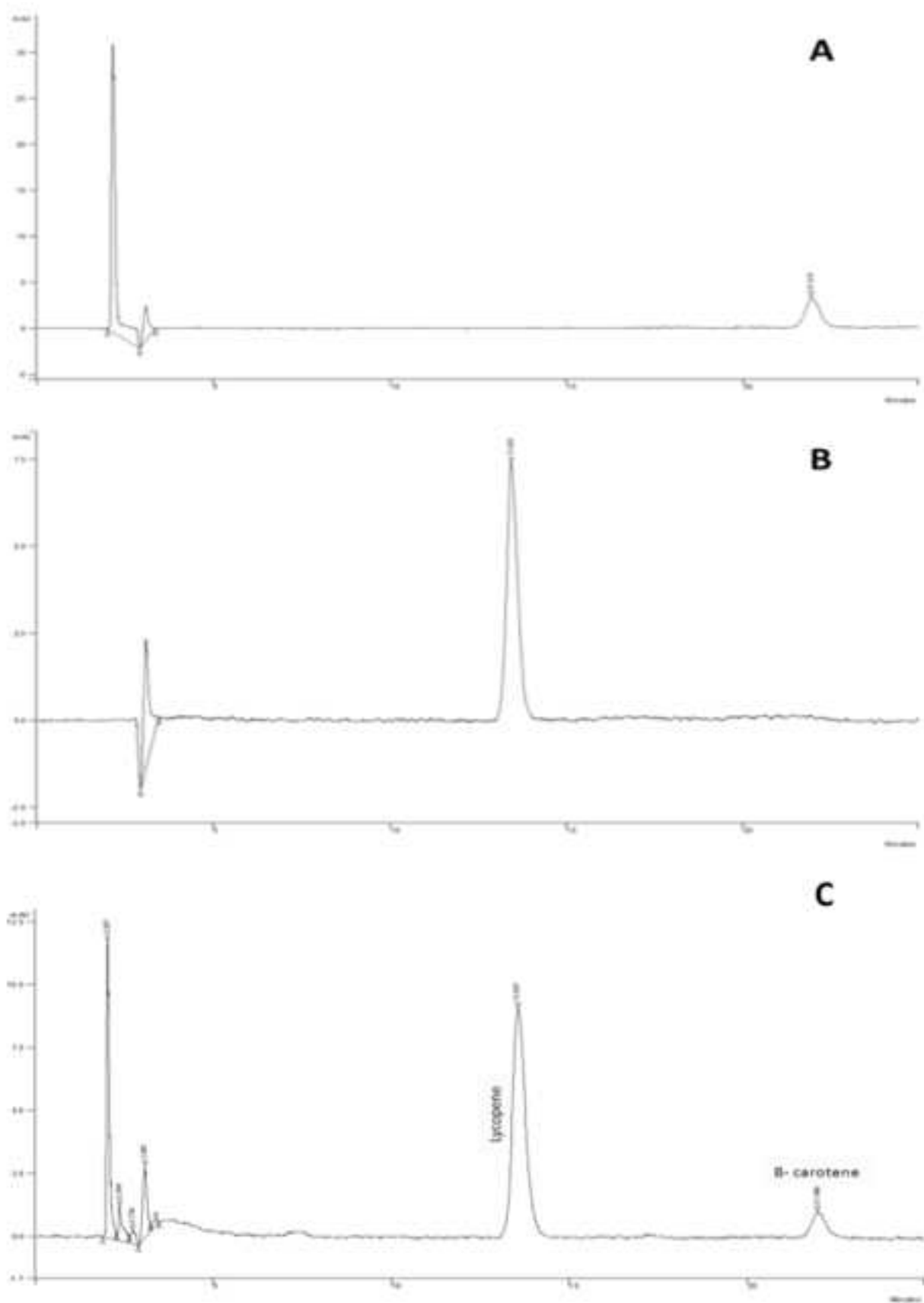


Table 1

Description of tomato samples: scientific name *Lycopersicon esculentum* Mill., Solanaceae family

Samples	Variety	Morphology	Fruit description
Cherry	Cherry (Granada)	Cherry 1: Small size, branching growth	Vigorous plants with in determinate growth. Small-sized fruit with fine skin prone to splitting in bunches of 15 to 50. Sweet, pleasant taste. Some cultivar shave red and yellow fruit. The aim of this variety is to have a production that completes the annual cycle with homogeneous amounts.
		Cherry 2: Small size, individual growth	
		Cherry 3: Large and round	
Sugary	Sugary (Granada)		Plant of determinate growth, measuring less than 1.5 metres. Its fruit small and oval-shaped of a red colour, with fine skin, sweet taste and very juicy. They grow in bunches with production through out the summer season.
Applause	Applause (Granada)		Plant of determinate growth. It is very compact and with early production. The fruit are small and red, with a delicate, slightly sweet taste.
Bond	Bond (Granada)	Bond (green): Large fruit, unripe	Open variety of medium vigourous plant that adapts well to both covered and open-air growth. Very firm, heavy G-GG fruit of attractive red and green colours and good taste. Highly productive and early.
		Bond (red): Large fruit, optimal ripeness	

Table 2

Linearity parameters, precision, recovery and limit of detection and quantification of lycopene and β -carotene determinations by HPLC methods

	Lycopene	B-Carotene
Concentration range ($\mu\text{g}/\text{mL}$)	0.25 – 100	2.5 - 50
Linear regression equation	$y = 3 \cdot 10^{10} x + 216518$	$y = 1 \cdot 10^9 x + 29861$
R^{2a}	0.9991	0.9992
Intra-day reproducibility as RSD (n=6)	2.48 %	3.55 %
LOD ^b ($\mu\text{g}/\text{mL}$)	$9.27 \cdot 10^{-5}$	0.0098
LOQ ^c ($\mu\text{g}/\text{mL}$)	0.00030	0.0039
Recovery % ^d ($X \pm \text{SD}$)	96.36 ± 2.2	100.62 ± 5.2

^a Correlation coefficients of the regression equation, ^b limit of detection, ^c limit of quantification, ^d average recoveries n = 3; $X \pm \text{SD}$ = mean \pm standard deviation. $y = ax + b$, y = area, x = lycopene (mg/10 μL) and β -Carotene concentration (mg/10 μL)

Table3

Gallic and Trolox standard curves: percentage inhibition of absorbance at 700 nm as a function of gallic concentration (gallic acid $\mu\text{g/g}$) and at 734, 515, 505 and 593 nm as a function of Trolox concentration μM and mM , respectively.

Antioxidant activity method	Equation	Correlation coefficient (r)($n=10$)	Concentration range Trolox
TPC (700 nm)	$y = 0.091 x + 0.093^a$	0.999	-
ABTS•+ (734 nm)	$y = 0.170 x + 6.761^b$	0.997	10 – 500 μM
DPPH (515 nm)	$y = 130.9 x + 4.669^b$	0.999	0.05 – 0.5 mM
DMPD (505 nm)	$y = 48.72 x + 16.66^b$	0.994	0.2 – 0.8 mM
FRAP (593 nm)	$y = 0.004 x + 0.033^b$	0.996	10 – 300 μM

^a $y = bx + a$, y = absorbance (700 nm), x = Gallic acid concentration. ^b $y = bx + a$, y = percent age inhibition, x = Trolox concentration.

Table 4

Bioactive compounds content, Total phenol content and Antioxidant capacity in several varieties tomato determined by four different tests. Values are means \pm S.D of 3 measurements. Different letters (a, b, c, d, e, f, g) in the same column indicate statistical differences ($p < 0.01$).

Sample	Lycopene (mg/100g)	B-carotene (mg/100g)	TPC ($\mu\text{g/g}$ gallic acid)	ABTS ($\mu\text{mol/g}$ Trolox eq.)	DPPH ($\mu\text{mol/g}$ Trolox eq.)	FRAP ($\mu\text{mol/g}$ Trolox eq.)	DMPD (mmol/g Trolox eq.)
Cherry 1	99.26 \pm 10.85 (a)	521.12 \pm 21.21 (a)	523.11 \pm 30.86 (a)	42.02 \pm 1.96 (a)	2.59 \pm 0.14 (a)	1.84 \pm 0.12 (a)	37.44 \pm 2.17 (a)
Cherry 2	49.00 \pm 2.56 (b)	273.73 \pm 14.75 (b)	487.52 \pm 28.53 (b)	25.22 \pm 0.64 (b)	1.42 \pm 0.05 (b)	2.12 \pm 0.31 (b)	60.52 \pm 8.12 (b)
Cherry 3	142.44 \pm 12.65 (c)	254.73 \pm 19.47(c)	153.34 \pm 10.87 (c)	9.19 \pm 0.34 (c)	0.43 \pm 0.01 (c)	0.59 \pm 0.04 (c)	22.94 \pm 5.18 (c)
Sugary	105.96 \pm 18.12 (d)	238.97 \pm 21.47 (d)	444.44 \pm 37.35 (d)	28.40 \pm 1.05 (d)	1.29 \pm 0.03 (d)	1.01 \pm 0.06 (d)	35.05 \pm 1.82 (d)
Bond (green)	16.97 \pm 1.25 (e)	97.84 \pm 15.23 (e)	172.68 \pm 21.24 (e)	12.27 \pm 0.49 (e)	0.61 \pm 0.05 (e)	0.58 \pm 0.04 (e)	18.16 \pm 4.61 (e)
Bond (red)	57.92 \pm 5.41 (f)	154.57 \pm 17.23 (f)	196.47 \pm 26.40 (f)	15.55 \pm 0.78 (f), (g)	0.63 \pm 0.02 (e), (f)	0.76 \pm 0.09 (f)	29.76 \pm 2.37 (f)
Applause	210.46 \pm 25.12 (g)	209.29 \pm 20.17 (g)	231.67 \pm 19.64 (g)	16.31 \pm 3.08 (f), (g)	0.71 \pm 0.05 (g)	0.93 \pm 0.05 (g)	27.93 \pm 4.37 (g)

Table 5

Pearson's correlation coefficients (r) between antioxidant capacity and total phenolics, measured in the tomato extract methanolic.

	TPC	ABTS	DPPH	FRAP	DMPD
TPC	1				
ABTS	,990(**)	1			
DPPH	,980(**)	,982(**)	1		
FRAP	,892(**)	,769(*)	,802(*)	1	
DMPD	,796(*)	,545	,534	,904(**)	1

* Significant at $p < 0.05$; ** Significant at $p < 0.01$.