**Table 3.** Comparison between judokas performing the lower-limb flexion-extension action in the *ippon-seoi-nage* and the ones not performing it on kinematic variables.

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
|  | ***Ippon-seoi-nage* with lower-limb action** | ***Ippon-seoi-nage* without lower-limb action** |  |  |
|  | **Mean ± SD** | **Mean ± SD** | **Between-group difference**  **(90% CI)** | **ES**  **(p-value)** |
| **Tpeak1\_accelT (ms)** | 369.93 ± 70.64 | 417.10 ± 55.04 | -47.17  (-85.65, -9.68) | -0.73  (0.09) |
| **Tpeak2\_accelT (ms)** | 816.07 ± 117.91 | 915.20 ± 103.13 | -99.13  (-175.49, -28.15) | -0.88  (0.04) |
| **Tpeak3\_accelT (ms)** | 1086.79 ± 92.22 | 1201.20 ± 111.22 | -114.41  (-187.39, -46.33) | -1.14  (0.02) |
| **Tpeak1\_gyroT (ms)** | 377.29 ± 73.99 | 440.00 ± 73.19 | -62.71  (-111.07, -17.29) | -0.85  (0.05) |
| **Tpeak2\_gyroT (ms)** | 784.07 ± 125.20 | 896.00 ± 126.32 | -111.93  (-194.56, -29.52) | -0.89  (0.04) |
| **Tpeak3\_gyroT (ms)** | 1067.50 ± 88.18 | 1186.50 ± 115.41 | -119.00  (-190.88, -50.13) | -1.19  (0.02) |
| **Max2\_accelT (G)** | 3.48 ± 1.07 | 3.34 ± 0.94 | 0.14  (-0.49, 0.76) | 0.14  (0.72) |
| **Max1\_gyroT (rad·s-1)** | 7.77 ± 1.19 | 6.71 ± 1.11 | 1.06  (0.35, 1.77) | 0.92  (0.04) |
| **Max2\_gyroT (rad·s-1)** | 10.82 ± 1.35 | 10.73 ± 1.67 | 0.09  (-0.97, 1.05) | 0.06  (0.89) |
| **Thor (ms)** | 738.00 ± 93.08 | 864.40 ± 140.82 | -126.40  (-207.34, -46.05) | -1.10  (0.03) |

Between-group difference: the mean difference between the group that performed the *ippon-seoi-nage* with lower-limb flexion-extension action and the group that performed it without the lower-limb action; ES: Hedges’s g effect size between both groups; p-value of the between-group difference.