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Corrigendum

Corrigendum to "Stay Fit, Stay Young: Mitochondria in Movement: The Role of Exercise in the New Mitochondrial Paradigm"

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In the article titled "Stay Fit, Stay Young: Mitochondria in Movement: The Role of Exercise in the New Mitochondrial Paradigm" [1], the authors would like to make a clarification by adding the following sentence to the abstract:

"The duration of maximal exercise at which equal contributions are derived from the anaerobic and aerobic energy systems appears to occur between 1 and 2 minutes and most probably around 75 seconds, a time that is considerably earlier than has traditionally been suggested."

References

[1] J. R. Huertas, R. A. Casuso, P. H. Agustín, and S. Cogliati, "Stay fit, stay young: mitochondria in movement: the role of exercise in the new mitochondrial paradigm," *Oxidative Medicine and Cellular Longevity*, vol. 2019, Article ID 7058350, 18 pages, 2019.