The effects of teamwork on critical thinking: A serial mediation analysis of the influence of work skills and educational motivation in secondary school students

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### Abstract

Social and educational realities require formative systems to be established that develop skills in students such as teamwork, critical thinking and motivational processes. These serve as basic elements that permit effective social and occupational integration. The present study proposed to establish an explanatory theoretical model and sought to compare a serial mediational model containing two variables in order to associate these variables in secondary school students. The present study also sought to analyse the direct and indirect relationships and effects produced between the variables that made up the specified model. The research design was *ex post facto* and cross-sectional. A quantitative methodology was applied, taking a single measurement from a sample of 1159 participating secondary school students from Spain.

Outcomes provide evidence that greater teamwork is related with better developed critical thinking skills. Further, greater teamwork and higher degrees of motivation increased critical thinking, whilst better conceptions of teamwork impacted upon better future work skills. Resultantly, these outcomes imply better educational motivation and higher levels of critical thinking.

Another relevant finding was the determination of the importance of mediational effects. In this regard, outcomes pertaining to teamwork were mediated by work skills and, above all, educational motivation, with mediational effects also existing in relation to critical thinking. The sequential mediation of teamwork by work skills and educational motivation was found to be less relevant, although this finding was also statistically significant and should be held in mind.

Keywords: Teamwork; critical thinking; motivation; future work skills; PROCESS

# Introduction

The transformation of social relationships and the emergence of digital settings have determined new ways of acting in society and new training needs in this regard. Social and occupational settings determine what students must learn. They dictate the strategies to be employed and the different skills to be put into action, calling on, for example, greater self-motivation, autonomy, self-regulation and effective independent learning (Schunk & Zimmerman, 2007; Zimmerman, 2008; Suárez, et al. 2016; Fraile, et al, 2020), the capacity to work in multidisciplinary teams (Maxwell, 2008; Acosta, 2011; Davies et al., 2011; Hebles et al., 2019) and critical thinking (Huber, 2020). These skills converge so that individuals are able to achieve sufficient skills to equip them as future workers (Davies, Fidler, & Gorbis, 2011).

The main aspect considered in the present study refers to the skills relevant for a future worker and their teamwork capacity. These make up the basic abilities considered relevant to what some authors denominate the industrial revolution 4.0 (Mahou & Díaz, 2018; Sukhodolov, 2019), possessing a huge impact within organisations and on the possibility to quickly, creatively and innovatively resolve issues.

Teamwork capacity implies that individuals are able to integrate themselves and interact with others in educational and occupational processes with shared goals (González & Wagenaar, 2003; Barraycoa & Lasaga, 2010; Atxurra & Villardón-Gallego, 2015). It is made up of different components such as identity and belonging to a collective or group, the interaction between members and the execution of plans to achieve goals. Thus, as proposed by Barraycoa & Lasaga (2010), this capacity can be improved by working on empathy, communication, time management or decision making. It is a basic capacity that should be worked on with students (Franco & Velásquez-Vásquez, 2000) as an element to be developed in the individual at the present time and in the future professional (Acosta, 2011). This work enables the preparation of individuals so that they can actively participate in the digital and knowledge society (González & Wagenaar, 2003, 2008). Similarly, the H2030 agenda for sustainable development considers teamwork capacity as a key element in the transformation of secondary school and vocational training studies in Spain (Ministry of Education and Vocational Training, 2019) and in Europe (European Union Council, 2018). This ability is associated with innovation and entrepreneurship, with these being eminently human qualities and drivers of social development and economic growth.

Teamwork capacity is modified by, amongst other things, motivation. This is an inherent and recurring construct in educational processes in both educational and professional fields (Hayenga, & Corpus, 2010). It serves to explain the energy that impulses individuals to perform a task and sustain this over time (Ryan, & Deci, 2020). Consideration of motivation with improve the learning process itself, strengthen teaching practice and prevent academic dropout (Núñez et al., 2010; Ryan & Deci, 2016; Patall et al., 2018 & Diseth et al., 2020). It depends on the judgements students make about the teaching process itself, in addition to whether content and teaching methods meet their needs, interests and goals (Tsyganova, et al., 2020).

The two main theories employed to explain motivation are self-determination theory (SDT, from hereon) and the motivational self system (Takahashi et al., 2020). The SDT defines motivation as, "an understanding of human motivation requires a consideration of innate psychological needs for competence, autonomy, and relatedness" (Deci & Ryan, 2000, p.277). In other words, needs are satisfied when students make their own decisions, with this influencing positively their wellbeing and, therefore, their learning, whilst also leading them to be more open to new learning approaches (Virkkula, 2020). In this way, motivation is a multidimensional construct which can be regulated in different ways (Ntoumanis, et al., 2020; Ryan & Deci, 2017; Karlen, et al., 2019). Motivational regulation is established along a continuum (Ryan & Deci, 2020) which ranges from higher to lower levels of self-determination, with this being characterised by different levels of internal and external regulation (Gillet et al., 2012; Núñez et al., 2005; Pelletier et al., 2013). Adams et al. (2017) have stated that this theory is composed by six "minitheories", with these referring to the multiple realities that influence individual motivations, cognitive evaluation, rewards and feedback, goal orientations, causality, and basic psychological needs.

Thus, it is crucial to identify the type and level student motivation and the factors that may influence its development. Namely, these factors include autonomy, social support,

teacher leadership, classroom methodology and use of materials, amongst others (Núñez et al., 2010; Utvær, & Haugan, 2016). These factors favour aspects that promote more self-determined student motivations (Hayenga & Corpus, 2010; Ryan & Deci, 2020). Recent studies, such as that described by Patall et al. (2018), highlight the need to examine motivation from a self-determination perspective as a mediator of the development of learning and the improvement of skills required by workers and citizens of the future. The other modifying component refers to the development of future work skills as a basic element that is not only predictive of the potential for future integration in the world of work (Davies, Fidler, & Gorbis, 2011) but, also, potential for present development of students in formative processes (Honicke & Broadbent, 2016) linked with self-efficacy. Self-efficacy is one of the main elements of Bandura's Social Cognitive Theory (1977, 1999, 2001). It refers to the capacity of individuals to regulate and organise their actions using their personal judgement. From an educational viewpoint, academic self-efficacy is linked with greater academic effort and performance, with the maintenance of good levels of self-efficacy being essential to ensuring success in teaching-learning processes (Putwain, Sander, & Larkin, 2013; Esmaeili, Sohrabi, Mehryar, & Khayyer, 2019). Examination of self-efficacy is, therefore, of great interest because it has enabled it to be linked with task understanding, trust and effort (Galleguillos-Herrera & Olmedo, 2017 y 2019).

All of these components come together in the generation of critical capacity. This is a trait that contemporary democratic societies demand in their citizens, with critical thinking being a key element in the development of educational contexts pertaining to secondary school and initial vocational training (Rönnlund, Ledman, Nylund & Rosvall, 2019). It can be considered as a basic skill which is key to designing not only individual critical capacity but, also, academic and vocational capacities. For this reason, it does not make any sense to separate all of these elements but, instead, to consider them as facets of the same educational outcome.

The direct link of the development of critical thinking with effective knowledge management appears to be evident. However, in addition, the development of critical thinking enables organisational strategies to be generated. These, at the same time, provide a key element in cognitive and meta-cognitive development and, therefore, facilitate better personal cognitive development and the development of higher order thinking abilities (Nussbaum, 2012).

Although critical thinking appears to be a basic requirement for all students at certain educational stages, such as university education, the complexity of its development requires addressing from early educational stages (Van der Zandem, 2020). It must be confirmed as a basic requirement for the development and progress of individuals at any educational level and, therefore, as a basic outcome of the training processes developed by teachers (Martínez, Ballester & Ibarra, 2019).

Expósito, Romero, Olmos, Chacón, & Olmedo (2019) place special emphasis on the importance of future work skills at different levels of the educational system as a key element of the success of training processes and the reach of future potential. Given that all of these variables constitute components of complex psychological and educational constructs, studies need to be conducted that demonstrate links and inter-relationships in such a way that appropriate training processes can be designed.

Thus, the present study seeks to establish the effect of teamwork on critical thinking via a multiple serial mediation analysis of work skills and educational motivation in secondary students. Analysis will enable relationships to be established between the variables conceptualised and described above in the introduction.

### Aim and research hypotheses

The present research was carried out with a view to addressing two basic research aims: (a) define an explanatory theoretical model and develop a multiple mediational model with two variables, examined in series, in order to relate educational motivation, teamwork, future work skills and critical thinking in students undertaking compulsory secondary education; and (b) analyse direct and indirect relationships and effects pertaining to the variables that make up the aforementioned model.

Similarly, the following hypotheses pertaining to the mediation analysis were formulated for the present study:

- Hypothesis 1: Greater teamwork, together with future work skills, increase critical thinking: Ind1= Twork→WSk → CThink.
- Hypothesis 2: Greater teamwork, together with a higher degree of educational motivation, increase critical thinking: Ind2 =Twork→EdMot→CThink.
- Hypothesis 3: Greater conceptions of teamwork will lead to greater future work skills which, consequently, will also imply greater educational motivation and critical thinking: Ind3= Twork→WSk→ EdMot→CThink.

# Material and methods

### Design and sample

The present study followed an ex post facto and cross-sectional design, employing a quantitative methodology which applied one single measurement. The population pertained to secondary school students (Spain), focusing on a key training stage for the basic development of students given that, at this stage (baccalaureate and training cycles), young people face hugely important transitional stages which oblige them to constantly make decisions (Álvarez-Justel & Ruiz-Bueno, 2021). Although the sample was selected intentionally, pseudorandom criteria were established by Merino et al. (2015) for natural groups were applied. Selection criteria included having to be registered for at least 60% of in-person course modules and regularly attending classes. Participants were excluded if they had any issues that impeded correct questionnaire completion.

The experimental sample was composed of a total of 1159 participants, with a mean age of 20.57 years (standard deviation = 6.75). The sample was made up of 44.6% (n=517) males and 55.4% (n=642) females who were undertaking vocational training (76.3%, n= 884) or baccalaureate studies (23.7%, n=275).

### Instruments

Collection of the data required to address the proposed research hypotheses and consider the study variables called for the use of the followed different instruments:

1. Motivation: The original educational motivation scale (EME) validated by Núñez et al. (2005) for use in the university context was employed. This scale was later adapted by Núñez et al. (2010) to the secondary school context. This questionnaire comprises 28 items which are distributed according to 7 dimensions (e.g., "5. I honestly do not know, I think I am wasting time at school"). Items are responded to along a 7-point Likert scale (1 = does not correspond to me at all; 7 = totally corresponds to me). However, the present study employed a shortened version which has been adapted for use with secondary school students in the Spanish context. As described by Expósito et al. (2021), items are distributed according to 4 dimensions: Intrinsic motivation (2, 3, 7, 11, 15 and 16), internally regulated

extrinsic motivation (5, 6, 9, 13, 18 and 19), externally regulated extrinsic motivation (1, 10 and 14) and amotivation (4, 8, 12 and 17).

- 2. Teamwork skills: The teamwork scale (ETE) (Lower et al., 2017) comprises 9 items, all of which pertain to a single dimension (e.g., 1. I believe that teamwork is important) and are rated along a Likert scale with five response options (1 = not at all true; 5 = really true). In the present study, a version adapted for use with secondary school students in the Spanish context was employed (Romero-Díaz de la Guardia et al., 2022). This tool comprises the following three factors: Teamwork ratings (1 and 2), perceptions of teamwork (3 and 10) and attitudes towards teamwork (5, 6, 7, 8 and 9).
- 3. Future work skills: The future work skills scale (SFWS-H2030) was established under premises defined by Davies et al. (2011) and adapted to the Spanish context by Expósito et al. (2019). The scale comprises 10 items which pertain to 10 basic abilities for insertion into the future workforce. Items are grouped into 4 categories corresponding to a total of 20 descriptors.
- 4. Critical thinking: The critical thinking questionnaire (Sosu, 2013) is composed of 11 items (e.g., 2. I often use new ideas to modify or give shape to the things I do). Items are responded to on a 5-point Likert scale, where 1 is "totally disagree" and 5 is "totally disagree". This questionnaire groups items into two factors: Reflective critical thinking (1, 6, 7, 8, 9, 10 and 11) and executive critical thinking (2, 3, 4 and 5).

Instruments were administered in person and in paper format. In addition to the student's tutor, a researcher associated with the project was present at all times in order to ensure correct completion of items. It serves to indicate that this process occurred without notable incidents and that, finally, all questionnaires that had been incorrectly completed (incomplete or blank responses, confusing responses, etc.) were eliminated from the study. In this regard, it serves to indicate that the present research respected students' rights to confidentiality, in addition to the ethical research norms established by the Declaration of Helsinki (1975) and later update in Brazil (2013). Further, the project obtained approval from the Ethical Committee of the University of Granada (reference number: 1678/CEIH/2020).

# Reliability and validity of the data collection instruments used in the present study

The different scales employed in the present study were duly standardised and the psychometric properties (reliability, internal consistency, and criterion and construct validity) of the compulsory items well-supported, as previously explained in an earlier section (the section pertaining to instruments). Nonetheless, here, outcomes obtained for the different administered scales are presented with regards to reliability and internal consistency (a single administration), in addition to concurrent criterion validity in the specific context of the present study. For both reliability and internal consistency, Cronbach  $\alpha$  and McDonald's  $\omega$  coefficients were calculated. For concurrent criterion validity, the corrected item-total correlation was calculated. Outcomes pertaining to both aspects are presented and commented on next:

Table. 1. Scales reliability statistics.

Scales	Cronbach's α	McDonald's ω

SFWS-H2030	0.621	0.629
CTQ	0.740	0.752
TWS	0.749	0.796
EMS	0.878	0.903

Source: Elaborated by the authors

With regards to Cronbach  $\alpha$  and McDonalds  $\omega$  reliability coefficients, obtained outcomes are revealing, demonstrating moderate internal consistency of the evaluated scales (McDonald, 1999; Katz, 2006). Specifically, the SFWS-H2030 (future work skills scale) achieved a Cronbach  $\alpha$  coefficient of 0.621 and a McDonald's  $\omega$  coefficient of 0.629. Values for the CTQ (critical thinking questionnaire) were Cronbach  $\alpha = 0.74$  and McDonald's  $\omega$  =0.752, whilst values for the TWS (teamwork scale) were Cronbach  $\alpha$ = 0.749 and McDonald's  $\omega$  =0.796. Finally, the EMS (educational motivation scale) obtained the highest internal consistency values, with a Cronbach  $\alpha$  of 0.878 and a McDonald's  $\omega$  of 0.903. From this it can be surmised, in general, that moderately high Cronbach  $\alpha$  and McDonald's  $\omega$  values emerged, suggested good internal consistency (Zumbo, Gadermann & Zeisser, 2007). Outcomes were less strong in the case of the SFWS-H2030, potentially due, in part, to the fact that the response rate was lower for this scale than for the other scales. This aspect tends to act unfavourably on reliability outcomes (Cummins & Gullone, 2000; Dillman, 2007 and Matas, 2018) and could explain why the minimum value of 0.70 required to demonstrate reliability was not reached in the case of the SFWS-H2030.

Finally, with regards to criterion validity, the item-total or item-score correlation was calculated, in other words, the correlation found between each separate item and the overall score for the scale to which it belongs. In the majority of cases, r>.35 was obtained. This indicates that the majority of the items belonging to the four examined data collection instruments individually measure the same concept at the overall scale to which they belong (internal criterion).

#### Data analysis

The tested model pertains to that denominated model 6 by Hayes (2013). This model is a mediation model in which a criterion or dependent variable is found (Y= critical thinking [Cthink]), alongside a predictor or independent variable (X = teamwork [Twork]) and two sequential mediators, or causal chain mediation (in serial) (namely, M<sub>1</sub>= work skills [WSk] and  $M_2$ = educational motivation [EdMot]). Conceptually, this type of model is denominated a multiple mediational model with two sequential variables. Graphically, the model can be represented through two different diagrams, although, in reality, they correspond to the same approximation. On the one hand, the conceptual diagram is found in which the four variables included in the model are represented as  $X, M_1, M_2$  and Y. On the other hand, the statistical diagram represents, in addition to the aforementioned variables, all of the regression coefficients ( $\beta$ ), or standardised or unstandardised slopes corresponding to the regression equations that make up the model. In the present case, 5 regression equations would be found (including the overall effect) according to their regression coefficients which are indicated by the following letters:  $a_1$ ,  $a_2$ ,  $b_1$ ,  $b_1$ ,  $d_{21}$ , cand c'. Further, the various error terms  $(e_n)$  associated with the different regression coefficients are presented, for both the intercepts or constants ( $\alpha$ ) and the slopes ( $\beta$ ).



Figure 1. Model 6. Conceptual and statistical diagrams.

Source: Elaborated by Hayes (2018).

The program PROCESS in SPSS was used to examine the mediational hypothesis proposed in the present study (v.3.5.3, Hayes, 2018). Bootstrapping was applied. This strategy considerably reduces bias derived from the failure to meet parametric norms, particularly those relating to normality and the bias caused by small sample sizes (although this was not the case in the present study). Thus, the statistical approach can be considered to provide more robust estimates (Rockwood & Hayes, 2020). The bootstrapping method is based on repeated and random sampling from the overall dataset as a way of estimating the desired statistic in each repeated round of sampling. The main advantage of this when compared to the initial method of sequential steps proposed by Baron & Kenny (1986) and the Sobel test (Preacher & Hayes, 2004), is that it is capable of providing specific estimates and confidence intervals through which it can be evaluated whether mediation effects are statistically significant or not (Hayes, 2009).

# Results

Prior to examining the proposed mediational model, the various correlations between and within the 4 variables making up the model were estimated. In other words, the bivariate correlation matrix was estimated according to Pearson correlation coefficients, highlighting in blue all correlations relating the variable critical thinking with teamwork (predictor -x-), work skills (mediator  $1 - M_1$ -) and educational motivation (mediator  $2 - M_2$ -). All remaining correlations were highlighted in red. In this regard, outcomes calculated via the program JAMOVI (The jamovi project, Sydney, Australia) were as follows:



Figure 2. Correlation matrix. Source: Elaborated by the authors

The mediational model focuses its interest only on correlations 1,4 and 5, although it can also be seen that correlations with all other variables emerged as positive and statistically significant (p<.001). Turning interest back to the proposed object of study, specifically, those correlations indicated in blue, it can be observed that the variable critical thinking is positively and significantly correlated with the teamwork variable, which acts as a predictor (r=.532, p<.001), in addition to both mediator 1 'work skills' (r=.322, p<.001) and mediator 2 'educational motivation' (r=.344, p<.001). These outcomes provide enough support for further examination of the proposed mediational hypotheses. Wellfounded arguments exist to be able to predict critical thinking from perceptions of teamwork, however, it can also be observed that both work skills and educational motivation also play an important role in this sense. For this reason, it was of interest to determine the strength of the mediational relationship for predicting this outcome. Thus, following implementation of different analytical procedures through PROCESS, outcomes obtained are presented, firstly, in relation to the different regression analyses conducted, followed by total effects model, and the total and direct effects of x on y. All were produced by employing procedure pertaining to model 6, as described above.

l able l	•	Regression	analysis	and	total	and	direct	effects	of $X$	on Y	•

Outcome variable: Work skills (WSk)							
Model summary							
R	R-sq	MSE	F	df1	df2	р	
.3013	.0908	18.2067	114.8818	1	1151	.000***	
Model	Coeff.	Se	t	р	LLCI	ULCI	
constant	22.0181	.8562	25.7168	.000***	20.3382	23.6979	

Twork	.2195	.020	)5 10	0.7183	.000***	.1793	.2596			
Regression and	alysis 1: X–	→ M1 (coeff	$(a_1)Y = \alpha + \beta_1$	$(a_1) / WSk$	$= 22.01 + .21_{two}$	rk				
Outcome variable: Educational motivation (EdMot)										
Model summary										
R	R-sq	MS	E	F	df1	df2	р			
.3586	.1286	558.0	266 84	.8565	2	1150	.000***			
Model	Coeff	Se	•	t	р	LLCI	ULCI			
constant	60.0960	5.94	78 10	0.1039	.000***					
Twork	1.3371	.118	39 11	.2483	.000***					
WSk	.4696	.163	32 2	.8780	.0041**					
Regression and	alysis 2: M1	$X \rightarrow M_2$ (co	$peff. d_{21}, a_2)$	$Y = \alpha + \beta_1 (\mathbf{d}_1)$	2)+ $\beta_2(a_2)/EdN$	4  ot = 60.09 + .46	$5_{sk} + 1.33_{twork}$			
		Outcome	variable: C	ritical thin	king (Cthink)					
			Model	summary						
R	R-sq	MS	E	F	df1	df2	р			
.5887	.3465	25.48	<b>339</b> 20	3.0922	3	1149	.000***			
Model	Coeff	Se	•	t	р	LLCI	ULCI			
constant	11.4287	1.32	65 8	.6172	.000***	8.8265	14.0309			
Twork	.4424	.026	58 16	5.5307	.000***	.3899	.4949			
WSk	.2329	.035	50 6	.6561	.000***	.1643	.3016			
EdNot	.0398	.006	63 6	.3202	.000***	.0275	.0522			
Regression and	alysis 3: M1	$M_{2}, X \rightarrow Y$	coefficients b	$b_1, b_2, c')$						
$Y = \alpha + \beta_1 (\mathbf{b}_1)_+$	$\beta_2(b_2) + \beta_3(b_2)$	(c') / Cthink	= 11.42 + .03	$3_{EdMot}$ +.23w	$V_{Sk} + .44_{Twork}$					
			TOTAL EF	FECT MOI	DEL					
	<b>Outcome variable: Critical thinking (CThink)</b>									
			Model	summary						
R	R-sq	MS	E	F	df1	df2	р			
.5424	.2942	27.47	770 47	9.7348	1	1151	.000***			
Model	Coeff.	Se	•	t	р	LLCI	ULCI			
constant	19.3631	1.05	18 18	3.4095	.000***	17.2994	21.4267			
Twork	.5509	.025	52 21	.9028	.000***	.5016	.6003			
Regression and	alysis 1: X–	→ Y (coeff.	$\mathbf{c})Y = \alpha + \beta_1 (\mathbf{c})$	c) / Cthink =	= 19.36+.55 <sub>Two</sub>	rk				
TOTAL AND DIRECT EFECT OF X ON Y										
Total effect of	X on Y									
Effect	Se	t	р	LLCI	ULCI	c_ps	c_cs			
.5509	.0252	21.9028	.000***	.5016	.6003	.0883	.5424			
Direct effect of X on Y										
Effect	Se	t	р	LLCI	ULCI	c_ps	c_cs			
.4424	.0268	16.5307	.000***	.3899	.4949	.0709	.4356			

\**p*<.05\*\**p*<.01\*\*\**p*<.001.

Level of confidence for all confidence intervals in output: 95%

Number of bootstrap samples for percentile bootstrap confidence intervals:10000.

Source: Elaborated by the authors

Following examination of data via the program PROCESS, outcomes can be observed, firstly, in relation to the different regression equations statistically sustained by model 6. In this sense, it can be seen that, in the first regression analysis  $(1: X \rightarrow M_1 (\text{coeff. a}_1)Y = \alpha + \beta_1 (a_1))$ , the variable X=Teamwork acted as the sole predictor of mediator 1 (work skills). This produced the following regression equation:  $WSk = 22.01 + .21_{Twork}$ . The  $\beta_1$  (a<sub>1</sub>) coefficient was equal to .21, with this being statistically significant (p<.001). With regards to the second regression analysis (2:  $M_1, X \rightarrow M_2$  (coeff. d<sub>21</sub>, a<sub>2</sub>)  $Y = \alpha + \beta_1 (d_{12}) + \beta_2$  (a<sub>2</sub>)), both mediator 1 (work skills) and the main predictor (teamwork) acted as predictors of moderator 2 (motivational education). This produced the following regression analysis 1, both the  $\beta_1$  (d<sub>12</sub>) coefficient was equal to .46 (p<.01) and the  $\beta_2$  (a<sub>2</sub>) coefficient was equal to 1.33 (p<.001), with both of these also being statistically significant. With

regards to regression analysis 3 (3:  $M_{1,}M_{2,}X \rightarrow Y$  (coeff.  $b_1 b_2$ , c')  $Y = \alpha + \beta_1 (b_1) + \beta_2 (b_2) + \beta_3 (c')$ ), both mediating variables (educational motivation and work skills), together with the main predictor (teamwork) acted as predictors of the criterion or dependent variable (critical thinking). The resulting regression equation was as follows: Cthink =  $11.42 + .03_{EdMot} + .23_{WSk} + .44_{Twork}$ . In a similar way to that seen with the two prior regressions, the  $\beta_1$  (b<sub>1</sub>) coefficient was equal to .03(p<.001), the  $\beta_2$  (b<sub>2</sub>) coefficient equalled .23 (p<.001) and the  $\beta_3$  (c') coefficient was equal to .44 (p<.001), with all of these being statistically significant. These outcomes appear to empirically confirm that the main predictor (teamwork) and its mediators (work skills and educational motivation) can be included as variables which may help to predict critical thinking. Finally, it can be observed that both the total effect ( $\beta$  (c)=.55 (p<.001)) and direct effect ( $\beta$  (c')=.44 (p<.001)) were also statistically significant. A diagram of the produced model in presented below.



Figure 3. Model diagram. \**p*<.05\*\**p*<.01\*\*\**p*<.001.

Source: Elaborated by the authors

Secondly, and most importantly for a mediational model, outcomes pertaining to indirect effects are presented, alongside comparisons of these effects according to binomial groups. This part of the analysis serves to confirm that, in addition to the principal predictor under consideration (teamwork), a mediating role may exist for work skills and educational motivation which is driven by the presence of lower or higher degrees of critical thinking. Outcomes pertaining to the indirect effects are as follows:

Table 2. Completely standardised indirect effect(s) of X on Y.

Type of effect	Effect	Boot_SE	Boot_LLCI	Boot_ULCI				
Total	.1068	.0145	.0785	.1354				
$Ind_1$	.0503	.0104	.0312	.0717				
Ind <sub>2</sub>	.0524	.0109	.0318	.0747				
Ind <sub>3</sub>	.0040	.0018	.0010	.0079				
Specific indirect effect contrast definition(s):								
C1 (Ind1 vs Ind2)	0021	.0161	0338	.0296				
$C_2$ (Ind <sub>1</sub> vs Ind <sub>3</sub> )	.0463	.0103	.0272	.0674				
C <sub>3</sub> (Ind <sub>2</sub> vs Ind <sub>3)</sub>	.0484	.0106	.0286	.0705				

Source: Elaborated by the authors

With regards to the first indirect effect ( $[a_1b_1]$  (ind1):  $X \rightarrow M_1 \rightarrow Y$ ), a standardised coefficient of  $\beta = .053$  was obtained associated with a standard error of se<sub>boot</sub>= .0104. Bearing in mind a 95% confidence interval, this produced a confidence interval of .0312-.0717. Considering the fact that this confidence interval does not cover the value 0, it can be concluded that outcomes of this regression analysis are statistically significant. With regards to the second indirect effect ( $[a_2b_2]$  (ind2):  $X \rightarrow M_2 \rightarrow Y$ ), a standardised coefficient of  $\beta = .052$ , se<sub>boot</sub>= .0109 and a 95% CI of .0318-.0747 was obtained. Similarly to that seen with indirect effect 1, it can also be confirmed from this second indirect effect that the regression analysis produced statistically significant outcomes given that the confidence interval does not include the value "0". Finally, with regards to the third effect ( $[a_1d_21b_2]$  (ind3):  $X \rightarrow M_1 \rightarrow M_2 \rightarrow Y$ ), outcomes of  $\beta = .004$ , se<sub>boot</sub>= .0018 and 95% CI .0010-.0079 were achieved. As with the two previously discussed cases (indirect effects 1 and 2), this third indirect effect was also proven to be statistically significant given that the confidence interval did not include the value 0.

It was also relevant, following examination of indirect effects, to determine the most important outcomes and establish whether statistically significant differences existed between them (post hoc comparisons). As can be seen in the table presented prior to the first comparison ((c1) Ind1 minus In2), an effect emerged with a standardised coefficient of  $\beta$  = -.0021, associated with seboot =.0161 and a 95% CI of -.0338-.0246. Given that the value "0" is included within the confidence interval, it can be concluded that no statistically significant differences exist between indirect effect 1 [Twork-WSk-CThink] and indirect effect 2 [Twork→EdMot→CThink]. For this motive, both indirect effects can be considered to be of similar magnitude, even though indirect effect 2 produced a slightly bigger coefficient that indirect effect 1. With regards to the second comparison ((c2) Ind1[Twork $\rightarrow$ WSk $\rightarrow$ CThink] minus In3 [Twork $\rightarrow$ WSk $\rightarrow$ EdMot $\rightarrow$ CThink]), an effect represented by the standardised coefficient  $\beta = .0463$  and associated with seboot=.0133, and 95% CI of .0272-.0674 was produced, whilst the third comparison ((c3) Ind2[Twork→EdMot→CThink] minus Ind3 [In3 Twork $\rightarrow$ WSk $\rightarrow$  EdMot $\rightarrow$ CThink]), produced a standardised coefficient of  $\beta$  = .0484, associated with seboot=.0106 and a 95%CI of .0286-.0705. In these two cases, given that the confidence intervals did not include the value "0", it can be concluded that statistically significant differences exist between these aforementioned effects. Thus, it can be concluded that sufficient empirical evidence exists to be able to consider indirect effects 1 and 2 larger than indirect effect 3.

### Discussion and conclusions of the study

It is well accepted that a close relationship exists between teamwork and critical thinking as this has been strongly demonstrated through the publication of numerous research studies (Sellnow & Ahlfeldt, 2005; Wiggs, 2011 and Plotnikova & Strukov, 2019). A of this prior research presents enough empirical evidence to allow the conclusion that teamwork is a variable that can help to promote critical thinking. Nonetheless, other variables could also be considered in a similar way alongside this variable such as, for example, motivation and teamwork. The novel contribution made by the present study is that it reaffirms the existence of this direct relationship, whilst also considering the modification of this relationship by specific variables such as work skills and educational motivation (Silva, 2021). In so doing, it places particular emphasis on this final aspect as a fundamental modifying element of the development of critical thinking (Sellnow & Ahlfeldt, 2005; Wiggs, 2011). Motivation is conceptually understood as an element or requirement of the early stages of any ongoing formative process (Ryan, & Deci, 2020 y Diseth et al., 2020). In the present study, it was shown to be a fundamental modifying aspect of the development of critical thinking which, at the same time, is considered to be one of the biggest and most demanded educational outcomes of current training processes and systems (Plotnikova & Strukov, 2019). Thus, the idea that student motivation should propose a concern for teachers at any educational stage appears to be well-founded.

With regards to the conclusions reached in the present study, it should be highlighted, firstly, that the three proposed mediational hypotheses were accepted. In this sense, sufficient empirical evidence was produced to be able to support the conclusion that, essentially, greater teamwork, together with greater future work skills, increase critical thinking: Ind1= Twork $\rightarrow$ WSk  $\rightarrow$  CThink (hypothesis 1). Further, greater teamwork, together with higher levels of educational motivation increase critical thinking: Ind2 =Twork $\rightarrow$ EdMot $\rightarrow$ CThink (hypothesis 2). Finally, greater conceptions of teamwork influenced future work skills which, as a result, also led to higher levels of educational motivation and, finally, greater critical thinking: Ind3=Twork $\rightarrow$ WSk $\rightarrow$ EdMot $\rightarrow$ CThink (hypothesis 3).

Another important aspect to highlight is that the most important of the three mediational effects established was determined. In this regard, it was possible to confirm that sufficient empirical evidence exists for indirect effects 1 and 2 to be able to be considered meaningfully larger than indirect effect 3. With regards to the comparison of indirect effects 1 and 2, despite there not being any differences between them, effect 2 can be considered slightly bigger than effect 1. It can be concluded, therefore, that when teamwork is essentially mediated by work skills and, above all, by educational motivation, a large modifying effect exists in relation to critical think. The sequential mediation found to act on teamwork, when exerted to in-chain mediation by work skills and educational motivation was less relevant, although this mediation was found to be statistically significant and should be considered.

**Funding:** Project I+D+i , PID2020-119194RB-I00 <u>finance</u> by MCIN/AEI. "Programa Estatal de Generación de Conocimiento y Fortalecimiento Científico y Tecnológico del Sistema de I+D+i y del Programa Estatal de I+D+i Orientada a los Retos de la Sociedad, en el marco del PlanEstatal de Investigación Científica y Técnica y de Innovación 2017-2020".

### **CRediT** authorship contribution statement

**Clemente Rodríguez-Sabiote:** Data curation, Writing – original draft, Software, Validation, Investigation, Visualization, Writing – review & editing. **Eva María Olmedo-Moreno:** Conceptualization, Methodology, Investigation, Visualization, Writing – review & editing- funding. **Jorge Expósito-López:** Conceptualization, Methodology, Investigation, Visualization, Writing – review & editing.

### Ethics approval

The studio has implemented all necessary ethical approvals.  $n^{\circ}$ : 1858/CEIH/2020

#### **Declaration of Competing Interests**

The authors declare no competing interests.

### **Consent to participate**

The authors consent to participate.

### **Consent for publication**

The authors consent to the publication.

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