

1 Nonlinear torsional wave propagation in cylindrical  
2 coordinates to assess biomechanical parameters.

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10 **Abstract**

11 A formulation in cylindrical coordinates of the nonlinear torsional wave propaga-  
12 tion on a hyperelastic material characterized by Hamilton’s strain energy function is  
13 proposed. The objective of this formulation is to study and assess soft tissues, tak-  
14 ing into account both geometrical and physical nonlinearity. Specifically, this work  
15 analyzes the propagation of torsional shear waves through an isotropic axisymmetric  
16 medium, so the only non-zero velocity component is associated with the angular co-  
17 ordinate. To transform the equations from Cartesian to cylindrical coordinates, the  
18 covariant and contravariant transformations are employed.

19 A transverse torsional wave propagating through a quasi-incompressible hydrogel  
20 from the emitter to the receiver is considered. As the close form solution is not straight-  
21 forward, a numerical simulation using the Finite Difference Time Domain method is  
22 performed. The results are obtained for a realistic range of wave frequencies and  
23 nonlinear parameters for medical applications.

24 **1 Introduction**

25 Linear elasticity is a simplified version of nonlinear elasticity, which is valid for certain  
26 problems where nonlinear terms are negligible. Geometrical nonlinearity is useful when  
27 the strains of the deformable solid subjected to external stresses are no longer small, these  
28 terms become relevant and the linear theory is not valid. Additionally, the physical or  
29 constitutive nonlinearity associated with the material properties arises when the relation-  
30 ship between stresses and strains is not linear. For the purpose of correctly developing  
31 this formulation, both nonlinearities must be considered.

32 Landau and Lifshitz proposed in one exercise in 1956 to obtain nonlinear motion equa-  
33 tions from the relation between the internal elastic energy function and the stress tensor  
34 [?]. Goldberg in 1961 and Zarembo in 1966 solved in parallel the problem defining a strain  
35 energy function [?, ?]. Afterwards, the Third Order Elastic Constants (TOEC) were for-  
36 mulated and the invariants of the Green-Lagrange strain tensor defined by Eringen *et al.*  
37 in 1974 [?].

38 Zaremba was first to measure experimentally in 1971 the TOEC for some metals and  
39 crystals [?]. In 1988, Hamilton obtained the experimental  $B/A$  parameter for liquids and  
40 tissues [?]. Hamilton and Zabolotskaya, motivated by the work of Catheline *et al.* [?] who  
41 measured the TOEC proposed by Landau and Lifshitz, presented a new formulation of  
42 the fourth order strain energy function for an isotropic medium [?]. In case of tissue-like  
43 media, it is practically incompressible and the strain energy function may be simplified.  
44 Destrade and Ogden in 2010 expanded to the fourth order Landau's strain energy function  
45 and determined the exact behavior of the second, third and fourth order elastic constants  
46 in the incompressible limit of isotropic materials using the logarithmic strain measure [?].

47 The nonlinear elastic theory has aroused a huge interest in the study of nonlinear  
48 materials, including hard and soft tissues [?, ?, ?, ?]. The investigation in shear and  
49 longitudinal waves propagation in soft tissues began in 1952 in hand of Henning von  
50 Gierke [?]. The ultrasonic imaging in soft tissues started in the 80s decade when Fujimoto  
51 *et al.* described the use of dynamic tests to ultrasonically estimate the compressibility and  
52 mobility of breast tumors [?].

53 Ultrasonic shear waves have been used by many authors in order to measure the linear  
54 and nonlinear elastic properties of hyperelastic materials such as tissues. The Static Elas-  
55 tography, originally proposed by Ophir *et al.* [?], has been successfully used to measure  
56 nonlinear properties of vascular tissues or malignant and benign tumors of breast tis-  
57 sues [?, ?, ?, ?]. Nevertheless, the results of this method are not satisfactory for organs or  
58 tissues which are deep or difficult to compress as the strain profile may be uncertain. The  
59 Transient Elastography introduced by Stefan Catheline [?] has been used, for example,  
60 to diagnose cirrhosis [?] and for assessment of hepatic fibrosis [?]. The Supersonic Shear  
61 Imaging (SSI) technique, presented in 2004 by Bercoff and Tanter [?], has also been used  
62 to obtain the third and fourth order constants,  $A$  and  $D$ , respectively, of pig brain tissue or  
63 human breast tissue. However, these studies were limited to *ex vivo* experiments [?, ?, ?].

64 Recent research focuses on the propagation of torsional waves due to the limitations of  
65 shear and compressional waves [?]. First, this type of wave can propagate by quasi-fluids  
66 media and, since it propagates at the S-wave speed  $c_s$ , it is more sensitive to consistency  
67 changes caused, for example, by tumors [?, ?]. Second, the variations of mechanical para-  
68 meters are more sensitive in the regime of low energy where this wave is generated. Finally,  
69 torsional movement does not generate secondary interfering P-waves at the boundary of  
70 the transducer where pure shear waves are difficult to create [?, ?]. A torsional ultrasonic  
71 transducer has been used to measure nonlinear parameters of ligament tissue and the shear  
72 modulus of cervical tissue in pregnant women [?, ?]. These results and prospects justify  
73 the selection of torsional waves in this study for nonlinear soft tissue analysis.

74 The goal of this paper is to elaborate a new formulation in cylindrical coordinates of a  
75 nonlinear torsional wave propagating on a hyperelastic material defined by the Hamilton's  
76 strain energy function. While the quadratically nonlinear propagation of the torsional  
77 wave on a hyperelastic material has been studied [?], the consideration of all nonlinear  
78 terms in the equations has not, to our knowledge, yet been included. By considering all  
79 nonlinear terms allows to understand the behavior of the material in a more reliable way.

80 As the nonlinear equations obtained are complex, numerical techniques must be used  
81 to solve them. In particular, the Finite Difference Time Domain (FDTD) method is used  
82 in the numerical simulations [?]. As a result, the displacement is obtained for both realistic  
83 ranges of torsional wave frequencies and nonlinear constants of the hyperelastic tissue-like

84 material for medical applications.

## 85 2 Theoretical background

86 The Green-Lagrange strain tensor that governs the elasticity is defined in index nota-  
87 tion as,

$$\varepsilon_{ij} = \frac{1}{2}(u_{i,j} + u_{j,i} + u_{l,i}u_{l,j}) \quad (1)$$

88 where the third term in Equation 1 is related with geometrical nonlinearity. The physical  
89 nonlinearity is here focused on hyperelastic materials, in which the strain energy function  
90  $\mathcal{W}$  is defined per unit reference (undeformed) volume and acts as potential of the stress.

91 The strain energy function is defined following the expression by Landau and Lifshitz  
92 [?],

$$\mathcal{W} = \frac{\lambda}{2}I_1^2 + \mu I_2 + \frac{A}{3}I_3 + BI_1I_2 + \frac{C}{3}I_1^3 \quad (2)$$

93 where  $\mu$  and  $\lambda$  are the Lamé constants and  $A$ ,  $B$  and  $C$  are the TOEC.  $I_1$ ,  $I_2$  and  $I_3$  are  
94 the invariants of the Green-Lagrange strain tensor defined by Eringen *et al.* in 1974 [?],

$$\begin{aligned} I_1 &= \text{tr } \boldsymbol{\varepsilon} = \varepsilon_{ii} \\ I_2 &= \text{tr } \boldsymbol{\varepsilon}^2 = \varepsilon_{ij}\varepsilon_{ji} \\ I_3 &= \text{tr } \boldsymbol{\varepsilon}^3 = \varepsilon_{ij}\varepsilon_{jl}\varepsilon_{li} \end{aligned} \quad (3)$$

95 The expansion to fourth order of the energy density is necessary when the nonlinear ef-  
96 fects in shear waves are considered. This is because for incompressible media, nonlinearity  
97 at third order is missing in the particle displacement [?]. This expansion is characterized  
98 by four new terms, yielding,

$$\mathcal{W} = \frac{\lambda}{2}I_1^2 + \mu I_2 + \frac{A}{3}I_3 + BI_1I_2 + \frac{C}{3}I_1^3 + DI_2^2 + EI_1I_2 + FI_1^2I_2 + GI_1^4 \quad (4)$$

99 where  $D$ ,  $E$ ,  $F$  and  $G$  are the Fourth Order Elastic Constants (FOEC).

100 When the case of quasi-incompressible soft tissue media is analyzed, where  $\lambda \gg \mu$ ,  
101 the strain energy function is simplified to,

$$\mathcal{W} = \mu I_2 + \frac{1}{3}AI_3 + DI_2^2 \quad (5)$$

102 where  $A$  and  $D$  are the third and fourth order elastic constants, respectively [?].

### 103 2.1 Nonlinear torsional waves in isotropic cylindrical coordinates

104 This paper focuses on the analysis of a transverse torsional wave propagating along  
105 an isotropic cylindrical reference system. This problem is expected to be expressed in  
106 cylindrical coordinates because of the following reason. As the  $OZ$  axis is an axis of sym-  
107 metry, this configuration is axilsymmetric. Hence, deriving the formulation in cylindrical  
108 coordinates has the advantage of solving 3D problems by 2D equations. In this case, the  
109 configuration only depends on the velocity of the angular coordinate  $\theta$ , and the velocity

110 in the two others components are negligible [?]. For the mathematical derivation, the  
 111 covariant and contravariant coordinates are used. The use of these coordinates is justified  
 112 for simplifying the formulation. In this manner, the transformation of the momentum  
 113 equation from the Cartesian coordinate system to the cylindrical coordinate system is  
 114 carried out in a more straightforward way.

115 The covariant basis, denoted as  $\mathbf{g}_i$ , and the contravariant basis,  $\mathbf{g}^i$ , for the cylindrical  
 116 coordinate system, can be calculated using the following expressions,

$$\mathbf{g}_i = \frac{\partial x^1}{\partial \xi^i} \mathbf{e}_1 + \frac{\partial x^2}{\partial \xi^i} \mathbf{e}_2 + \frac{\partial x^3}{\partial \xi^i} \mathbf{e}_3 \quad (6)$$

$$\mathbf{g}^i = \frac{\partial \xi^i}{\partial x^1} \mathbf{e}^1 + \frac{\partial \xi^i}{\partial x^2} \mathbf{e}^2 + \frac{\partial \xi^i}{\partial x^3} \mathbf{e}^3 \quad (7)$$

117 where  $\xi^i$  is the cylindrical coordinate  $i$  and  $x^1, x^2, x^3$  are the Cartesian coordinates with  
 118 fixed orthonormal base vectors  $\mathbf{e}^1, \mathbf{e}^2, \mathbf{e}^3$ , respectively. The two coordinate systems are  
 119 related according to,

$$\xi^1 = r = \sqrt{(x^1)^2 + (x^2)^2} \quad (8)$$

$$\xi^2 = \theta = \arctan \frac{x^2}{x^1} \quad (9)$$

$$\xi^3 = z = x^3 \quad (10)$$

$$x^1 = r \cos \theta \quad (11)$$

$$x^2 = r \sin \theta \quad (12)$$

$$x^3 = z \quad (13)$$

120 By substituting Equations 8-13 into Equations 6 and 7,

$$\begin{aligned} \mathbf{g}_1 &= \frac{\partial x^1}{\partial \xi^1} \mathbf{e}_1 + \frac{\partial x^2}{\partial \xi^1} \mathbf{e}_2 + \frac{\partial x^3}{\partial \xi^1} \mathbf{e}_3 = \cos \theta \mathbf{e}_1 + \sin \theta \mathbf{e}_2 + 0 \mathbf{e}_3 \\ \mathbf{g}_2 &= \frac{\partial x^1}{\partial \xi^2} \mathbf{e}_1 + \frac{\partial x^2}{\partial \xi^2} \mathbf{e}_2 + \frac{\partial x^3}{\partial \xi^2} \mathbf{e}_3 = -r \sin \theta \mathbf{e}_1 + r \cos \theta \mathbf{e}_2 + 0 \mathbf{e}_3 \\ \mathbf{g}_3 &= \frac{\partial x^1}{\partial \xi^3} \mathbf{e}_1 + \frac{\partial x^2}{\partial \xi^3} \mathbf{e}_2 + \frac{\partial x^3}{\partial \xi^3} \mathbf{e}_3 = 0 \mathbf{e}_1 + 0 \mathbf{e}_2 + 1 \mathbf{e}_3 \end{aligned} \quad (14)$$

121 and,

$$\begin{aligned} \mathbf{g}^1 &= \frac{\partial \xi^1}{\partial x^1} \mathbf{e}^1 + \frac{\partial \xi^1}{\partial x^2} \mathbf{e}^2 + \frac{\partial \xi^1}{\partial x^3} \mathbf{e}^3 = \frac{x^1}{r} \mathbf{e}^1 + \frac{x^2}{r} \mathbf{e}^2 + 0 \mathbf{e}^3 \\ \mathbf{g}^2 &= \frac{\partial \xi^2}{\partial x^1} \mathbf{e}^1 + \frac{\partial \xi^2}{\partial x^2} \mathbf{e}^2 + \frac{\partial \xi^2}{\partial x^3} \mathbf{e}^3 = -\frac{x^2}{r^2} \mathbf{e}^1 + \frac{x^1}{r^2} \mathbf{e}^2 + 0 \mathbf{e}^3 \\ \mathbf{g}^3 &= \frac{\partial \xi^3}{\partial x^1} \mathbf{e}^1 + \frac{\partial \xi^3}{\partial x^2} \mathbf{e}^2 + \frac{\partial \xi^3}{\partial x^3} \mathbf{e}^3 = 0 \mathbf{e}^1 + 0 \mathbf{e}^2 + 1 \mathbf{e}^3 \end{aligned} \quad (15)$$

122 The metric tensor is obtained as the dot product of the covariant and the contravariant  
 123 base vectors. For the cylindrical coordinate system, the covariant and the contravariant

124 components of the metric tensor are defined in Equations 16 and 17, respectively.

$$g_{ij} = g_i \cdot g_j = \begin{bmatrix} 1 & 0 & 0 \\ 0 & r^2 & 0 \\ 0 & 0 & 1 \end{bmatrix} \quad (16)$$

$$g^{ij} = g^i \cdot g^j = \begin{bmatrix} 1 & 0 & 0 \\ 0 & \frac{1}{r^2} & 0 \\ 0 & 0 & 1 \end{bmatrix} \quad (17)$$

125 The Christoffel symbols of the second kind represent the coefficients of the Levi-Civita  
126 connection [?]. Since this connection has zero torsion, the Christoffel symbols are sym-  
127 metric relative to the lower indices, i.e.,  $\Gamma_{ij}^k = \Gamma_{ji}^k$ . In cylindrical coordinates, the only  
128 non-zero Christoffel symbols are given in Equations 18 and 19 [?],

$$\Gamma_{22}^1 = -r \quad (18)$$

$$\Gamma_{12}^2 = \Gamma_{21}^2 = \frac{1}{r} \quad (19)$$

129 Using the above formulation, the strain tensor of the benchmark problem can be de-  
130 rived. For this purpose, first, the expression of the displacements is obtained. The covari-  
131 ant components of the displacement vector are,

$$u_1 = u_r = 0 \quad u_2 = ru_\theta(r, z) \quad u_3 = u_z = 0 \quad (20)$$

132 and the contravariant components,

$$u^1 = u_r = 0 \quad u^2 = \frac{1}{r}u_\theta(r, z) \quad u^3 = u_z = 0 \quad (21)$$

133 being  $u_\theta$  the angular displacement. The Green-Lagrange strain tensor of Equation 1 can  
134 be evaluated using the covariant derivatives of the covariant and contravariant components  
135 of the displacement vector, according to the expression [?],

$$\varepsilon_{ij} = \frac{1}{2} \left[ \nabla_i u_j + \nabla_j u_i + \nabla_i u_k \nabla_j u^k \right] \quad (22)$$

136 where the covariant derivative of the covariant components and the covariant derivative of  
137 the contravariant components are computed following the Equations 23 and 24 respectively  
138 [?],

$$\nabla_i u_j = \frac{\partial u_j}{\partial \xi^i} - u_k \Gamma_{ji}^k \quad (23)$$

$$\nabla_i u^k = \frac{\partial u^k}{\partial \xi^i} + u^j \Gamma_{ji}^k \quad (24)$$

139 The Green-Lagrange strain tensor in cylindrical coordinates is obtained by replacing  
140 the displacements (Equations 20-21) into the Equation 22. This tensor is defined with  
141 respect to the undeformed position vector coordinates, so-called Lagrangian coordinate.  
142 The Green-Lagrange strain tensor has the following expression,

$$\varepsilon_{ij} = \begin{bmatrix} \frac{1}{2}u_{\theta,r}^2 & \frac{1}{2}(ru_{\theta,r} - u_\theta) & \frac{1}{2}u_{\theta,r}u_{\theta,z} \\ \frac{1}{2}(ru_{\theta,r} - u_\theta) & \frac{1}{2}u_\theta^2 & \frac{1}{2}ru_{\theta,z} \\ \frac{1}{2}u_{\theta,r}u_{\theta,z} & \frac{1}{2}ru_{\theta,z} & \frac{1}{2}u_{\theta,z}^2 \end{bmatrix} \quad (25)$$

143

### 144 3 Motion equation for the nonlinear torsional wave

145 Since the Green-Lagrange strain tensor is defined in the Lagrangian configuration, the  
 146 stress tensor used to define the constitutive equation must also be defined in Lagrangian  
 147 coordinates. In this study, the *second Piola-Kirchhoff* stress tensor,  $\mathcal{S}$ , is considered for  
 148 this purpose. The constitutive equation allows obtaining the stresses as a function of the  
 149 displacements. Introducing them into the momentum equation gives as result the balance  
 150 of momentum equation written in terms of the displacements. The starting point is the  
 151 momentum equation in Lagrangian coordinates, which is defined as follows [?],

$$\rho \frac{\partial \mathbf{v}}{\partial t} = \rho \mathbf{g} + \nabla \cdot \mathcal{T}^T \quad (26)$$

152 where  $\frac{\partial \mathbf{v}}{\partial t}$  is the acceleration in the Lagrangian configuration,  $\rho$  is the density,  $\mathbf{g}$  are the  
 153 body forces and  $\mathcal{T}$  is the *first Piola-Kirchhoff* stress tensor. This equation can be rewritten  
 154 in index notation as follows, where upper case indices have been considered to refer to an  
 155 orthonormal base,

$$\rho \frac{\partial^2 u_J}{\partial t^2} = \rho g_J + \frac{\partial \mathcal{T}_{IJ}}{\partial X_I} \quad (27)$$

156 where  $X_I$  denotes the Lagrangian coordinate  $I$ . The main drawback of the first Piola-  
 157 Kirchhoff stress tensor,  $\mathcal{T}$ , is that it is not symmetric.

158 To restore the symmetry, the *second Piola-Kirchhoff* stress tensor,  $\mathcal{S}$ , is introduced as,

$$\mathcal{S}_{IJ} = F_{IK}^{-1} \mathcal{T}_{KJ} = \det(F) F_{IK}^{-1} \sigma_{KP} F_{JP}^{-1} \quad (28)$$

159 where  $F$  is the deformation gradient, which is defined as  $F_{IJ} = \frac{\partial x_I}{\partial X_J}$  and  $\sigma_{KP}$  is the Cauchy  
 160 stress tensor.

161 The covariant and contravariant components are introduced herein to simplify the  
 162 following mathematical procedure. Neglecting volumetric forces, Equation 27 is expressed  
 163 using the contravariant components of  $\mathcal{T}$  as [?],

$$\rho \frac{\partial^2 u^k}{\partial t^2} = \nabla_i \mathcal{T}^{ik} \quad (29)$$

164 where  $\nabla_i \mathcal{T}^{ik}$  is the divergence of the first Piola-Kirchhoff written in index notation. From  
 165 Equation 28, the first and the second Piola-Kirchhoff stress tensors are related in terms  
 166 of the contravariant components via the following equation,

$$\mathcal{T}^{ik} = F_j^i \mathcal{S}^{jk} = \left( \frac{\partial x^i}{\partial X_j} \right) \mathcal{S}^{jk} = \left( \frac{\partial (X^i + u^i)}{\partial X_j} \right) \mathcal{S}^{jk} = \left( \delta_j^i + \frac{\partial u^i}{\partial X_j} \right) \mathcal{S}^{jk} \quad (30)$$

167 By substituting the relation above into the Equation 29, the motion equation in the  
 168 contravariant basis in the Lagrangian configuration is obtained,

$$\nabla_i \left[ \left( \delta_j^i + \nabla_j u^i \right) \mathcal{S}^{jk} \right] = \rho \frac{\partial u^k}{\partial t^2} \quad (31)$$

169 This is the compact form of the momentum equation expressed in the Lagrangian  
 170 configuration. To expand the equation, several previous steps are required. The covariant  
 171 derivative of the contravariant components is calculated by using the Equation 24. The



191 The Equation 37 represents the nonlinear torsional wave motion equation expressed in  
 192 cylindrical coordinates. This new mathematical formulation considers for the first time all  
 193 the nonlinear terms of the equation associated with finite strains. To obtain the equation  
 194 in terms of the displacements, it is necessary to calculate  $\mathcal{S}$ . This final step is achieved by  
 195 employing the strain energy function.

### 196 3.1 Strain energy function

197 As mentioned in Section 1, hyperelastic materials are those with a strain energy func-  
 198 tion,  $\mathcal{W}$ , such that the stress can be calculated as the derivative of the strain energy per  
 199 unit undeformed volume, such that,

$$\mathcal{S}^{ij} = \frac{\partial \mathcal{W}}{\partial \varepsilon_{ij}} \quad (38)$$

200 Apart from Landau and Hamilton, several authors, like Rivlin and Ogden, have pro-  
 201 posed their own strain energy function [?, ?]. However, the choice of the Hamilton's  
 202 function is justified due to the quasi-incompressible behavior of the soft tissue, due to  
 203 their fluid content. In addition, this strain energy function has two additional advantages.  
 204 First, it has only two non-linear coefficients, which makes it simpler to obtain them by  
 205 experimental testing. Second, several authors have studied this strain energy function for  
 206 non-linear waves in incompressible solids with successful results [?].

207 Hamilton's strain energy function was defined in Equation 5. The constitutive relation,  
 208 considering the Hamilton's strain energy, is obtained by replacing Equation 5 into the  
 209 Equation 38, yielding,

$$\mathcal{S}^{ij} = \mu \frac{\partial I_2}{\partial \varepsilon_{ij}} + \frac{1}{3} A \frac{\partial I_3}{\partial \varepsilon_{ij}} + 2DI_2 \frac{\partial I_2}{\partial \varepsilon_{ij}} \quad (39)$$

210 where the second and the third invariant are defined in terms of the covariant components  
 211 of the Green-Lagrange strain tensor as,

$$\begin{aligned} I_2 &= \varepsilon_{im} \varepsilon_{nk} g^{ik} g^{nm} = \varepsilon_{11}^2 + 2\varepsilon_{13}^2 + \varepsilon_{33}^2 + 2\frac{\varepsilon_{12}^2}{r^2} + 2\frac{\varepsilon_{23}^2}{r^2} + \frac{\varepsilon_{22}^2}{r^4} \\ I_3 &= \varepsilon_{pm} \varepsilon_{in} \varepsilon_{kq} g^{im} g^{pq} g^{kn} = \varepsilon_{11}^3 + 3\varepsilon_{11}\varepsilon_{13}^2 + 3\varepsilon_{13}^2\varepsilon_{33} + \varepsilon_{33}^3 + \frac{3\varepsilon_{11}}{r^2}\varepsilon_{12}^2 + \\ &\quad + \frac{6\varepsilon_{12}}{r^2}\varepsilon_{13}\varepsilon_{23} + \frac{3\varepsilon_{33}}{r^2}\varepsilon_{23}^2 + \frac{3\varepsilon_{22}}{r^4}\varepsilon_{12}^2 + \frac{3\varepsilon_{22}}{r^4}\varepsilon_{23}^2 + \frac{\varepsilon_{22}^3}{r^6} \end{aligned} \quad (40)$$

212 As  $\varepsilon_{ij}$  is known,  $I_2$  and  $I_3$  can be determined in terms of the displacements. Equation  
 213 39 represents the constitutive relation between the second Piola-Kirchhoff stress tensor  
 214 and the Green-Lagrange strain tensor. This nonlinear equation is related to the phys-  
 215 ical nonlinearity. In this manner, both geometrical and physical nonlinearity are here  
 216 considered.

217 Finally, as Equation 37 is written in cylindrical coordinates, the constitutive relation  
 218 (Equation 39) must also be expressed in this system. To this effect, the relationships  
 219 between contravariant and cylindrical components of  $\mathcal{S}$  are used (Equations 36). In Ap-  
 220 pendix A, the components of  $\mathcal{S}$  expressed in the cylindrical coordinate system are detailed.  
 221 By replacing those components of the stress tensor into the Equation 37, the partial dif-  
 222 ferential equation would be obtained in terms of the displacements.



223 However, to calculate the close form solution is not possible because the resulting  
 224 equation is not mathematically treatable at this time. In addition, the boundary conditions  
 225 of the problem are expressed in a more straightforward manner in terms of velocities and  
 226 stresses. For these two reasons, Equation 37 is considered to be solved.

## 227 4 Numerical results

228 The difficulty of finding the close form solution makes it necessary to use numerical  
 229 methods. The variant of the Finite Difference Method, the so-called Finite Difference  
 230 Time Domain, is used in this study to compute the approximate solution of the problem  
 231 [?]. This method is detailed in Appendix B.

232 The problem, depicted in Figure 1a, consists in a nonlinear torsional wave propagating  
 233 through a tissue-like material from an emitter to a receiver, made with PLA (Polylactic  
 234 Acid) [?]. As tissue-like material, hydrogel has been considered because its mechanical  
 235 properties are similar to those of a soft tissue. As the configuration is axilsymmetric, the  
 236 3D problem can be solved as a 2D problem (coordinates  $r$  and  $z$ ) what allows reducing  
 237 the computational cost. Besides, the symmetry of the configuration allows dealing with  
 238 only half of the problem. To simplify the problem, both spatial dimensions have the same  
 239 resolution. The spatial resolution ( $\Delta r = \Delta z$ ) is established according to stability condi-  
 240 tions. To ensure an adequate representation, 20 elements per wavelength are considered,  
 241 according to Gomez *et al.* [?],

$$20 \cdot \max \{ \Delta r, \Delta z \} < \lambda_{\min} \quad (41)$$

242 where  $\Delta r = \Delta z$  are the spatial resolutions and  $\lambda_{\min}$  is the wavelength. A spatial spacing  
 243  $\Delta r = \Delta z = 50 \cdot 10^{-5}$  m is considered. Once the spatial resolution has been set, the next  
 244 is to determine the time step. For stability reasons, the Courant-Friedrich-Lewy (CFL)  
 245 condition is used [?],

$$\max(c_s) \cdot \Delta t < \left[ \frac{1}{\Delta r^2} + \frac{1}{\Delta z^2} \right]^{-\frac{1}{2}} \quad (42)$$

246 where  $c_s$  is the shear wave velocity. The temporal resolution is determined:  $\Delta t = 2.5 \cdot$   
 247  $10^{-5}$  s. The duration of the simulation must be long enough to ensure that all the cycles of  
 248 the excitation signal are recorded at the receiver. To this effect, a duration of  $t_{\text{time}} = 0.01$  s  
 249 and 400 time steps are considered.

250 The thickness of the emitter, the hydrogel and the receiver are  $t_e = 2.1 \cdot 10^{-3}$  m,  
 251  $t_h = 3.4 \cdot 10^{-3}$  m and  $t_{\text{PLA}} = 2 \cdot 10^{-3}$  m, respectively. The size of domain at the  $z$  and  $r$   
 252 direction are  $zS = 15 \cdot 10^{-3}$  m and  $rS = 18 \cdot 10^{-3}$  m, respectively. The magnitude  $rS$  has  
 253 been chosen to ensure that the torsional device is not larger than the domain.

254 The tissue-like hydrogel has the following parameters: density,  $\rho = 1000$  kg/m<sup>3</sup> and  
 255 shear stiffness,  $\mu = 3610$  Pa. With this value of  $\mu$ , the shear wave velocity is similar  
 256 to that of soft tissue (1.8 - 2 m/s). The nonlinear parameters  $A$  and  $D$  have not been  
 257 experimentally determined for many materials. As there is a lack of information about  
 258 their values, those calculated by Renier *et al.* for the gelatin are taken as reference [?].

259 The boundary conditions are expressed in terms of velocities and stresses since the  
 260 problem is formulated in these variables. Geometrical and mechanical symmetries have

DOMAIN

DOMAIN

a)

b)

Figure 1: a) Representation of the domain where symmetry has been considered and b) boundary conditions of the numerical simulation.

261 been taken into account. Thus, the symmetry axis (boundary A in Figure 1b) must be  
262 fixed, i.e., the velocity is  $\dot{u}_\theta = 0$ . Along the free boundaries (see boundaries C and E in  
263 Figure 1b), the displacements are permitted without any constraint and no stresses are  
264 created. In these boundaries the components of the second Piola-Kirchhoff stress tensor  
265 are nil. In the contact between the receiver and the hydrogel (boundary D in Figure  
266 1b), experimental results with a high-speed camera using particles on the surface of the  
267 hydrogel have proved that these particles remain motionless. Therefore, the velocity is  
268  $\dot{u}_\theta = 0$ . The propagation of the signal cannot be simulated indefinitely along the space.  
269 An issue arises when analyzing open space regions where the simulation domain must  
270 be limited. In this case, the boundary conditions, called *Radiation Boundary Conditions*  
271 (RBC) or *Absorbing Boundary Conditions* (ABC), are established to simulate the open  
272 space. In this work, to ensure that the boundary does not reflect the wave, an ABC has  
273 been considered in those boundaries where the stress is equal to zero and the wave can  
274 be reflected. [REDACTED]

275 [REDACTED]  
276 [REDACTED]  
277 [REDACTED]  
278 [REDACTED].

279 Finally, the signal excitation (boundary B in Figure 1b) is implemented. To study the  
280 influence of the excitation signal, the tissue will be excited at three different frequencies.  
281 These three frequencies are 500 Hz, 1500 Hz and 2000 Hz. To excite the nonlinear terms,  
282 it is necessary to repeat the signal for a minimum number of cycles. Experimentally, it  
283 has been found that at least six or eight cycles are required to capture nonlinearity. Eight  
284 cycles have been considered in this study. In order to simplify the signal, it has been  
285 assumed to be sinusoidal.

#### 286 4.1 Analysis of results

287 The solution for different excitation frequency values were obtained. Figure 2 shows  
288 the displacement  $u_\theta$  at the contact between the receiver and the hydrogel for the three  
289 frequencies. The displacement is calculated as the mean of the displacements recorded at  
290 all nodes on the line of contact between the receiver and the hydrogel. These displacements

291 are calculated by multiplying the velocity by the time increment. All the simulations had  
 292 a computational time of approximately 60 seconds with a 1.7 GHz processor. The linear  
 293 propagation is also represented for comparison purposes. The linear and the nonlinear  
 294 solutions have a very similar behavior as the two curves follow the same trend. It can be  
 295 observed that the curves associated with 500 Hz have very close values to each other and  
 296 when the frequency of the excitation increases to 1500 Hz, the maximum values of both  
 297 curves are distanced in the order of  $4 \mu\text{m}$ . When the excitation frequency increases to  
 298 2000 Hz the differences decrease again. Therefore, the similarity between the linear and  
 299 the nonlinear solution increases and decreases in a way that is not proportional to the  
 300 excitation frequency.

301 It can be noticed that the nonlinear curve does not have a purely sinusoidal behavior  
 302 as the linear curve does. Conversely, the ridges and valleys are slightly sloping, which  
 303 is normal because of its nonlinear nature. The Fast Fourier Transform (FFT) algorithm  
 304 has been used to obtain the solution in the frequency domain. The main remark about  
 305 the fr

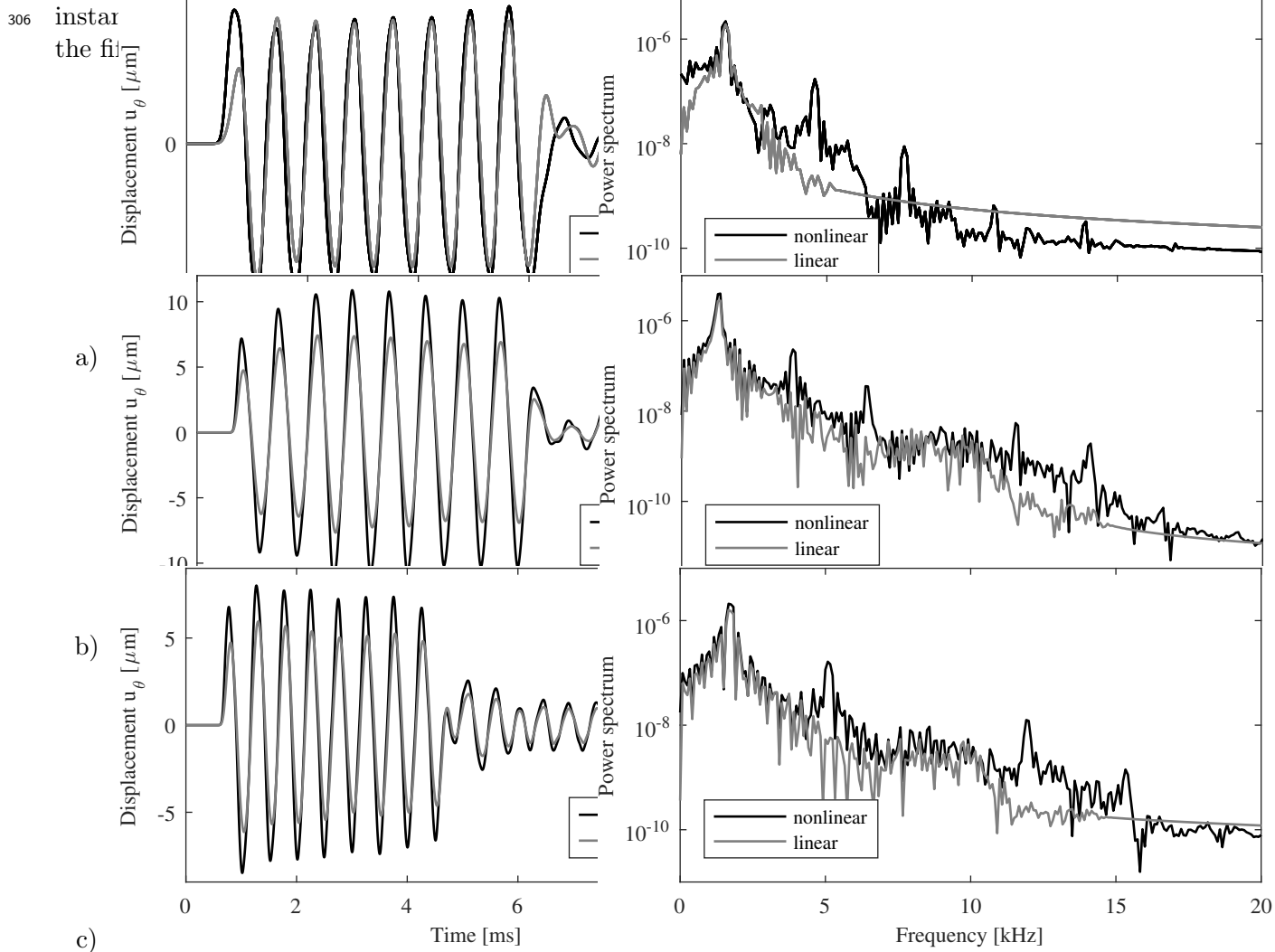


Figure 2: Displacement  $u_\theta$  at the receiver (left column) and Fourier transform (right column) for a frequency of: a) 500 Hz, b) 1500 Hz and c) 2000 Hz. The parameters of the hydrogel are:  $A = 40 \text{ kPa}$  and  $D = 3000 \text{ kPa}$ .

307

308 With the aim of obtaining the influence of the parameters A and D on the solution,

309 the nonlinear propagation is represented below for different values of these parameters.  
 310 For this purpose, the excitation signal considered for all the simulations has a frequency  
 311 of 2000 Hz. The displacement at the receiver, modifying the value of  $D$  and keeping the  
 312 value of  $A = 40$  kPa and  $A = 400$  kPa, is shown in Figures 3 and 4, respectively. It  
 313 can be observed that the difference between the linear and nonlinear solution increases  
 314 significantly as the value of  $D$  increases. This difference is due to the higher relevance  
 315 of the third order nonlinear terms. It is still observed that the nonlinear curve does not  
 316 exhibit a purely sinusoidal behavior. The frequency domain response shows a similar  
 317 behavior as their similarity decreases as the value of  $D$  increases. Moreover, for the lower

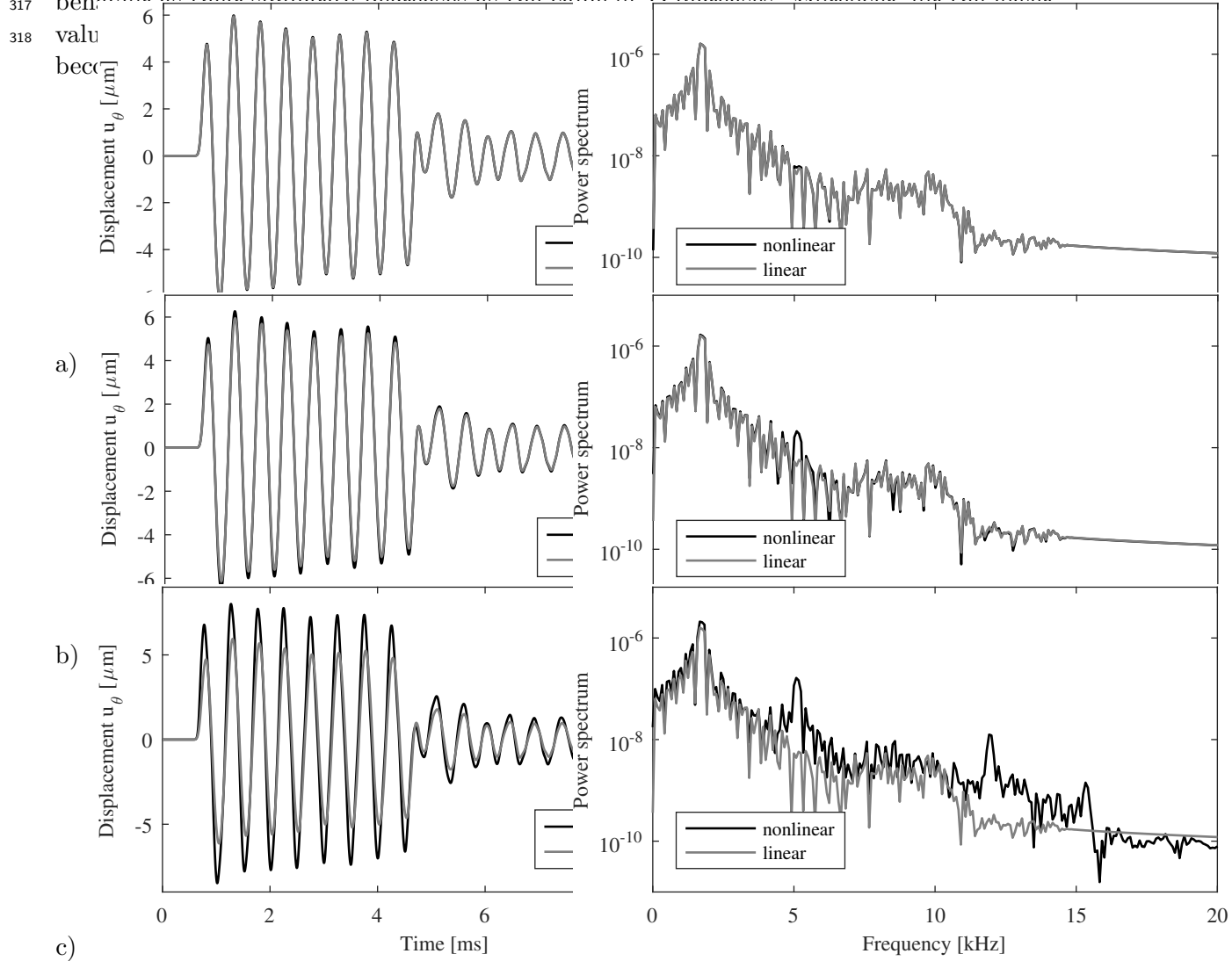


Figure 3: Displacement  $u_\theta$  at the receiver (left column) and Fourier transform (right column) for a frequency of 2000 Hz. The parameters of the hydrogel are:  $A = 40$  kPa and a)  $D = 30$  kPa, b)  $D = 300$  kPa and c)  $D = 3000$  kPa.

319

320 The influence of  $D$  in the results is higher as its value increases. Performing a similar  
 321 procedure keeping the value of  $D$  and modifying the value of  $A$  conducted to the results  
 322 in Figure 5. The influence of  $A$  is not significant since the solutions for both values of  $A$   
 323 are very similar.

324 To analyze the convergence of the solution, the same simulations were carried out  
 325 dividing the temporal resolution of Equation 42 by two ( $1.25 \cdot 10^{-5}$  s) and by four ( $6.25 \cdot$

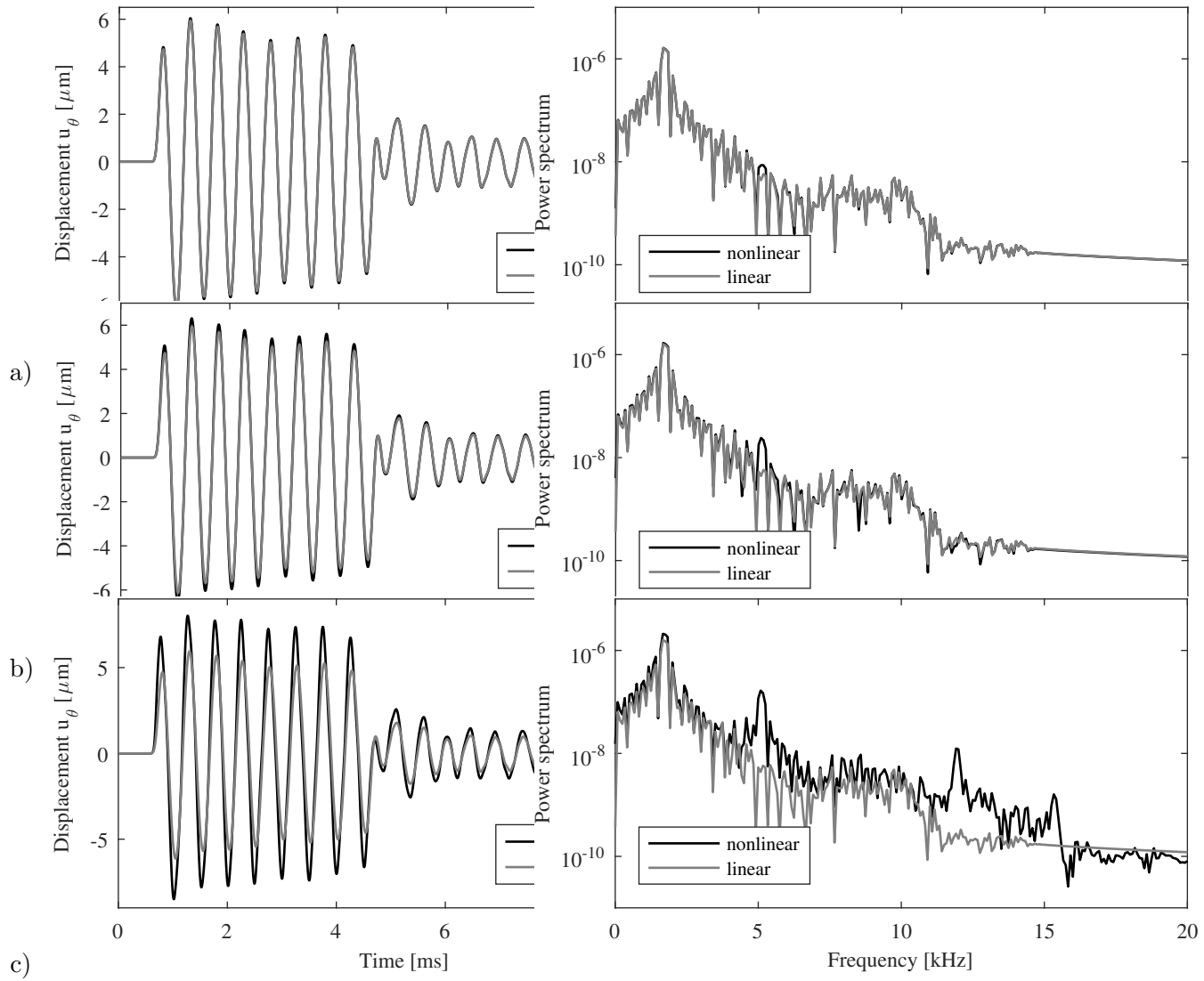


Figure 4: Displacement  $u_\theta$  at the receiver (left column) and Fourier transform (right column) for a frequency of 2000 Hz. The parameters of the hydrogel are:  $A = 400$  kPa and a)  $D = 30$  kPa, b)  $D = 300$  kPa and c)  $D = 3000$  kPa.

326  $10^{-6}$  s). The results were not different to the results in Figures 2-5. Hence, the first  
 327 temporal resolution was small enough both to guarantee the stability of the algorithm and  
 328 to ensure the convergence of the solution.

329 [?]  
 330 [?]  
 331 [?]  
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 342 [?]

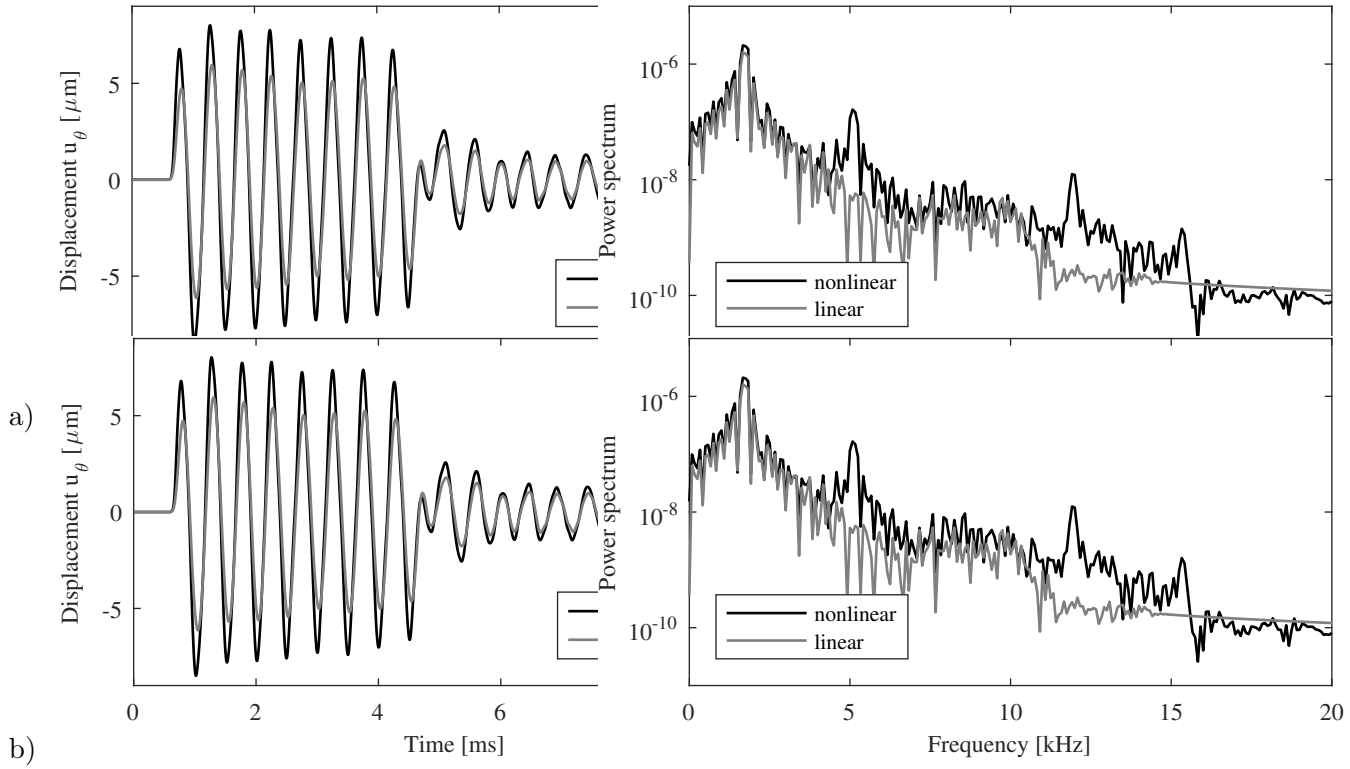


Figure 5: Displacement  $u_\theta$  at the receiver (left column) and Fourier transform (right column) for a frequency of 2000 Hz. The parameters of the hydrogel are:  $D = 3000$  kPa and a)  $A = 40$  kPa and b)  $A = 400$  kPa.

## 343 5 Conclusions and future works

344 The main contribution of this study is the developing of a new formulation in cylindrical  
 345 coordinates of the propagation of a torsional wave on a hyperelastic material considering  
 346 the Hamilton's strain energy function. In addition, considering both geometrical and  
 347 physical nonlinearity, no nonlinear terms of the equation have been neglected. For this  
 348 reason, a new breakthrough has been achieved in the field of mechanical modeling of soft  
 349 tissues since, until now, there have been no analytical motion equations in cylindrical  
 350 coordinates using Hamilton's strain energy function.

351 Due to the difficulty of obtaining the close form solution, a numerical simulation of  
 352 a torsional wave propagating along a hydrogel from an emitter to a receiver has been  
 353 conducted. The numerical solution has been derived by implementing the Finite Difference  
 354 Time Domain algorithm. The analysis of results has led to some concluding remarks. First,  
 355 when the nonlinear parameters of the material remain constant, the similarity between  
 356 the linear and nonlinear solution decreases with the increase of the excitation frequency.  
 357 Second, for a given excitation frequency, the behavior of both curves is less similar with the  
 358 increase of the value of the parameter  $D$ . However, the value of the parameter  $A$  seems  
 359 to be not significant since its variation does not affect the solution of the simulations  
 360 performed. Therefore, the parameter  $D$  has been proved to have a larger influence on the  
 361 behavior of the tissue-like material.

362 The formulation presented in this study allows determining the strain that a material  
 363 medium will suffer when a torsional wave propagates through it. An advantage is the use of  
 364 a torsional wave instead of compressional and shear waves. The former is more sensitive  
 365 to consistency changes because it is generated in a low energy regime. In addition, by  
 366 employing a torsional wave device, experimental tests could be performed on tissues to

367 measure the strain level caused by the nonlinear torsional wave. These results can be used  
 368 to solve a parameter identification problem by means of an inverse problem. As a result,  
 369 the parameter values that minimize the numerical and experimental results of medical  
 370 applications are obtained. In this way, the nonlinear parameters of the material can be  
 371 derived. The knowledge of nonlinear parameters would provide information on the current  
 372 state of the tissue and allow a clinical diagnosis to be conducted.

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 377 PIP2019 projects.

## 378 A Cylindrical components of stress tensor

379 In this appendix, the second Piola-Kirchhoff stress tensor components expressed in  
 380 the cylindrical coordinate system are presented. By substituting these expressions into  
 381 Equation 37, the motion equation would be derived in terms of the displacements.

$$\begin{aligned}
 S_{rr} = S^{11} = & \mu u_{\theta,r}^2 + \frac{1}{4}A \left( \frac{(ru_{\theta,r} - u_{\theta})^2}{r^2} + u_{\theta,r}^4 + u_{\theta,z}^2 u_{\theta,r}^2 \right) + \\
 & + \frac{1}{2}D \left( 2u_{\theta,z}^2 + \frac{u_{\theta}^4}{r^4} + \frac{2(ru_{\theta,r} - u_{\theta})^2}{r^2} + u_{\theta,z}^4 + u_{\theta,r}^4 + 2u_{\theta,z}^2 u_{\theta,r}^2 \right) u_{\theta,r}^2
 \end{aligned} \tag{43}$$

$$\begin{aligned}
 S_{\theta\theta} = r^2 S^{22} = & \mu \frac{u_{\theta}^2}{r^2} + \frac{1}{4}A \left( u_{\theta,z}^2 + \frac{u_{\theta}^4}{r^4} + \frac{(ru_{\theta,r} - u_{\theta})^2}{r^2} \right) + \\
 & + \frac{1}{2r^2}D \left( 2u_{\theta,z}^2 + \frac{u_{\theta}^4}{r^4} + \frac{2(ru_{\theta,r} - u_{\theta})^2}{r^2} + u_{\theta,z}^4 + u_{\theta,r}^4 + 2u_{\theta,z}^2 u_{\theta,r}^2 \right) u_{\theta}^2
 \end{aligned} \tag{44}$$

$$\begin{aligned}
 S_{zz} = S^{33} = & \mu u_{\theta,z}^2 + \frac{1}{4}A (u_{\theta,z}^2 + u_{\theta,z}^4 + u_{\theta,r}^2 u_{\theta,z}^2) + \\
 & + \frac{1}{2}D \left( 2u_{\theta,z}^2 + \frac{u_{\theta}^4}{r^4} + \frac{2(ru_{\theta,r} - u_{\theta})^2}{r^2} + u_{\theta,z}^4 + u_{\theta,r}^4 + 2u_{\theta,z}^2 u_{\theta,r}^2 \right) u_{\theta,z}^2
 \end{aligned} \tag{45}$$

$$\begin{aligned}
 S_{r\theta} = rS^{12} = & \mu \frac{(ru_{\theta,r} - u_{\theta})}{r} + \frac{A}{4} \left( u_{\theta,r}^3 - \frac{1}{r^3}u_{\theta}^3 - \frac{1}{r}u_{\theta,r}^2 u_{\theta} + \frac{1}{r^2}u_{\theta}^2 u_{\theta,r} + u_{\theta,r} u_{\theta,z}^2 \right) + \\
 & + \frac{D}{2r} \left( 2u_{\theta,z}^2 + \frac{u_{\theta}^4}{r^4} + \frac{2(ru_{\theta,r} - u_{\theta})^2}{r^2} + u_{\theta,z}^4 + u_{\theta,r}^4 + 2u_{\theta,z}^2 u_{\theta,r}^2 \right) (ru_{\theta,r} - u_{\theta})
 \end{aligned} \tag{46}$$

385

$$\begin{aligned} \mathcal{S}_{rz} = \mathcal{S}^{13} = & \mu u_{\theta,z} u_{\theta,r} + \frac{D}{2} u_{\theta,z} \left( 2u_{\theta,z}^2 + \frac{u_{\theta}^4}{r^4} + \frac{2(ru_{\theta,r} - u_{\theta})^2}{r^2} + u_{\theta,z}^4 + u_{\theta,r}^4 + 2u_{\theta,z}^2 u_{\theta,r}^2 \right) u_{\theta,r} + \\ & + \frac{A}{4} \left( u_{\theta,r}^3 u_{\theta,z} + u_{\theta,z}^3 u_{\theta,r} + u_{\theta,r} u_{\theta,z} - \frac{1}{r} u_{\theta} u_{\theta,z} \right) \end{aligned} \quad (47)$$

386

$$\begin{aligned} \mathcal{S}_{\theta z} = r\mathcal{S}^{23} = & \mu u_{\theta,z} + \frac{1}{2} D \left( 2u_{\theta,z}^2 + \frac{u_{\theta}^4}{r^4} + \frac{2(ru_{\theta,r} - u_{\theta})^2}{r^2} + u_{\theta,z}^4 + u_{\theta,r}^4 + 2u_{\theta,z}^2 u_{\theta,r}^2 \right) u_{\theta,z} + \\ & + \frac{A}{4} \left( u_{\theta,z}^3 + u_{\theta,r}^2 u_{\theta,z} - \frac{1}{r} u_{\theta,z} u_{\theta,r} u_{\theta} + \frac{1}{r^2} u_{\theta}^2 u_{\theta,z} \right) \end{aligned} \quad (48)$$

## 387 B FDTD Method

388 To solve the problem by using the FDTD method, we must follow several steps. First,  
389 Equation 37 must be rewritten in terms of the velocity instead of the acceleration,

$$\begin{aligned} & \frac{\mathcal{S}_{r\theta,r}}{r} + \frac{1}{r} \mathcal{S}_{\theta z,z} - \frac{1}{r^3} \mathcal{S}_{\theta\theta} u_{\theta} + \frac{2}{r^2} \mathcal{S}_{r\theta} + \frac{1}{r^2} \mathcal{S}_{rr} u_{\theta,r} + \\ & + \frac{1}{r} \mathcal{S}_{rr} u_{\theta,rr} + \frac{2}{r} \mathcal{S}_{rz} u_{\theta,rz} + \frac{1}{r} \mathcal{S}_{zz} u_{\theta,zz} + \\ & + \frac{1}{r} \mathcal{S}_{rr,r} u_{\theta,r} + \frac{1}{r} \mathcal{S}_{rz,z} u_{\theta,r} = \rho \frac{1}{r} \frac{di_{\theta}}{dt} \end{aligned} \quad (49)$$

390 Recalling that the FDTD method calculates the derivatives as differences, the time  
391 differential  $dt$  becomes an increment  $\Delta t$ . Therefore, the velocity  $i_{\theta}$  can be calculated as,

$$\begin{aligned} i_{\theta} = \frac{\Delta t \cdot r}{\rho} \left[ \frac{\mathcal{S}_{r\theta,r}}{r} + \frac{1}{r} \mathcal{S}_{\theta z,z} - \frac{1}{r^3} \mathcal{S}_{\theta\theta} u_{\theta} + \frac{2}{r^2} \mathcal{S}_{r\theta} + \frac{1}{r^2} \mathcal{S}_{rr} u_{\theta,r} + \right. \\ \left. + \frac{1}{r} \mathcal{S}_{rr} u_{\theta,rr} + \frac{2}{r} \mathcal{S}_{rz} u_{\theta,rz} + \frac{1}{r} \mathcal{S}_{zz} u_{\theta,zz} + \frac{1}{r} \mathcal{S}_{rr,r} u_{\theta,r} + \frac{1}{r} \mathcal{S}_{rz,z} u_{\theta,r} \right] \end{aligned} \quad (50)$$

392 Considering the Taylor series expansion of a function  $f(x)$  expanded about the point  
393  $x_0$  with an offset of  $\pm\delta/2$ , following the procedure described in many test books such as  
394 [?], the central difference approximation is,

$$f'(x_0) \approx \frac{f(x_0 + \frac{\delta}{2}) - f(x_0 - \frac{\delta}{2})}{\delta} \quad (51)$$

395 where it has been assumed that  $\delta$  is sufficiently small and higher order terms can be  
396 neglected.

397 By considering an offset of  $\pm\delta$  for the second derivative, the same procedure yields,

$$f''(x_0) \approx \frac{f(x_0 + \delta) - 2f(x_0) + f(x_0 - \delta)}{\delta^2} \quad (52)$$

398 Spatial derivatives in Equation 50 are calculated using Equations 51 and 52. The  
399 expressions of the derivatives are given below,



$$\begin{aligned}
\mathcal{S}_{r\theta,r} &= \frac{\mathcal{S}_{r\theta}(r_0 + \Delta r) - \mathcal{S}_{r\theta}(r_0)}{\Delta r} \\
\mathcal{S}_{\theta z,z} &= \frac{\mathcal{S}_{\theta z}(z_0 + \Delta z) - \mathcal{S}_{\theta z}(z_0)}{\Delta z} \\
\mathcal{S}_{rr,r} &= \frac{\mathcal{S}_{rr}(r_0 + \Delta r) - \mathcal{S}_{rr}(r_0)}{\Delta r} \\
\mathcal{S}_{rz,z} &= \frac{\mathcal{S}_{rz}(z_0 + \Delta z) - \mathcal{S}_{rz}(z_0)}{\Delta z} \\
u_{\theta,r} &= \frac{u_{\theta}(r_0 + \Delta r) - u_{\theta}(r_0)}{\Delta r} \\
u_{\theta,rr} &= \frac{u_{\theta}(r_0 + \Delta r) - 2u_{\theta}(r_0) + u_{\theta}(r_0 - \Delta r)}{\Delta r^2} \\
u_{\theta,zz} &= \frac{u_{\theta}(z_0 + \Delta z) - 2u_{\theta}(z_0) + u_{\theta}(z_0 - \Delta z)}{\Delta z^2} \\
u_{\theta,rz} &= \frac{u_{\theta}(z_0 + \Delta z, r_0 + \Delta r) + u_{\theta}(r_0, z_0) - u_{\theta}(z_0, r_0 + \Delta r) - u_{\theta}(z_0 + \Delta z, r_0)}{\Delta r \Delta z}
\end{aligned}$$

400 The next step is to obtain the relation between the components of the second Piola-  
401 Kirchhoff Stress Tensor and the velocity  $\dot{u}_{\theta}$  by differentiating them with respect to the  
402 time,

$$\frac{d\mathcal{S}(u_{\theta})}{dt} = \mathcal{S}(u_{\theta}, \dot{u}_{\theta}) \tag{53}$$