

# Protein - surface interactions at the Nanoscale: atomistic simulations with implicit solvent models

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## Abstract

A full molecular-level understanding of protein adsorption in important situations such as the formation of protein films at solid/liquid interfaces or the formation of a protein corona over inorganic nanoparticles is still lacking. All-atomic implicit solvent molecular dynamics (MD) simulations, which are successfully employed in many related protein studies (such as protein folding for example) are emerging also as a useful tool to investigate proteins at surfaces. Implicit solvent simulations replace the detailed description of the solvent by a continuum media and effective atom-atom interactions retaining the atomistic detail in the description of the system of interest. This allows the simulation of larger systems and longer time scales as compared with full MD simulations including explicit solvent. In this brief review, we present an overview of the current state of the application of this technique to the study of problems such as the interaction of proteins with solid surfaces and the structure of protein corona over inorganic nanoparticles. Limitations of the approach and future perspectives are also outlined.

*Keywords:* Molecular Dynamics, Implicit solvent models, Protein surface interaction, Protein corona

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## 1. Introduction

Protein adsorption at interfaces has been described several times as a "common but very complicated phenomenon" [1, 2]. Different factors which are difficult to quantify such as the softness and hydrophobic or hydrophilic character of the protein or surface polarity for example are thought to play a decisive role in the properties of adsorbed protein layers and in biomaterials design [3]. In the bionanotechnology field, protein adsorption also has a prominent role. Nanoparticles (NP) in contact with biological fluids, are rapidly covered by a protein corona which determines the interactions and the biological identity of the material [4]. In fact, tailoring the protein corona is an essential step in drug delivery applications of NPs [5, 6].

Our ability to predict the behaviour and properties of proteins is growing rapidly due to the substantial increase in our knowledge of protein structure with atomistic resolution. For example, the Protein Data Bank [7, 8] contains the atomic coordinates of about  $1.4 \times 10^5$  structures (and growing, at a rate of  $10^4$  structures per year), resolved by methods such as X-ray or NMR. In principle, these structures can be used, in combination with theoretical methods, to predict the interactions of proteins with materials and tackle the open questions related to protein adsorption, protein films and protein corona from a rational design perspective. To this end, a suitable computational tool is of course needed. A fitting candidate as a tool for performing such theoretical investigation is Molecular Dynamics (MD) simulations. Conceptually, the method is simple. It is based on the fact that at ordinary conditions (not under extreme temperatures or pressures), the motion of atoms of any molecular system can be computed implementing numerically the Newton laws of motion in a computer. The method of course needs an accurate description of the interaction forces between atoms (belonging to the same or different molecules), which can be done with good approximation using suitable, well-known force fields in many situations. The problem for the use of MD simulations for the study of protein-surface interactions is in the limitations of the method for dealing with large number of atoms and long time scales. For example, an atomistic model of a simple protein such as BSA has  $\approx 9200$  atoms (including hydrogen atoms). The protein corona of a 6 nm nanoparticle (NP) contains  $\approx 10$  BSA proteins [9], so the number of atoms required to model the proteins and the NP is  $\approx 10^5$ . The process of protein adsorption takes place always in water, so the addition of a water box large enough to have the proteins and NP in suspension in such a hypothetical simulation

38 will increase the number of atoms by an order of magnitude, making the sim-  
 39 ulation impossible. An additional limitation is related to time scales. MD  
 40 simulations in explicit solvent are typically limited to time scales of the order  
 41 of  $\approx 10^2$  ns, which are too short to describe important processes such as pro-  
 42 tein diffusion or rearrangement at surfaces. For these reasons, the modelling  
 43 of protein-surface interaction has been almost exclusively based on simplified  
 44 models, which take into account the protein structure from a coarse-grained  
 45 perspective. However, the development of implicit solvent force fields has  
 46 allowed simulations of many complex systems involving proteins with full  
 47 atomistic detail. In these models, water molecules are not included explicitly  
 48 and the interaction of atoms from the protein are modified from classical  
 49 force fields to include the effect of water in an implicit way [10, 11, 12, 13].  
 50 In this way, it is possible to reduce the number of atoms in the MD simula-  
 51 tion to an affordable amount, with a concomitant reduction in the number  
 52 of atom-atom interactions to be calculated in the simulation. It has to be  
 53 noted that in implicit solvent all-atomic models, atom-atom interactions are  
 54 more computationally expensive to calculate than in explicit solvent mod-  
 55 els [12, 13], but the overall balance is that simulations with implicit solvent  
 56 models are (in general) substantially faster than explicit solvent simulations.  
 57 Using these models, it has been possible to investigate with atomistic detail  
 58 many interesting processes such as the structure of protein corona of a NP  
 59 [14, 9] or how proteins adsorbed onto a surface respond to a pH change [15],  
 60 among others, as we will see. Our objective in this article will be to summa-  
 61 rize these developments. Of course, as any approach to a difficult problem,  
 62 these simulations have their own difficulties and limitations, which we will  
 63 also discuss.

64 The paper is organized as follows. In section 2, we will briefly discuss  
 65 the conceptual aspects of Implicit solvent molecular dynamics simulations.  
 66 In Section 3 we will discuss some basic results obtained from implicit solvent  
 67 MD simulations of adsorption of a single protein onto a surface. In Section  
 68 4, we will discuss implicit solvent MD simulations involving the interaction  
 69 between several proteins at a surface, such as protein films and protein corona  
 70 of NPs. Finally, we will end up with Conclusions and Perspectives.

## 71 2. Implicit solvent models for all-atomic Molecular Dynamics sim- 72 ulations of proteins

73 In implicit solvent models, the solvent is replaced by a continuum di-  
74 electric medium and the expressions employed to compute the interactions  
75 between atoms are modified (from those employed with explicit water) to  
76 include the solvent in an effective way [10, 11, 13]. The first implicit solvent  
77 force field now known as Generalized Born Implicit Solvent model (GBIS,  
78 also sometimes abbreviated as GBSA to emphasize the inclusion of the ef-  
79 fects due to the solvent accessible surface) was originally proposed in the 90s  
80 [10] to describe the interaction energy between molecules in solution for use  
81 in molecular dynamics simulations without the need to describe explicitly the  
82 solvent molecules. The main concept in the GBIS force field is to combine the  
83 concepts of classical force fields for explicit solvent MD simulations with the  
84 basic concepts of the Born theory of molecular solvation and the basic theory  
85 of the hydrophobic effect. In its original formulation [10], MD simulations  
86 employing the GBIS force field described with a very good approximation  
87 the solvation free energy of a wide range of small molecules, from inorganic  
88 ions to organic molecules. However, the theory produced inaccurate results  
89 in the case of molecules with large interior regions with many atoms buried  
90 inside, as in the case of proteins [16]. Over the years, refinements in the cal-  
91 culation of the dielectric screening [17] and electrostatics near the surfaces of  
92 the atoms [11] provided the necessary improvements and good results were  
93 obtained when used with MD of proteins. The accuracy of the current ver-  
94 sions of the GBIS force field for MD simulations of biomolecules is discussed  
95 in many reviews (see for example [18, 19]). Nowadays, implementations of  
96 GBIS force fields for implicit solvent MD simulations are available in stan-  
97 dard MD codes such as AMBER [11], NAMD [12, 13] or GROMACS [20].

98 The GBIS implicit solvent force field, as implemented in the MD codes  
99 mentioned above, describe the atoms with the same atomic partial charges  
100 and Lennard-Jones atomic parameters as employed in the explicit solvent  
101 force field for the calculation of electrostatic and van der Waals interac-  
102 tions. However, two substantial modifications are made in the energy and  
103 force equations of the force field. The first modification is that electrostatic  
104 interactions are calculated using a modified expression (instead of a direct  
105 Coulomb’s law) which takes into account the degree of exposure of each  
106 atom to the solvent [10, 11]. And the second modification is that hydropho-  
107 bic interactions are included as an additional term in the force field which

108 is proportional to the exposed hydrophobic surface and an effective surface  
109 tension of the molecule-solvent interface [10, 13].

110 The modified expression for the electrostatic interaction has a more com-  
111 plex spatial dependence than Coulomb’s law, and it contains as a fundamen-  
112 tal quantity determining the length scale of the interactions, the so-called  
113 Born radii. Each atom in a molecule is represented by a sphere filled uni-  
114 formly with material of dielectric constant  $\epsilon_r=1$  [11]. The exterior of the  
115 atom is filled with a continuum medium with an effective dielectric constant  
116 of the solvent which also depends on the implicit ion concentration [13]. The  
117 size of the atom is given by the Born radius which describes the exposure  
118 of a given atom to the solvent (thus determining the degree of screening of  
119 electrostatic interaction by the solvent). The Born radius depends on the dis-  
120 tance to neighbouring atoms. For an isolated atom, its Born radius is equal  
121 to its van der Waals radius [21], while for a deeply buried atom, its Born  
122 radius is much larger than its van der Waals radius. Depending on the spe-  
123 cific implementation of the GBIS force field, the Born radius is calculated by  
124 the Onufriev-Bashford-Case (OBC) method [11] or by the Hawkins-Cramer-  
125 Truhlar method [17].

126 We recall here that the generalized Born implicit solvent GBIS model de-  
127 scribed above gives an accurate description of the polar contribution to the  
128 energy of solvation. The second modification of the force field for implicit sol-  
129 vent accounts for the nonpolar (i.e. hydrophobic) contribution to the energy  
130 of solvation. As we said, the model assumes that the nonpolar, hydrophobic  
131 solvation energy is proportional to the exposed hydrophobic surface, with a  
132 surface tension  $\approx 0.005$  kcal/mol  $\text{\AA}^2$  [13] which is a typical value for hydro-  
133 carbons in water. This is calculated by computing the surface exposed by  
134 each atom weighted by an atom-type weight.

135 Using an implicit solvent force field, one reduces greatly the number of  
136 atoms in the simulation and more importantly the number of atom pair inter-  
137 actions to be computed. But the price to pay is an increased computational  
138 cost of the calculations. The increased computational time has two sources.  
139 First, in the GBIS model, it is not possible to use the Particle Mesh Ewald  
140 (PME) method to speed up electrostatic calculations [12, 13], as it is usually  
141 done with Coulomb interactions in explicit solvent MD simulations. The only  
142 option in GBIS force fields is to compute long-range screened electrostatics  
143 with a large cut off. The second source of increased computational cost  
144 is related to the complexity of the GBIS equations (which require also the  
145 calculation of the Born radius which depends on the distribution of atoms).

146 Typical estimations suggest that electrostatic GBIS calculations are typically  
147 7 times more expensive than PME electrostatic calculations [13].

148 The actual source of speed up of implicit solvent MD simulations is due  
149 to two factors: a) the absence of viscosity (which induces faster speed in  
150 relaxation processes) and b) absence of slow processes involving explicit water  
151 molecules. Therefore, the comparison between the actual gain in implicit  
152 solvent MD depends on the amount of water required in the simulation box  
153 to perform the explicit solvent simulation of the same problem. This balance  
154 is nicely illustrated by the calculations reported in Ref. [22]. For example,  
155 an implicit solvent MD simulation of a 25,100-atom model of a nucleosome  
156 is nominally 1.6 times slower than the explicit-solvent PME simulation with  
157 a small water solvent box extending 1 nm from the solute, whereas it is 1.6  
158 times faster compared to a PME simulation in a larger 3.6 nm water solvent  
159 box.

160 Another important point, in order to compare implicit solvent and ex-  
161 plicit solvent MD simulations is that nominal simulation time (this is, the  
162 time step in real units multiplied by the number of steps) has different mean-  
163 ings. In an explicit solvent MD simulation, the nominal simulation time is  
164 expected to correspond to the clock time elapsed in the real system in an  
165 equivalent experimental situation. But in the case of implicit solvent models,  
166 the absence of explicit water molecules and the absence of viscosity implies  
167 that the exploration of the configuration space takes place at a higher speed  
168 than in a real situation. In other words, for each ns of simulation, a protein  
169 will explore more possible configurations in an implicit solvent MD simula-  
170 tion than in an explicit solvent MD simulation. Therefore, the quantification  
171 of the speed up obtained in implicit solvent models is not a trivial task. This  
172 question has been investigated in detail in Ref [22] by comparing the speed  
173 of five different conformational changes in implicit solvent and explicit sol-  
174 vent MD simulations (a dihedral angle flip, nucleosome histone tail collapse,  
175 DNA unwrapping from the nucleosome histone tail collapse, DNA unwrap-  
176 ping from the nucleosome histone core and miniprotein folding). The authors  
177 compare not only the differences in nominal simulation times for explicit and  
178 implicit water but also estimate the time that will correspond to a explicit  
179 water simulation to explore the configurations obtained in the trajectories of  
180 the implicit model MD simulations. Taking into account all these factors,  
181 the speed up of the conformational change in implicit solvent was shown to  
182 be strongly depended on the particular problem. In the case of a dihedral  
183 angle flip, the speed up is only by a factor of 1.6 whereas that in the case of

184 miniprotein folding the speed up is by a factor of  $\approx 54$ .

185 Concerning the accuracy of implicit solvent models, comparison with ex-  
186 plicit solvent models [11, 12, 13, 22] reveals that implicit solvent MD simula-  
187 tions predict correctly protein configuration in bulk conditions, as compared  
188 with explicit solvent simulations and experimental data. Now the question is  
189 the performance of the implicit solvent models in the case of the interaction  
190 of proteins with surfaces.

### 191 3. MD simulations of the adsorption of a single protein

192 Once the validity of the implicit solvent MD simulations of proteins has  
193 been established (see Section 2), the next step is to consider the adsorption  
194 of a single protein onto a surface. Albeit simple, there are many interest-  
195 ing questions that have been studied from such simulations, as illustrated  
196 in Figure 1. Some of these questions are the identification of the specific  
197 amino acids involved in the adsorption of a given protein at a given surface  
198 (and thus the driving force for adsorption), structural changes of proteins  
199 after adsorption, the effect of changing conditions (such as pH) after protein  
200 adsorption or the effect of curvature in adsorption (adsorption onto a planar  
201 surface compared with adsorption onto small nanoparticles).

202 We will discuss now some representative results related to these ques-  
203 tions, by comparing the results obtained for different proteins and different  
204 substrates. In Figure 1, we summarize the results obtained in the case of  
205 four different systems: (a) the adsorption of  $\beta$ -Lactoglobulin onto a planar  
206 metal surface [23], (b) the adsorption of  $\beta$ -casein onto a generic model of  
207 a planar hydrophobic surface, (c) the adsorption of ubiquitin onto a 10 nm  
208 diameter Ag nanoparticle and (d) the adsorption of a BSA protein onto a 6  
209 nm diameter nanoparticle.

210 In all these cases, the implicit solvent simulations allowed to identify  
211 the specific amino acids or the specific protein domain involved in adsorp-  
212 tion, as shown in Figure 1. One interesting result obtained in some of these  
213 simulations is that the residues involved in protein adsorption -for a given  
214 protein- are essentially the same in different situations (such as for charged  
215 or neutral surfaces or at different pH). For example, in the case of bovine  
216  $\beta$ -Lactoglobulin [23] adsorbed onto a gold surface, it was found that the  
217 residues involved in the adsorption were the same for a neutral surface or for  
218 surfaces with different values of positive charge. The protein residues adsorb-  
219 ing at the neutral Au surface are the hydrophilic Thr 125, Thr 18, Lys 100

220 and Gln 13 residues and the Pro 50 hydrophobic residue (see Figure 1a). In  
 221 the simulations, the effect of charging the surface with positive charge den-  
 222 sity was also investigated. When charging the surface, some residues from  
 223 125 to 135 (which are close to the surface in the neutral surface case) also  
 224 change its charge, leading to stronger adsorption by attractive electrostatic  
 225 residue-surface interactions.

226 Analogous results were obtained in [15] for adsorption of  $\beta$ -casein onto  
 227 model hydrophobic surfaces of different charges (Figure 1b). At neutral pH,  
 228 the negatively charged protein (with a charge of  $-6e$ ) adsorbs onto a neutral  
 229 hydrophobic surface by contact with several, mostly hydrophobic residues  
 230 but also by some polar residues situated near these hydrophobic ones. The  
 231 residues involved in the contact between the protein and the neutral surface  
 232 were six hydrophobic aminoacids (Pro 76, 78, 194, 196, 201 and Phe 205),  
 233 and three polar aminoacids (Tyr 75, Val 193 and Ile 202), all indicated in  
 234 Figure 1b). No significant change in the adsorption of the protein (same  
 235 adsorbed residues and same area of contact) was observed when changing  
 236 the charge of the surface from neutral to negative ( $-0.62 \text{ e/nm}^2$ ), in spite of  
 237 the electrostatic repulsion (recall that both the surface and the protein were  
 238 negatively charged). Finally, the charge of the adsorbed protein was changed  
 239 from  $-6e$  to  $+8e$ , corresponding to a pH change from 7 to 4 (the charge of  
 240 the surface was maintained unchanged at  $-0.62 \text{ e/nm}^2$ ). In this case, the  
 241 adsorbed protein increases the contact with the surface, by adsorbing not  
 242 only with the same residues as in the case of neutral pH but also with other  
 243 protonated, positively charged residues located near the previously adsorbed  
 244 domain.

245 In addition to these studies over planar surfaces, there are also a few  
 246 simulations [9, 14] that study similar questions in the case of adsorption of  
 247 proteins over NPs. These studies are more difficult than simulations over a  
 248 planar surface (because they involve the simulation of the full NP) and are  
 249 typically restricted to small NPs, with sizes of 5-10 nm.

250 In Ref. [14], the authors studied the adsorption of ubiquitin over a 10 nm  
 251 Ag NP. They found that the protein adsorbs by binding of the Glu 18 residue  
 252 to the NP (see Figure 1c) and also to some extent with an interaction of the  
 253 Gln 8 residue with the NP. No significant change in the secondary structure  
 254 of the protein was found due to adsorption. These simulation results are  
 255 in agreement with NMR studies [24] which found that the binding domain  
 256 of human ubiquitin to Ag NP was located in the residues Gln 2-Ile 3 and  
 257 Leu 15-Glu 18. Concerning the kinetics of adsorption, they obtained that



258 protein re-orientation was the rate-limiting step in protein adsorption.

259 In Ref. [9], the authors studied experimentally and by MD implicit solvent  
260 simulations the adsorption of BSA onto a 6 nm iron oxide NP covered by  
261 citrate. The simulations show that as the protein contacts the NP, the BSA  
262 protein changes its conformation and the protein domain in contact with the  
263 NP partially spreads over the surface of the NP (see Figure 1d). In fact,  
264 the surface of the protein increased from 325 nm<sup>2</sup> in solution to 345 nm<sup>2</sup>  
265 at the NP surface. The change in the secondary structure of the protein  
266 was small; the  $\alpha$ -helix content changed from 72% in solution to 66% for  
267 a BSA adsorbed onto a NP. However, a few residues changed significantly  
268 its environment. It was particularly interesting the case of the Trp213 and  
269 Trp134 residues which contribute to the UV-vis spectra of the BSA protein.  
270 Simulations also indicate a change of their environment from being buried  
271 into the protein to a more solvent exposed location, a result in agreement  
272 with UV-vis spectroscopy measurements [9].

273 All the simulation results discussed so far of MD simulations with implicit  
274 solvent indicate a small change in the conformation of a protein after adsorp-  
275 tion, with the changes localized at a few particular residues. Probably the  
276 most significant exception is the case of adsorption of proteins at carbon sur-  
277 faces (graphite or graphene) in which several works using implicit solvent MD  
278 simulations report substantial unfolding of proteins or protein fragments over  
279 these carbon surfaces. Examples include unfolding of albumin and fibronectin  
280 fragments after adsorption onto graphite and carbon nanotubes [25], unfold-  
281 ing of lysozyme on graphite [26] and unfolding of a BMP-2 protein onto  
282 graphite [27]. Interestingly, the results for unfolding of BMP-2 protein onto  
283 graphite [28] were further confirmed by MD simulations in explicit solvent  
284 using accelerated MD simulations. Other explicit solvent MD simulations  
285 of proteins and peptides onto carbon surfaces indicate similar conclusions.  
286 Explicit solvent MD simulations of two "de novo" designed  $\alpha$ -helical pep-  
287 tides [29] show that they unfold and assemble into an amorphous dimer at  
288 a graphene surface, in agreement with circular dichroism spectroscopy and  
289 scanning tunneling microscopy measurements. It seems that the specific role  
290 of the carbon surface is important in these results. For example, extensive  
291 explicit solvent simulations of lysozyme adsorption/desorption on polymeric  
292 hydrophobic surfaces [30, 31] only show small secondary structure changes  
293 in particular residues (typically those located near the adsorption region),  
294 but they do not show unfolding of the protein. Interestingly, in these works  
295 it was found that there is an energy barrier for adsorption mainly arising

296 from protein and surface hydration in the first hydration shell [30, 31]. The  
297 protein cannot be adsorbed even though the substrate surface exhibits at-  
298 traction, whenever the protein-surface interaction energy is not large enough  
299 to overcome the barrier of breaking the hydration shells, which is strongly  
300 residue and surface dependent.

301 The question of the specific role of carbon surfaces in protein unfolding  
302 and the validity of its modelling by using implicit solvent MD simulations  
303 was analysed in detail in Ref. [32]. First, the authors repeated and ex-  
304 tended previous studies [33] which reported unfolding of BSA after adsorp-  
305 tion onto graphene. They found large unfolding of BSA upon adsorption onto  
306 a graphene surface, with an  $\alpha$ -helix content of only 35% after free adsorption  
307 onto graphene. The authors also reported extensive all-atomic MD simu-  
308 lations of BSA adsorption onto graphene with explicit solvent and in this  
309 case the  $\alpha$ -helix content was about 60% after free adsorption. Therefore,  
310 in this case the unfolding of BSA was observed only in the case of implicit  
311 solvent MD simulations. This discrepancy probably indicates that the em-  
312 ployed force field for carbon surfaces greatly exaggerates the strength of the  
313 interaction of BSA with graphene, inducing a BSA unfolding as a simulation  
314 artefact. We think that better, thoroughly validated force fields for implicit  
315 solvent simulations of carbon surfaces are needed for implicit solvent sim-  
316 ulations of protein adsorption. As a general consequence, we can say that  
317 more attention has to be paid to implicit solvent models of surfaces for use  
318 in implicit solvent simulations involving biomolecular adsorption.

319 Another interesting question to discuss, in light of simulation results, is  
320 the reversibility or irreversibility of protein adsorption. In all the simulations  
321 discussed so far, only adsorption (with no desorption) was reported, indicat-  
322 ing that protein adsorption is essentially irreversible at the time scales probed  
323 by atomistic MD simulations. This question has been discussed in a recent  
324 all-atomic MD study (with explicit solvent) of the energy landscape for BSA  
325 adsorption onto silica [34]. The results indicate that the time scales for pro-  
326 tein desorption are of orders of hours in this case, whereas time scales for  
327 protein diffusion are in the 100 ns range. Therefore, protein desorption is  
328 far beyond the scales accessible to MD (even with implicit solvent models)  
329 whereas protein diffusion should be observable, if present, by all-atomic MD  
330 simulations.

#### 331 4. MD Simulations of adsorption of many proteins: protein films 332 and protein corona

333 Most of the simulation results published in the literature correspond to  
334 the situation considered in Section 3, this is, the interaction of a single protein  
335 with a planar surface or a nanoparticle, which correspond to studies of the  
336 protein-surface interaction.

337 Of course, as the coverage of adsorbed protein increases, protein-protein  
338 interactions became more and more important, but these situations are com-  
339 putationally expensive because they require the consideration of many pro-  
340 teins at the surface. The cost of the simulations increases not only because  
341 the number of atoms in the simulation increases but also because the dy-  
342 namics of the problem itself is much slower. This makes the simulation of  
343 high coverages prohibitively expensive in many cases. For this reason, only  
344 recently simulations considered atomistic simulations of protein films or pro-  
345 tein corona in which protein-protein interactions are essential. In spite of  
346 these difficulties, a few of the studies discussed in the previous section con-  
347 sider not only the case of a single protein adsorption but also the formation  
348 of an adsorbed protein layer with atomistic detail, which we will now discuss.

349 In addition to the study of single  $\beta$ -casein protein adsorption (discussed  
350 in Section 3, see Figure 1b), this work also considered simulations with two  
351 and three adsorbed proteins onto a surface of  $45.5 \text{ nm}^2$ . These simulations  
352 with two and three proteins correspond to a mass coverage of  $1.74 \text{ mg/m}^2$ ,  
353 and  $2.6 \text{ mg/m}^2$  which are about 47% and 70% of the maximum experimental  
354 coverage for a  $\beta$ -casein monolayer [15]. Comparing the simulation results at  
355 the different coverages (see Figure 2a), it was observed that the thickness  
356 of the film decreases from  $\approx 4 \text{ nm}$  at the lowest coverage to  $\approx 3 \text{ nm}$  at the  
357 highest coverage, indicating that at higher coverages the proteins tend to  
358 be adsorbed in a more compact configuration. As shown in the snapshot in  
359 Figure 2b, the adsorbed proteins are in contact, forming a compact structure.  
360 Hence, the results indicate a substantial protein-protein attraction in spite  
361 of the electrostatic repulsion between proteins (each protein has a charge of  
362  $-8e$  in the simulation, corresponding to  $\text{pH}=7$ ).

363 The case of the maximum possible coverage was considered in the case of  
364 the formation of a BSA protein corona onto a  $6 \text{ nm}$  diameter nanoparticle  
365 studied in Ref. [9] (see Figure 2c). In that case, the simulations were em-  
366 ployed to determine the number of proteins in the corona, their organization  
367 and to identify possible secondary structure differences between proteins in

368 the corona or free proteins. It should be noted also that the BSA protein is  
 369 commonly employed in experiments as a cheaper alternative to experimenta-  
 370 tion with the human serum albumina (HSA) protein, which is more relevant  
 371 for biomedical applications. For this reason, we have also repeated the anal-  
 372 ysis in [9] using HSA instead of BSA [35] and we have also considered two  
 373 different particle sizes (6 nm and 3 nm of diameter). Starting from the sim-  
 374 ulation with a single adsorbed protein, the simulations of the protein corona  
 375 were done by systematically adding more proteins in solution to a previous  
 376 simulation (see [9]) with a smaller number of proteins and performing long  
 377 simulation runs in order to allow for structural relaxations and adsorption of  
 378 additional proteins [9]. It should be noted that the total number of atoms  
 379 in these simulations with many proteins is  $\approx 10^5$  atoms (for a 10 protein  
 380 simulation) while the same system in explicit solvent would have more than  
 381 1 million of atoms in the simulation box. The simulations indicate that the  
 382 maximum number of BSA or HSA proteins that can be accommodated onto  
 383 the 6 nm NP is of 10 proteins (see Figure 2b), a result which is in agree-  
 384 ment with experiments [9] (in which the number of BSA at the corona was  
 385 estimated from the change in size of the particle before and after protein  
 386 corona formation). It is also interesting to recall that the maximum number  
 387 of proteins considered in the simulations was 12 and that in these simula-  
 388 tions with excess protein, 2 of the proteins remain in bulk without adsorbing  
 389 and without interacting significantly with the layer of adsorbed proteins [9].  
 390 This result also suggests that these proteins form only a monolayer over the  
 391 NP, since a soft corona (a second layer of protein adsorbed onto the protein  
 392 corona) was not observed in our simulations.

393 The size of the NP has a deep impact in the size and organization of the  
 394 protein corona, as can be seen in Figure 2c. In the case of a 3 nm NP, we  
 395 obtain a protein corona of only 3 HSA proteins which are clearly separated  
 396 (i.e., they are not in contact) due to the curvature of the surface. This has to  
 397 be compared with the compact structure made by the 10 proteins adsorbed  
 398 onto a 6 nm NP (also note here that a decrease of the surface by a factor of  
 399 4 involved a decrease in the number of proteins by a factor of 3.3).

400 In Figure 2, we also show structural details that can be obtain from data  
 401 analysis of the simulations. In figure 2d, we compare the  $\alpha$ -carbon radial  
 402 density data from Ref. [9] for BSA or HSA protein corona [35] respectively  
 403 of a 6 nm NP. The results were very similar in both cases. There is a high  
 404 density peak at the NP surface and a constant density region (the compact  
 405 corona) that extends up to a distance of 6.5 nm of the centre of the NP. This

406 corresponds to a diameter of the NP+protein corona entity of about 13 nm,  
407 in agreement with DLS measurements with BSA [9].

408 As we discussed before, implicit solvent models can provide accurate rep-  
409 resentation of protein secondary structure, so we can discuss the secondary  
410 structure of the proteins in the protein corona. Figure 2c shows the  $\alpha$ -helix  
411 content for each of the HSA or BSA proteins adsorbed on the protein corona,  
412 compared with a protein in bulk solution. The results show that the changes  
413 in secondary structure are small in all cases, but there is also a tendency  
414 indicating that these changes are smaller for the last adsorbed proteins. The  
415 explanation for this effect is that at low coverages, there is more space avail-  
416 able for the spreading of the protein over the surface (recall here previous  
417 section and Figure 1b). On the contrary, near saturation, the last adsorbed  
418 protein has a small surface available for adsorption and a small contact with  
419 the NP, without possibility of spreading over the surface.

## 420 5. Conclusions and outlook

421 Implicit solvent models for protein simulation are an interesting alterna-  
422 tive for simulations of proteins retaining all-atomic details with affordable  
423 resources. Their use in the study of problems involving protein adsorption  
424 onto surfaces, such as protein films or the protein corona of NPs is a young  
425 and promising approach that has delivered several interesting insights but  
426 still has drawbacks that need to be tackled. We can summarize the ac-  
427 complishments and shortcomings of MD atomistic simulations of proteins at  
428 surfaces using implicit solvent GB models as follows:

- 429 • The method can be used for atomistic simulation of protein films over  
430 planar surfaces under different conditions (e.g. different pH) even in  
431 the case of protein and surface charged with charges of the same sign.
- 432 • The method can be used for atomistic simulation of protein corona  
433 over small NPs ( $< 10$  nm). Predictions of the size of protein corona  
434 are in agreement with experimental results. The method is currently  
435 the only feasible option to study, with atomistic detail, the structure  
436 of a protein corona and its interactions with their environment.
- 437 • Predictions of secondary structure changes after adsorption are in gen-  
438 eral in agreement with experimental data.

- 439 • The model of the surface must be consistent with the implicit solvent  
440 model employed for the description of the protein. This is in gen-  
441 eral a nontrivial question, so some kind of validation of the results  
442 (by comparing with reference simulations with explicit solvent or with  
443 experimental results) is advisable.
- 444 • The role of ions is considered implicitly, at a Poisson-Boltzmann level of  
445 description. This is clearly not enough for describing the complex spe-  
446 cific effects of ions with proteins, which are known to play a substantial  
447 role in protein films [36].
- 448 • Charge regulation effects taking place during protein adsorption (proto-  
449 nation or deprotonation of charged groups at the surface and/or proto-  
450 nation or deprotonation of protein residues near the surface) are impor-  
451 tant, but not considered explicitly in MD simulations. Currently, these  
452 effects are considered implicitly by performing simulations at different  
453 protonation states to mimic the effect of pH.

454 As we have discussed in this review, the direction of the field in the last years  
455 has been clearly focused on the implementation of the method in the software  
456 usually employed in MD simulations and to speed up the implementations  
457 of the method (by adding features such as the use of GPU). We are sure  
458 that these implementations of the method will fuel exciting new uses of the  
459 method to study more complex problems. But before more applications of  
460 greater complexity can be considered, it will be of great interest to advance  
461 and improve the theory. We think that, in view of the points listed above, the  
462 most pressing questions to be tackled are the development of more accurate  
463 implicit solvent models for nanostructured surfaces of interest and also the  
464 development of consistent models for the explicit inclusion of ions (and their  
465 specific effects) and the inclusion of charge regulation in implicit solvent MD  
466 simulations.

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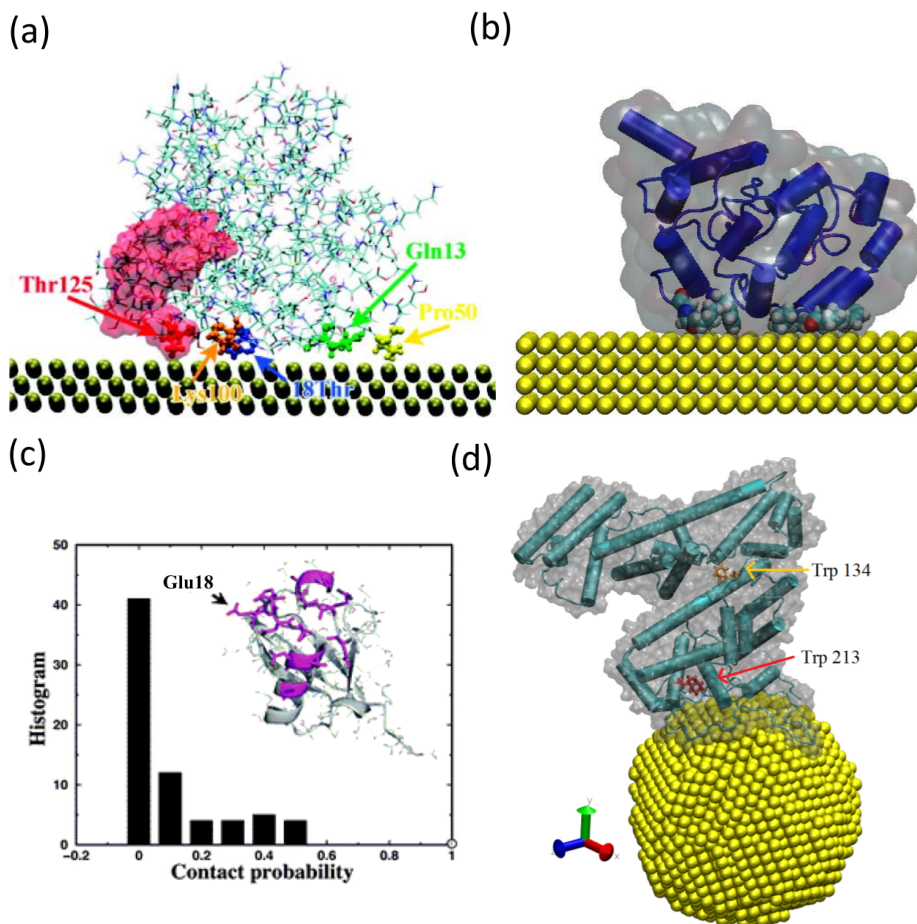


Figure 1: Examples of results from implicit solvent all-atomic MD simulations of protein adsorption (a) Adsorption of  $\beta$ -Lactoglobulin onto an Au(100) surface, with indication of the residues involved in protein adsorption (reproduced from [23] with permission), (b) Adsorption of  $\beta$ -casein onto a generic model of a planar hydrophobic surface (redrawn with data from [15]). The protein is shown in cartoon representation with indication of its size by a glassy surface. The residues involved in adsorption are shown in van der Waals representation. (c) Simulation of adsorption of human ubiquitin over a 10 nm Ag NP. The histogram indicates the number of residues with a given adsorption probability (adapted from [14] with permission). The inset shows the structure of ubiquitin with indication of the residue with the highest adsorption probability. (d) Snapshot from a simulation of adsorption of a BSA protein over a 6 nm NP, with indication of the residues with the most significant conformational change due to adsorption. Note the spread of the protein over the NP (reproduced with permission from [9]).

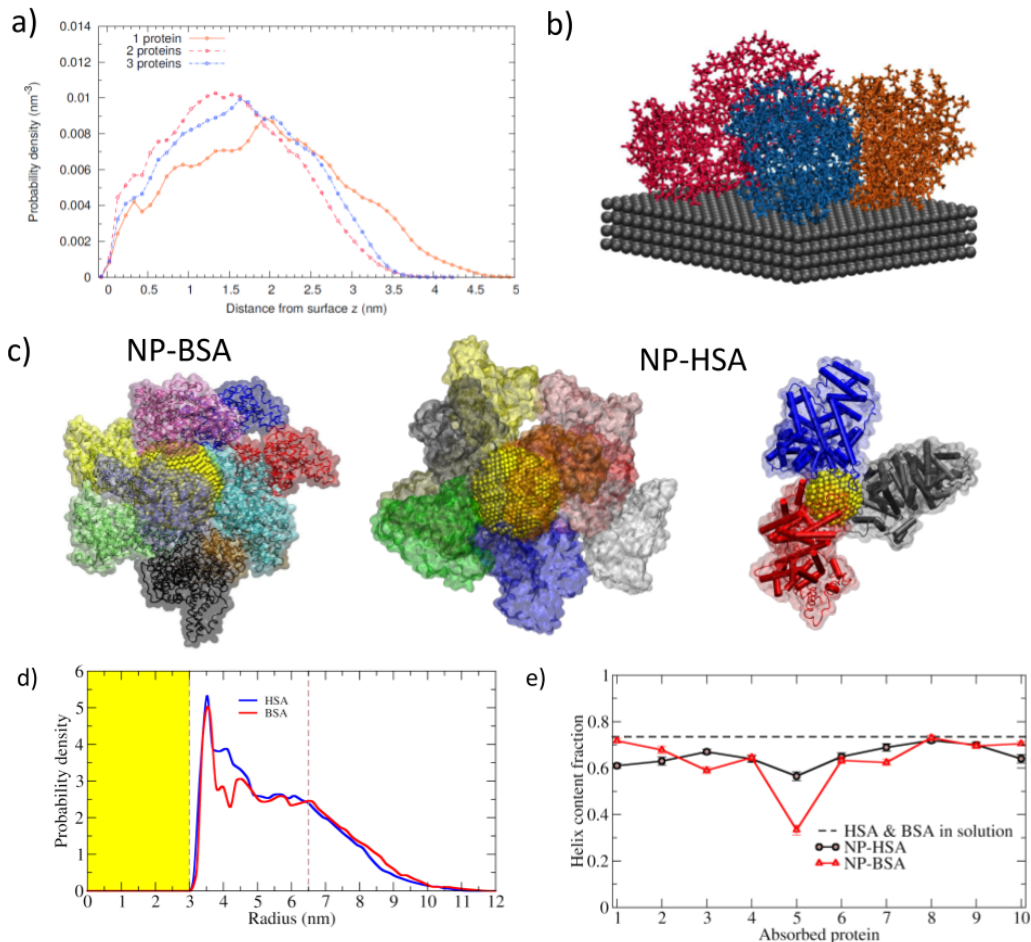


Figure 2: Examples of results from MD simulations with implicit solvent of systems with many adsorbed proteins: a) and b) correspond to a simulation of a  $\beta$ -casein film from [15] and (c)-(e) correspond to simulations of NP protein corona [9, 35]. (a) Probability distribution of  $\beta$ -casein atoms as a function of the distance from the adsorbing surface obtained in MD simulations with one, two or three proteins adsorbed onto a  $45.5 \text{ nm}^2$  surface (b) Snapshot of the film formed by three  $\beta$ -casein proteins with each protein in a different colour. (c) Snapshots comparing different protein corona obtained in simulations: a 6 nm NP covered with 10 BSA proteins (left), the same NP covered with 10 HSA proteins (center) and a 3 nm NP covered with HSA (right). Each colour correspond to a different protein. (d) Atom density distribution (atoms/nm<sup>3</sup>) of carbon atoms from HSA or BSA proteins in the corona of a 6 nm NP. (e)  $\alpha$ -helix content for each of the 10 proteins (HSA or BSA) in the corona of a 6 nm NP compared with its value in bulk solution.